# Karaṇa Hasige

**Divisions of philosophical terms** 

Guru S. Bale, Ph.D.

# Karana Hasige

## Divisions of philosophical terms By Ĉennabasavaṇṇa

 $\label{eq:By} \textbf{Guru S. Bale, Ph.D.}$ 

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### Scheme of Transliteration

**Vowels** 

Kannada CDEFGHIÄIÆJKL

English AĀIĪUŪŖŖĒĒai

Kannada M N O CA CB

English O Ō av an or am an

**Consonants** 

Kannada PÀ R UÀ WÀ Y

English Ka Kha Ga Gha Na

Kannada **ZÀ bÀ d gÀhÄ k** 

English Ĉ Ĉh Ja Jha ña

Kannada I oà qà qsà t

English Ța Țha Da Dha Na

Kannaḍa và xà zà zsà £à English Ta Tha Da Dha Na

Kannaḍa ¥À ¥sÀ § "sÀ ªÀÄ

English Pa Pha Ba Bha Ma

Kannaḍa AiÀÄ gÀ ® ªÀ ±À μÀ ¸À ºÀ ¼À

PÀë

English Ya Ra La Va Śa Ṣa Sa Ha La kṣa

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#### **Table of Equivalent**

#### **English equivalent**

#### Kannaḍa

Emanation of Praṇava Emanation of Panĉabhūta Emanation of the Universe

Fetus collection

Five prodigies of Pańĉabhūta

Organs for Mind Organs for Work Ten types of air

**Emanation of four Karanas** 

Body and it's tenant

Five types of philosophies

Ten types of tubes Eight types of Souls Eight types of Bodies

Inner Prides Outer Prides

Prides from Eight things

Seven liquids Seven Worries

Six Requirements for body

Six Enemies Six Illusions

Six Distortions of Feelings

Five Treasuries Five Afflictions

Four things related to body Problems body characters Problems with pride Problems in this world Problems in heaven Problems for body Problems for jīva

Problems for soul Problems of status Three types of taints

Problems with good feelings Problems with bad feelings

Problems of mind Three types of eyes Emanation of Five fires Praṇavadutpatti Paṅĉabhūtadutpatti Jagadutpatti Piṅdasaṅgraha

Pańĉamahābhūtaṅgalapaṅĉīkruti

Buddhīṅdriyaṅgaḷu Karmēṅdriyaṅgaḷu Daśavāvugalu

Karanaĉatustayangalutpatti

Dēhadēhigalu

Pańĉaviśańtitattvańgaļu

Daśanāļagaļu Astātmangaļu Astatanugaļu

Antarangadaştamadangalu Bahirangadaştamadangalu Aştamūrtimadangalu Saptadhātugalu Saptavyasanangalu Şadūrmigalu Arişadvargangalu Sadbrhamegalu

Şadbhāvavikarangaļu Pancakōśangaļu Pancaklēśangaļu Angacatustayangaļu Guṇatrayangaļu Ahankāratrayangaļu Ihalōkada tāpatrayangaļu Svargalōkada tapatrayangaļu

Tanutrayangalu
Jīvatrayangalu
Ātmatrayangalu
Avasthātrayangalu
Tridōṣangalu
Sadbhāvatrayangalu
Durbhāvatrayangalu
Manatrayangalu
Trikaranangalu
Panĉāgnigalutpatti

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#### Introduction

During my recent visit to Mysore, India, I visited Basava Kendra located in Agrahāra, the heart of the city of Mysore. During my conversation with the Svamiji, he asked me whether I have read the book 'Karaṇa Hasige', for which I answered 'No'. He informed that the book contains definitions beneficial to understand many of the terms written in the vaĉanas and other writings. He also informed there is a need for an English translation of this book. He asked me to take the responsibility for the translation of the writing into English.

I secured a copy of the book. I read the book several times to understand the meaning of the terms. I reached the conclusion that I could do the job. I promised the Svamiji that I would attempt to translate the book.

In the 12<sup>th</sup> century Karaṇa Hasige was written by Ĉhennabasavaṇṇa. He is the nephew of Basavaṇṇa and son of Akka Nāgamma.

The author who wrote the explanations for Karaṇa Hasige is unknown. The descriptions and the style of the writing suggest the author is a learned scholar and head of a mata in the southern Karnataka State, India.

Born in this world every person desires happiness. As time goes by, he desires for salvation or mōkṣa. Living in this world a person experiences both sadness and happiness. But they are not lasting. His desire for eternal happiness moves him to search to achieve it. His search is of two kinds. The first is to search in the world that he sees and hears. The other is to seek within the body and to understand the soul or ātma.

Both searches are to understand the truth about nature (outside world), also to seek the truth about the soul. The outside is called macrocosm or Brahmānḍa. The inside is called microcosm or Pinḍānḍa. This book gives explanation to understand both of these cosmos. It explains world origin, creation, form, color, characters and general nature. These

are useful in their understanding the terminology in Karaṇa Hasige.

#### Salutations to Guru

#### Śrī Guru Basavalingāya Namaḥ

First and the foremost, the writer gives salutations to his Guru with the words 'Ōm Guru Basavalingāya Namaḥ'. This follows the tradition to seek the blessings of Śiva. Salutation to Guru is the highest tribute that one can offer. Also the author recognizes Guru, Linga, Jangama, Pādōdaka and Prasāda. These five have different forms. But they are one and the same. The writer who wrote the explanation to Karaṇa Hasige offers salutations to the primordial Guru Basavēśvara.

Guru has six qualities called Şadgunas. Basava is the emperor for all Gurus. In the words of 'Basava', Ba stands for the Guru who frees from the bonds of samsāra; Sa stands for energy of Linga; and Va stands for Jangama who spreads knowledge of Siva. So, the word Basava stands for Guru, Linga and Jangama. 'Lingaya' represents the great Guru Sangana Basavēśvara with abundant knowledge to support utpatti (creation), stiti (existence) and laya (end); 'Namah' means salutations. The letter Śrī is like the primordial Basava that stays with Bhakta (a person with immense devotion to God) at the center of the four petals ĉakra (wheel) called Ādāraĉakra (source of power). This power is called Kriyāśakti (kriya is work, śakti is power). It is in the form of Panĉāĉāra that stays as Āĉāralinga. Panĉāĉāra - (Pańĉa is five; aĉāra is ways or traditions), is five traditional ways namely Sada, Siva, Linga, Gana and Bhrutya aĉāras.

Devotees in the Māheśvara state are like śaraṇa Madivāļa. Primordial Guru is at the center of the six petals ĉakra called Svādhiṣṭānaĉakra. Here the power is called Jñānaśakti. It is in the form of mantra that stays as Gurulinga.

Devotees in the Prasādi state are like śaraṇa Bibbi Bāĉaiah. The letter Ba is at the center of the ten petals ĉakra called Maṇipūrakaĉakra. The power is called Iĉĉāśakti. It is in the form of prospect that stays as Śivalinga.

Devotees in the Prāṇalingi state are like śaraṇa Tangatūru Māraṇṇa. The letter Sa is at the center of the twelve petals ĉakra called Anāhataĉakra. The power is called Ādiśakti. It is in the form of knowledge that stays as Jangamalinga.

Devotees in the Śaraṇa state are like śaraṇa Urilingaiah. The letter Va is at the center of the sixteen petals ĉakra called Viśuddiĉakra. The power is called Parāśakti. It is in the form of trupti or satisfaction that stays as Prasādalinga.

Devotees in the Ikya state are like śaraṇa Ajagaṇṇa. The letters 'Liṅgāya' is at the center of the two petals ĉakra called Ājñāĉakra. The power is called Ĉiĉĉhakti. It is in the form of prāṇa or soul that stays as Mahāliṅga.

'Namaḥ' - Salutations to these ṣaḍvida (six types) Lingas.

'Śrī Guru Basavalingāya Namaḥ' — in this primeval, there are three iconic namely Ādyas, Vēdyas and Sādyas. Ādyas or avant-grades refer to Basavaṇṇa, Ĉennabasavaṇṇa, Prabhuswamy, Molige Māraiah, Hadapada Happaṇṇa and other icons. Vēdyas or ascetics, they are like Kovi Śāntaiah, Kudure Śāntaiah, Manĉada Śāntaiah, Sarave Śāntaiah and others. Like the gold and its color that cannot be separated, they are of the opinion that there is no difference between them and God. They led their life in 101 states as ascetics. Sādyas are the recent elders. They stay from the support of the six ĉakras of ṣatsthala-brahmis. They are settled from eight different form of sakīlas. They are palms, power, Linga, kalā, face, money, mantra and bhakti.

'Śrī' is the primordial. A person in Bhakti state is like Basavēśvara. He stays in the center of the four petals ĉakra called Ādāraĉakra. With devotional śraddābhakti offers things of smell to Linga from palms with pure heart. He stays content with good things is Śrī.

'Guru' is the primordial icon. A devotee in the Mahēśvara state is like śaraṇa Madivaļa. He stays at the center of the six petals ĉakra called Svādhiṣṭānaĉakra. Mahēsvara offers knowledge with Naiṣṭābhakti from palms to Linga. He offers things of taste from his face and stays content with Guru.

'Ba' is the primordial icon. A devotee in the Prasādi state is like śaraṇa Bibbi Bāĉaiah. He stays at the center of the ten petals ĉakra called Maṇipūrakaĉakra. A prasādi offers to Śivalinga with Sāvadānabhakti by Iĉĉāśakti. He is with Nirahankāra. He offers things with forms from his eyes and stays content. It is Ba.

'Sa' is the primordial icon. A devotee in the Prāṇalingi state is like śaraṇa Taṅgatūru Māraṇṇa. He stays at the center of the twelve petals Anāhataĉakra ĉakra. A prāṇalingi offers things of touch with Anubhāva bhakti to Jaṅgamalinga by Ādiśakti. He stays content. It is Sa.

'Va' is the primordial icon. A devotee in the Śaraṇa state is like śaraṇa Urilingaiah. He stays at the center of the Sixteen petals ĉakra called Viśuddiĉakra. A śaraṇa offers things of sound from his ears with Ānaṅdabhakti to Prasādalinga. He stays content It is Va.

'Linga' is the primordial icon. A devotee in the Ikya state is like śaraṇa Ajagaṇṇa. He stays at the center of the two petals ĉakra called Ājnāĉakra. An Ikya offers with Samarasabhakti to Mahālinga by his Ĉittu. The offerings are from his heart. He stays content. He is Linga.

Salutation is to Linga that is in the body. Linga supports the six ĉakras namely, Ādāra, Svādhiṣṭāna, Maṇipūraka, Anāhata, Viśuddi and Ājnā ĉakras. There are eight types of sakīlas or activities that are under the control of these six ĉakras.

Also, 'Śrī' refers to richness, Guru is the one with all the characters and is the head of Rudra gaṇas. They are the followers of Śiva. In the word 'Basava', Ba stands for Guru. He shows the path to break the rope that bonds to Bhava (birth and death); Sa stands for Linga the animate with energy; and Va stands for the Jangama the happiest and the learned. Basava refers to a person - Guru, Linga and

Jangama in his body as ātma. 'Lingāya' refers to the one responsible for the birth, existence and death. It also refers to the one that provides eternal happiness. Together the word 'Śrī Guru Basavāya Lingāya and Namaḥ' means salutations to Guru Basava. The author seeks Guru's grace to prevent any obstacles during his work.

Şanmukha, the son of Siva, took birth as Ĉennabasavanna. He is the son of Akka Nāgalāmbike. He was born after eating the prasāda of śarana Kakkaiah. Basavanna, his uncle, performed the Linga initiation to Ĉennabasavanna. Even at an earlier age, Ĉennabasavanna exhibited devotion, knowledge and vairāgya (detachment to earthly things). With his knowledge of Ṣatsthala (six states namely Bhakti, Mahēśvara, Prasādi, Prāṇalingi, Śarana and Ikya states) he is called the emperor of Ṣatsthala. His birth was; like the birth of Linga in the middle of earth, like the growth of sandalwood tree; like the rise of moon from the shadow of clouds and like the muruga plant that spreads fragrance. He rejected samsāra and its influences. He had enormous devotion to the three Lingas namely Ista, Bhāva and Prāṇa Lingas.

Karana Hasige is an ancient collection of philosophical division. Karana means philosophies and Hasige means divisions. It is like a farmer, after rain takes the plow and cattle to the field, tills land and prepares for sowing crops. He sows different verities of seeds and watches carefully their growth before harvesting appropriate times. He also keeps record of things that he harvested from his land. Similarly, in this world, Paraśiva is like the farmer. Paraśiva from his five faces created Pańĉabūtas. They are sky, air, fire, water and earth. From their different characters came 25 philosophies resulting in the body. Then from His secret face ātma or the soul came about. The soul entered the body. The soul due to ignorance thought it is the body and forgets the truth. As a result the soul is in numerous births.

Puṇyādāpnōti dēvatvam pāpaiḥ sthāvaramēva ĉa | Puṇyapāpasamānēbhyō labhatē janma mānuṣam || The above verse says: Dēvatā janma or godly life comes from puṇya (results of good deeds). Sthāvara life or inanimate life comes by doing pāpa or bad deeds. Equality between good and bad deeds leads to the life of a human. Ātma associated with human body contains blood, bile juice, sperms and many openings, numerous sense organs, pulse, intestine and teeth. Also numerous hairs are outside the body. This book describes different parts of the philosophy behind the body and ātma. This is the meaning of Karaṇa Hasige.

# Emanation of Praṇava (Praṇavadutpatti)

(Note: 'A' is pronounced as 'A' in All and 'U' as oo in oops)

Ōmkāravemba praṇavadalli, 'A'kāra, 'U'kāra, 'Ma'kāra, ivu mūru bījākṣara. 'A'kārave nāda, 'U'kārave bindu, 'Ma'kārave kaļe. Mattam: 'A'kārave Rudra, 'U'kārave Īśvara, 'Ma'kārave sadāśiva. Intī 'A'kāra, 'U'kāra, 'Ma'kārakke nāda, bindu, kaļeye ādhāra; Ā nāda, bindu, kaļege prakrutiye ādhāra. Ā prakrutige prāṇave ādhāra; Ā prāṇakke lingave ādhāra. 'A' endade anāhata, 'U' endade nādaviļiyittu, 'Ma' emballi bindu bandu kūdalu śiva śaktiyāguttam intaha Ōmkāravāyittu.

'A'kāravemba praṇavadalli: Agnirbhavati ṛgvēdastathā rudrō(s)dhidēvatā | 'A'kārē ĉa layam yāti prathamē pranavāmsikē ||

'U'kāravemba praṇavadalli: Antarikṣam yajurvēdō bhavatīśvaradēvatā | 'U'kārē ĉa layam yāti dvitīyē pranavāmśikē ||

'Ma'kāraveṁba praṇavadalli: Vidyā(s)sīt sāmavēdō sadāśivō(s)dhidēvatā | 'Ma'kārē ĉa layaṁ yāti tṛutīyē praṇavāṁśikē ||

'A'kārē ĉa 'U'kārē ĉa 'Ma'kārē ĉa tṛutīyakam | Idamēkaṁ samutpannaṁ Ōṁ iti jyōtirūpakam ||

Ōmkārāt prabhavā vēdā Ōmkārāt prabhavāḥ svarāḥ | Ōmkārāt prabhavam sarvam trailōkyam sa ĉarāĉaram ||

SarvavyāpakamŌmkāram mantramanyanna śōbhatē | Praṇavō hi Parabrahma praṇavaḥ paramam padam ||

Ōṁkārō nādarūpaśĉa Ōṁkārō maṅtrarūpakaḥ | Ōṁkāravyāpitaṁ sarvaṁ Ōṁkārō gavpyamānanam ||

Endidu praṇavadutpatti:

In this philosophical division (*Ōmkāravemba* praṇavadalli), what is the association? What is the subject, its Usefulness? Who is the master?

In this philosophy 'tat, tvam and things' is the association in the form of Linga. Sat (truth), Ĉit (śakti), Ānanda (happiness), Nitya (always), Paripūrna (complete) are in the form of 'Guru, Linga, Jangama, Pādōdaka and Prasāda'. Viṣaya or information is to consider these five as one and the same. Usefulness is that they are equal without any destruction or growth. The master is the seeker of salvation with one, two, three, six, thirty-six, two hundred sixteen or other forms of devotions (forms of yōgas). For such a master the philosophical divisions are helpful in his endeavors. In these divisions the first is the pranva or Ōm.

Only Paraśiva was there before the appearance of divines and this world. There was nothing except Paraśiva. The sound Ōm appeared just by his thought. Ōm is made of the three letters 'A', 'U' and 'Ma'. They stand for Nāda, Bindu and Kaļe and also for Rudra, Īśvara and Sadāśiva respectively. The universe supports Nāda, Bindu and Kaļe. The soul or Ātma supports the universe and Linga supports Ātma. 'A' stands for Anāhata. It is the wheel of power inside the body. 'U' joining 'A' and 'Ma' makes Bindu to become Śakti the power of Śiva. Together they became the sound of Ōm. The praṇva is the first to appear.

When nothing, movable or immovable, existed in this world, (Sarvaśūnya) Nirālamba Brahma was free from all As things. He was alone. the savina Ghruta kāthinyavanmūrtih saĉĉidānanda laksanam, it means - like the clarified butter that solidifies, Sarvaśūnya Nirālamba Brahma became Niranjana Brahma. *`Niranjapranava ĉintāyam niranjōkāra sambhavah*, means - Niranjōkāra śakti is just His mere thought. As the saying Niranjōkāra ĉintāyām vācyapranavamajāyata, just by the thought of Niranjōkāra śakti is the birth of Śūnyalinga, the form of the pranava sound.

Līyatē gamyatē yatra jagatsarvam ĉarāĉaram | Tadētallingamityuktam lingākāramiti smrutam || Likāram vilayam prōktam gakāram gamanamuĉyatē | Līyanāgamanābhyām ĉa lingaśabdariti smṛutaḥ ||

Na raktam na ĉa vā pītam na śuklam kṛuṣṇamēva ĉa | Sarva varṇavinirmuktam jñānātītam parātparam ||

Mannāthastrijagannāthō madguruḥ strijagadguruḥ | Mamātmā sarvabhūtātmā tasmai śrī guruvē namaḥ ||

The body of Śūnyalinga is ĉittu the greatest knowledge. It is said, avāĉya praṇava ĉintāyām kalā praṇava sambhavaḥ. Śūnyalinga remembering the knowledge ĉittu Niḥkalabrahma was born, the form of Kalā praṇava. The body of that Niḥkalabrahma is the knowledge. From that knowledge, Ba is Nāda, Sa is Bindu and Va is Kaļe. Uniting these three is Mahālinga in circular form.

Ādyantaśūnyamalam paripūrņamēkam Sūkṣmam parātparamanāmayamapramēyam |

Bhāvaikagamyamajaḍam śivatattvarūpam Ĉiĉĉhaktisamspuraṇa rūḍhamidamātma lingam ||

Mahālingamidam dēvi manōtītamagōĉaram | Nirnāma nirguṇam nityam niranjananirāmayam ||

The sound of Ōm is the base for that Mahālinga. Parāśakti came from this sound Ōm called Ōmkāra. The following verse says:

Prathamam tārakākāram dvitīyam danda ucyatē Trutīyam kundalākāram caturthancārdhacandrakam, Pancamam darpanākārassastam jyōtirucyatē ||

It says that there are six kṛuti's (forms) in Ōmkāra. They are called — Tāra, Danḍa, Kunḍala, Ardhaĉandra, Darpaṇā and Jyōtir kṛutis or forms. 'A' kāra: Ōmkārē tārakākārē 'A'kāram ĉa prajāyitē. The sound of the letter 'A' is 'A'kāra praṇava. It was created from Ōm by including the two krutīs, Tāra and Danḍa.

'U' kāra: Ōmkārē kunḍalākāre 'U'kāram ĉa prajāyitē. The sound of the letter 'U' is 'U'kāra praṇava. It was created from Ōm by including the two kṛutīs, Kunḍala and Ardhaĉandra.

'Ma'kāra: Ōmkārē jyotirākāre 'Ma'kāram ĉa prajāyitē. 'Ma'kāra praṇava was created from Ōm by including the two krutī's, Jyōtir and Darpaṇā.

These three letters are the seed letters, *Hēturnā kāraṇaṁ bījaṁ sādanaṁ liṅgamātrayōḥ*. It says that śūnya to Brahma, Brahma to Śiva, Śiva to Rudra, Rudra to Brahma and Brahma to everything from atom to universe, *ivu mūru bījākṣara*; these are the three seed letters responsible for the creation of the five and everything else.

'A'kāra: This is in the form of ĉinnāda. It is said yathā dīrghaghaṅṭāninādavat, Like the sound from a hanging bell made from five metals. That sound echoes Ōṁ, Ōṁ, Ōṁ is 'A'kāra. It is Nāda.

*'U'kāra*: This is in the form of ĉiḍbindu. It is said, *yathā suvarṇatailadhārāvat*. It is like, at sunrise, a beautiful queen in a golden pot, standing on top of a seven-storey building pours the oil from the pot. The rays of sun, the glow of the golden pot and the color of the oil, these three with the philosophy of water show brilliantly. Ĉidbindu is that brilliance and it is 'U'kāra, '*U'kārave bindu*.

*'Ma'kāra*: This is in the form of ĉitkaḷe. It is said, *Yathā aruṇaprakāśavat*. It is the light that suppresses the bright light of midday sun. Such brightness is 'Ma'kāra – '*Ma'kāra kaḷeyu*.

Also, 'A'kāra praṇamavē Rudra: It is in the form of Rudra philosophy. 'A'kāra is like a seed Rudra is like the tree, like the tree is hidden in the seed Rudra philosophy is hidden in 'A'kāra.

*'U'kāra praṇamavē Īśvara*: It is in the form of Īśvara philosophy. 'U'kāra is like a flower Īśvara is like the fragrance like the fragrance is hidden in the flower Īśvara philosophy is hidden in 'U'kāra.

'Ma'kāra praṇamavē Sadāśiva: It is in the form of Sadāśiva philosophy. 'Ma'kāra is like a gold, Sadāśiva is like the color like the color is hidden in the gold Sadāśiva philosophy is hidden in 'Ma'kāra.

Also, 'A'kāra is Rudra. In the form of Rudra philosophy, it is responsible for the destruction of things in the universe. 'U'kāra is Īśvara. In the form of Īśvara philosophy creates opposites in the world. 'Ma'kāra is Sadāśiva. In the form of Sadāśiva philosophy is responsible for the existence of the universe and its contents.

For these three, 'A'kāra with Rudra philosophy, 'U'kāra with Īśvara philosophy and 'Ma'kāra with Sadāśiva philosophy, Nāda, Bindu, Kaļe are the support - nāda, bindu, kaļeye ādāra. Also the three letters Ba, Sa, Va are the support for Nāda, Bindu and Kaļe. The following verses say:

Bakāram nādarūpam ĉa sakāram bindurūpakam | Vakāram ĉa kaļārūpam trividham basavākṣaram ||

Bakāram gururūpam ĉa sakāram lingarūpakam Vakāram jangamaśĉaiva trimūrtirbasavākṣaram ||

Bakāram satsvarūpam ĉa sakāram ĉitsvarūpakam Ānandastu vakāraśĉa trividham basavākṣaram |

Bakāramiṣṭaliṅgaṁ ĉa sakāraṁ prāṇaliṅgam Vakāraṁ bhāvaliṅgaṁ ĉa trividha basavākṣaram ||

Ā nāda bindu kaļege: For the letters Ba, Sa, Va associated with nāda bindu kaļe, prakrutiye adhāra: prakruti or creation is the support. It is said, mūlaprakrutisanjñāya mūlastambhāya vai namaḥ. Hence the ĉiĉĉhakti is the support. Ā prakrutige: for the creation, prāṇave ādhāra: Śūnyalinga is the support for prāṇa. Ā praṇakke: for that Niḥkalabrahma, lingave ādhāra: Mahālinga is the support. This is illustrated with this example. In this world, how can a son support a father? It is possible. Just like a son who conducts business in his father's name. Similarly Mahalīnga is for Nikalabrahma.

'A' eṅdaḍe: What type of letter is this? Anāhata: This is the letter of Śiva that has no danger at any time. 'U' eṅdaḍe: What type of letter is this? Nādaviḷiyittu: The letter 'A' joined with the Śakti letter 'U'. There the two joining together became Ōmkāra. In the presence of Ōmkāra 'Ma' came, eṁballi bindu bandu kūḍalu (came bindu joined), śivaśaktiyāguttaṁ = 'A'kāra, 'U'kāra and 'Ma'kāra, for these three, the mother is ĉittu; uniting all these became, intaha Ōmkāravāyittu: Ōm the form of Śiva and Śakti.

'A'kāraveṁba pranavadalli: varnam tathā(s)nnam ĉa lingamātrukamaksaram says that Varna (color), bīja (seed), anna (food), linga, aksara (letters) are all one and the same. In the letter 'A', Agnirbhavati rgvēdastathā: Agni or fire philosophy in pancabhūta, rgvēdah: Rgvēda, one among the four Vēdas, in the form of Ōm, Rudrah: Rudra one among the five divines, *Ādhidevatevu*: Indra and other divines were born. After birth and after their existence they all end in Om, prathame pranavāmsikē: Part of 'A'kāra, layam vāti: rest in it. How is it? Yaddhrustam tannastam, where it is born it ends there too. Those born on earth, like, grass, trees, dust and others end in earth. Similarly, yathā jalaĉaram vīĉi samudrājjāyatē /īyatē ĉa; waves born in the ocean end in the ocean. Similarly, all philosophies born in 'A'kāra ends there.

'U'kāravemba praṇavadalli: In this varṇa or color, Antarikṣam: the philosophy of sky or ākāśa in panĉabhūta, yajurvēdō bhavatī: Yajurvēda is one of the four Vedas. Among the five divines of Ōm, Īśvarō dēvatā: master named Īśvara and other divines were born. After their existence, all of them end in, dvitīyē praṇavāmśikē: the second letter of Ōm kāra, 'U'kārē ĉa layam yāti: in 'U'kāra they end their lives. Yaddhruṣṭam tannaṣṭam, where it is born it end there too. Fire started from fire ends in fire; hurricane born from air ends in air and sound born in sky ends in sky. Similarly, all things born in 'U'kāra ends in 'U'.

'Ma'kāravemba praṇavadalli: In 'Ma'kāra liṅga, Vidya: philosophy of knowledge and other types of knowledge, knowledge required to learn them, sāmavēdō: Sāmavēda, one of the four Vedas, asīt: exists. Sadāśivō

adhidēvatā: the master is Sadāśiva who is one among the five divines. Indra and other divines for the eight directions were born. After their existence, trutīyē praṇavāṁśikē: in the third part 'Ma'kāra, layaṁ yāti: rests there. This is like the rays of moon ends in moon, rays of sun ends in sun and all the prides born in the soul ends in the soul. Similarly all philosophies born in 'Ma'kāra, end in it only.

'A'kārē ĉa: 'A'kāra, 'U'kārē ĉa: 'U'kāra, 'Ma'kārē ĉa: 'Ma'kāra, tṛutīyakam: these three, ekam: being one, jyōtirūpakam: being self illuminated, ōmiti: with the sound of Ōm, samutpannam: was born.

Ōmkārāt Vēdā: From Ōmkāra, the four Vedas and in addition to Āyurveda, Sthāpatyaveda, Dhanurveda. Gāndharvaveda, the four subvedas, also one-hundred-one other Vedas, sixteen-thousand śāstras and other rules and regulations, *prabhavāh*: are created. *Ōmkārāt sarvah*: From Ōmkāra, seven musical notes, sa, ri, ga, ma, pa, dha, ni are created. They are also called as Nisāda, Vrusabha, Gāndāra, Sadja, Pańĉama, Madyama and Daivata. To read Vedas, four vowels, namely; Udātta, Anudātta, Svarita and Praĉaya and 840,000 forms of these vowels are also created. *Ōmkārāt* saĉarāĉaram: from Ōmkāra, movable and fixed, trailōkvam: three worlds, namely, svarga or heaven, martya or earth and pātāla or lower worlds, sarvam; two hundred other worlds, seven worlds of air are also created.

Also, from the 'A'kāra, sixteen vowels, from 'U'kāra 24 consonants and from 'Ma'kāra 11 extended letters, in total these 52 letters all scriptures, logic, novels and others are created from these three, 'A', 'U', 'Ma'.

Sarvavyāpakam Ōmkāram: Ōmkāra has spread out like a blanket all over. If asked? Vyūmō vyāptiḥ, all the words and in the 36 philosophies of Śiva, Sarva: in all, vyāpakam: spread out like a blanket. Mantramanyanna śōbhatē: Other mantras cannot come close to this Ōm. Praṇavō hi: Ōm, Parabrahma: shows including the five Brahma's as Mahālinga paramam padam: occupies the highest sacred position.

*Ōmkārō nādarūpaśca*: Ōmkāra is in the form of nāda. It is in the form of sound from musical instruments of all types. *Ōmkārō mantrarūpakaḥ*: It is also in the form of ṣadakṣara mantra and also many other subordinate mantras. *Ōmkāravyāpitam sarvam*: It has spread in all places. It is in all types of sound made by birds, animals and other sounds.

*Ōmkārō gōpyamānanaḥ gōpyam*: It is also in secret places, caves and other places. *Ananam*: It is Paraśiva's most secret truly shows in his heart and face. All the letters created from the five faces. This is the secret of Paraśiva's heart. *Praṇavadutpatti*: This is what the Praṇava or the first thing. It is the meaning of the word *praṇavada utpatti*. It also means, Niranjana praṇama, Niranjōkāra praṇama, Avāĉya praṇama, Kalā praṇama, Ba kāra praṇama, Sa kāra praṇama, Va kāra praṇama, 'A'kāra praṇama, 'U'kāra praṇama, 'Ma'kāra praṇama and Ōmkāra praṇama.

## Emanation of Pańcabhūta (Pańcabhūtadutpatti)

Sadyōjātōdbhavā bhūmir vāmadēvōdbhavaṁ jalam | Aghōrādvahnirutpannas tatpuruṣādvāyurudbhavaḥ | Īśānādgaganaṁ jātaṁ paṅĉabrahmamayaṁ jagat ||

Ā paṅĉamahābhūtaṅgaļa guṇa-dharma-karma-varṇa adhidēvategaļāveṅdade:

Śabdādipańĉaviṣayā guṇā bhūmau prakīrtitaḥ | Ĉaturguṇā bhavaṅtyapsu triguṇāssaṅti vahnikē || Vayau ĉa dviguṇau prōktāvākāśē ēka ēva ĉa | Yatkāṭhinyaṁ tatpṛuthvī ĉa yaddravaṁ jalamuĉyatē || Yaduṣṇaṁ ĉa tathā tējō vāyuḥ saṅĉalana tathā | Ākāśaṁ mahadākāśaṁ bhūtadharmā iti smṛutaḥ ||

Dhāraṇam pinḍīkaraṇam paĉanam vahanādiĉa | Nabhaḥ sarvāśrayam syāt bhūtakarma iti smṛutam ||

Pītaḥ śvētaśca raktaśa haritaḥ kṛuṣṇa ēva ca | Pṛuthvyādi paṅcabhūtānaṁ varṇabhēdāḥ prakīrtitāḥ ||

Pṛthvyām brahmā jalē viṣṇustathā rudrō hutāśanē | Īśvaraḥ pavanē dēvaḥ ākāśē tu sadāśivaḥ ||

Brahmā viṣṇuĉa rudraśĉa Īśvaraśĉa sadāśivaḥ | Bhūmyādidaivamityuktam pītādi varṇasanjñakam ||

Pruthvige- Śabda, sparśa, rūpa, rasa, gaṅda Ī aidu guṇaṅgaḷu; kaṭhinatvave dharma; dhāraṇatvave karma; tadaṅga pītavarṇa; adhidēvate Brahmanu.

Appuvinge- Śabda, sparśa, rūpu, rasa, Ī nālku guṇaṅgaļu; dravisuvude dharma; piṅḍīkaraṇa karma; tadaṅga śvētavarṇa; adhidēvate Nārāyaṇanu. Agnige- Śabda, sparśa, rūpu Ī mūru guṇaṅgaḷu; uṣṇisuvude dharma; paĉisuvude karma; tadaṅga raktavarṇa; adhidēvate Rudranu.

Vāyuvinge- Śabda, sparśa Ī eraḍu guṇaṅgaḷu; ĉarisuvude dharma; vāhakatvave karma; tadaṅga haritavarṇa; adhidēvate Īśvaranu.

Ākāśakke- Śabda ondē guṇa; bayalāgihude dharma; suļivudakke terehugoḍuvude karma; tadanga kṛuṣṇa varṇa; adhidēvate Sadāśivanu.

Endivu panĉamahābhūtangaļa guņa, dharma, karma, varņa, adhidēvategaļu.

This section describes the birth of pancabhūta, their purpose, attributes and examination.

'Om' the primordial sound is the cause for the creation of earth, water, fire, air and sky. The primordial shapes are called pancakrutis. They are the five letters Si, Va, Ya, Na, Mah. These five letters become five types of power in Sadāsiva. He is with five faces, ten shoulders, ten hands, ten weapons, fifteen eyes, two feet and one body. He is the husband of Gange and Gowri. He rides the bull Vruṣabha. The five faces of Sadāsiva are Sadyojāta, Vāmadeva, Aghōra, Tatpuruṣa and Īśāna. The five bhūtas (pancabhūtas) were created from the five faces of Sadāsiva. Hence, 'Om' is the reason for the creation of pancabhūtas.

From the Sadyōjāta face philosophy of earth (bhūmi) took birth (udbhava). From the Vāmadēva face water (jalam) took birth. From the Aghōra face philosophy of fire (vahni) took birth. From the Tatpuruṣa face air (vāyu) took birth. From the Īśāna face philosophy of sky (gagana) appeared (jātaṁ). The world and all moving and non moving things are in the form of five Liṅgas namely; Sadyōjāta, Vāmadēva, Aghōra, Tatpuruṣa and Īśāna Brahmas (paṅĉa brahma mayaṁ).

**Sadyōjāta mukhadalli:** Sadyōjāta face (*mukha*) is in the back of Sadāśiva. From that face the philosophy of earth (*Pṛutvi*) that supports all types of weight (*dharaṇi*) took birth.

**Vāmadēva mukhadalli:** Vāmadēva face is in the left side of Sadāśiva. From that face the philosophy of water (appu) that supports all types of liquid (udaka) took birth.

**Aghōra mukhadalli:** Aghōra face is in the right of Sadāśiva. From that face the philosophy of fire (agni) that supports heat (danańjaya) took birth.

**Tatpuruṣa mukhadalli:** Tatpuruṣa face is in the front of Sadāśiva. From that face the philosophy of air (vāyu) that supports movement of things (samīra) took birth.

**Īśāna mukhadalli:** At the top of Sadāśiva is the face of Īśāna. In that face the philosophy of sky (ākāśa) that supports all types of space (vyōma) took birth.

This is the way from the five Brahmas namely Vāmadēva, Aghōra, Tatpuruṣa and Īśāna are the face of Sadyōjāta (*paṅĉa brahmadiṅde*). The five great philosophies of earth, water, fire, air and sky took birth (*paṅĉa mahā bhūtaṅgaḷu puṭṭitu*).

The five great būtas are earth (*pṛuthvi*), water (*jala*), fire (*agni*), air (*vāyu*) and sky (*ākāśa*). Their characters (*guṇa*) are - smell, liquidity, form, touch and sound respectively. Their works (*karma*) are - earth carries weight, water makes lumps, fire burns things, air moves things and sky provides space. Their colors (*varṇa*) are - earth is yellow (*pīta*), water is clear (*śvēta*), fire is bluish red (*raktha*), air is green (*harita*) and sky is black (*kriṣna*). Their five masters (*adhidevathe*) are Brahma for earth, Nārayaṇa for water, Rudra for fire, Īśvra for air and Sadāśiva for sky. They control them.

The five characters namely sound, touch, form, liquidity and smell (śabdādi paṅĉaviśayāḥ guṇāḥ) are called the five tanmātrayas in earth (bhūmav prakīrtitāḥ). Sound, touch, form and liquidity are the four characteristics in water (ĉaturguṇāḥ appu). Sound, touch and form are the three characteristics in fire (triguṇāḥ vaḥnike saṅti). sound and

touch are the two characteristics in air (dviguṇav vayav). The sky has only one character sound ( $\bar{a}k\bar{a}s\bar{e}$   $\bar{e}ka$   $\bar{e}va$ ). These are the characteristics in the pancabhūtas.

Where there is hardness there is the characteristics of earth (*Yat kāṭhinyaṁ tat pṛuthvi*). Similarly (*tat*), where there is liquid there is the characteristics of water. Where there is heat there is the characteristics of fire. Similarly (*tat*), where there is movement there is the characteristics of air. Where there is space there is the characteristics of sky. It has been said that these are the characteristics of Panĉabhūtas.

Earth carries weight of all movable and immovable objects. It is the work of earth. Water makes soil, flour and other objects to solidify. It is the work of water (pinḍīkaraṇaṁ). Fire burns dry leaves to ashes, cooks food, etc. It is the work of fire (paĉanaṁ). Air carries things from one place to another. It is the work of air. Sky provides space to movable and immovable things. It is the work of sky. These are the works of the paṅĉabhūtas.

Earth shines with the color yellow (pītaḥ). Water shines clear (śvēta). It has the color like painted with lime (dhavaļa). Fire shines with the color bluish red (rakta or blood). Air has the color of moss or green (harita). Sky shines with the color black (kṛuṣṇaḥ). They are the colors of earth, water, fire, air and sky. These colors are attributed to each of the panĉabhūtas.

Each of the panĉabhūtas are under the control of God. The philosophy of earth is under the care of Brahma. The philosophy of water is under Nārayaṇa. The philosophy of fire is under Rudra. Īśvara is the master for the philosophy of air and Sadāśiva is for sky.

The creator of the world is Brahma. Nārāyaṇa is responsible for the existence. Rudra is responsible for the destruction of this world. Īśvara is responsible for forgetting the past (*tirōdāna*). Sadāśiva is responsible for auspicious things of this world. They are the masters for the philosophy of panĉabhūtas.

In the following paragraphs each of the pancabhūtas are explained:

Earth has the philosophy to support everything. The sound generated by clashes of earthly bodies sounds like 'gaḍa gaḍa'. Wherever earth is touched it is hard. Earth has fixed form. Earth has liquidity and taste.

Earth has taste. If not present in the earth, then how can plants and grains have taste? It is not possible. Also, pregnant women crave to eat the soil. In ancient times, pregnant wife of Tamandhāsura requested him to bring soil from earth. Tamandhāsura came to bhūlōka (one among the 14 worlds) to get the soil. He saw different colored soils. Not knowing which soil to carry, he carried several types of soils to his wife. If there is no taste in the soil why she asks her husband to bring the soil she does not eat? So the earth has taste.

Earth is not just mud and soil. It has smell. If earth does not have smell then things that are grown does not smell? Also, earth generates a type of smell. This is evident from the following example.

During summer the ground is burnt from the heat of the sun. When the rain returns, the smell of the earth touches the nose of those traveling. If earth has no smell how this smell is possible? This is the reason earth has smell. The five characteristics of earth are extraordinary characters.

Earth's philosophy is hardness (*Kaṭhina*). Earth's natural behavior is hardness for touch. The natural quality is hardness for touch both pindandas (body) and brahmandas (world). Wearing of ornaments like ring, chain, bangles and other objects are touched by hard surface of the body. Similarly, in this world spreading of blankets on the grass, putting picnic tables and other acts are hard for touch by the body. It is the natural characteristics of earth.

The work of earth is to bear the load (*Dhāraṇa*) of all moving and non-movable things of this world.

The color of earth is yellow (*pīta*). If the earth takes a body its color is yellow. There are many types of soil. How is it possible to say the earth has only color yellow? Yes, we see the earth having many colors like black, red, white and others. It takes the colors of that place. But it has only one

color that is yellow. This is evident from the following: It says 'anḍam hiraṇmayākāram', this brahmānḍa or earth did not have many colors. But it was the color of gold. Further, if some Island soil is washed in water there appears minute amount of gold. Also, if people are afraid of thieves or king from looting their wealth, they hide their wealth including gold in the soil. After several years, except gold, the buried wealth lose their luster. But the gold increases its luster. Is it possible for the gold to increase its luster if earth is not yellow? So if the earth takes a body, it's color is yellow.

Brahma is the master for earth. If earth begins to increase in size then it might grow enormously. Similarly if it shrinks it might reach pātāļa (one of the 14 worlds). Brahma, as master, guards earth from growing or from shrinking.

Water is in the form of liquid. Running water makes sound like 'blu blu, or 'ĉaa ĉaa'. Other sound is made by running water with force. It is the sound of water. Touch is the feeling of coolness to hands when water contacts hands. Water has form. It is the form of blue and other vivid colors. Water has taste. It varies with place. In some places it is sweet, in some places it is bitter, etc. How can water have only one taste? Water flowing on different types of soil acquires the taste of that soil. It has only one taste that is natural. Further, taste of drinking water stored in a big vessel and also from the river varies. Similarly rainwater has taste. If water has no taste how is it possible to taste? So water has taste.

Water has four characteristics. They are - sound, touch, form and liquidity. Water stays as liquid It is its dharma or nature. In pinda and in the universe its natural behavior is to move as droplets of water. In the body, around the chest, in armpits and in the universe, in drains, near the mountains, water moves as droplets. It is its natural characteristics. Work of water is to mix with powders and to make the powder to lumps or balls (*Pindīkaraṇa*). That is water. If water takes a body its color is clear (*svēta*). Appu is of many colors, yellow, green, black, red and white. Yet its color is clear (davala).

Water by associating different soil it acquires different colors. Its natural color is davala or clear. If one stands on top of a hill and views big rivers and lakes they look clearly like a spread cloth. Also if one takes the water and throws in air the droplets fall to the ground like a chain with clear colors. If water solidifies then stone, shells and others take the color of water. Also people wash their dirty clothes in water to bring back the original colors with clarity of the water. If water does not posses clear color, is it possible for the above to happen? So the color of water is clear or davala varna.

The master for water is Nārāyaṇa. If water raises the entire world submerges. If it becomes scarce then water is not enough for the animals of this world. As master Nārāyaṇa guards that this does not happen.

The philosophy of fire is to burn through heat. It is called dhananjaya tattva. Fire has sound. The sound made during the burning process is like 'daga daga', 'paṭa paṭa' and other sounds. Fire is hot to touch. Fire has form. It is in the form of glow. These are the three characteristics of fire. both in pinḍa and in the universe it stays as heat (uṣṇa). It is its nature.

There is heat in the body, at the chest, side, fore head. There is also heat in the world, inside the house, inside caves and other warm places. Heat touches the body. It is its nature. Its work is to burn things to ashes, like dry leaves. Also it provides heat to prepare food. If fire takes a body the color is bluish red (*rakta*).

Fire has different colors like blue, red, yellow and others. Yet its color is only bluish-red. Fire by associating with different liquids gets its color. But its true color is bluish-red. The glow of charcoal on rooftop from a distance looks like a glowing ruby. So if agni or fire takes a body its color is bluish-red.

The master for fire is Rudra. If fire increases it burns the entire world to ashes. If it becomes scarce then there is no fire to heat or to prepare food. As master of fire, Rudra guards that does not happen.

Air wanders with sound. The sound 'biss' is heard when it whiffs on stone and other things. Air feels cool when touched. These are the two characteristics of air. Its nature is to travel or to wander in all directions. Its work is to carry things from place to place. If air takes a body its color (*varna*) is green (*harita*).

Air has no form. It has green color. It needs explanation. If one keeps the grains away from earth to sprout. They stay white as long as they do not touch the earth. But when they are exposed to air they become green. Also, some fruits stay white till they are exposed to air, then they turn green. So if air takes a body its color is green.

The master of air is Īśvara. If air increases it might carry the world to the ocean. If there is no air then there is no life. The master Īśvara guards the air as not to increase or decrease.

Sound is the only character (<code>guṇa</code>) for the sky. The sound of thunder is 'gaḍa gaḍa', etc. It is the sound. Space is its nature. It is formless wherever it is seen. It provides space for all animals to move forward. It is the work of sky. The color of the sky is black. If sky takes a body, that body color is black (<code>kṛuṣṇa</code>). Vēdas, śāstras, āgamas and prurāṇas say that sky has 900 colors. Yet, it is said, sky has only blue color. How?. Sky gets those colors through the association of clouds. Naturally it has only one color - that is black.

In summer months the sky is not clear due to dust and pollution. In rainy season clouds cover the sky. But on a clear day the sky looks blue and black as if it is covered with a black rug or blanket. If the sky is not black how can it be seen as black? So if sky takes a body its color is black.

The master for sky is Sadāśiva. If sky increases, it might exceed its limit. If it becomes small then it might fall on the earth. As master, Sadāśiva guards it does not happen.

## Emanation of the Universe (Jagadutpatti)

Bhūjalāgni marudvyōma bhāskarāśaiśi ĉētanav || Divā prakāśatē sūryō rātrav ĉandraḥ prakāśatē | Sarvaĉētana ātmā ĉa śivāṁśō(s)pyaṣṭamurtayaḥ ||

Prutvi, appu, tēja, vāyu, ākāśa, sūrya, candra, ātmarembī śivana aṣṭatanuve jagattāgihudu. Āvāvendōḍe caturdaśa bhuvanangaļu, sapta samudrangaļu, sapta dvīpangaļu, sapta kula parvatangaļu Samasta graha rāśi tārāpathangaļam garbhīkarisikōnḍu brahmānḍavenisittu; endidu jagadutpatti.

Previously the birth and characters of pańĉabhūtas are explained. Sadāśiva is the prime reason for the creation of this world.

First Nikhaḥalabrahma occupied the universe without form. Knowledge (jñāna) came from Nikhaḥalabrahma. From that knowledge nāda, bindu and kale were created. These four uniting resulted in Mahālinga. Mahālinga is in the spherical form. Its glow occupies the world. Sadāśiva with five faces and single body took birth from Mahālinga. It was like a tree born from a seed.

The five faces of Sadāśiva are Sadyōjāta, Vāmadēva, Aghōra, Tatpuruṣa and Īśāna. Earth took birth from the face of Sadyōjāta. Water is from the face of Vāmadēva. Fire is from the face of Aghōra. Air is from the face of Tatpuruṣa. Sky is from the face of Īśāna. Sun is from the center of the two eyes. Moon is from the center of the mind. Ātma created from the hidden face. These eight are called Aṣṭatanus (eight bodies). Thus universe is created from paṅĉabhūtas.

In this universe, sun shines in the four periods of a day and moon in the four periods of a night. Ātma is part of all moving and non-moving things. It provides power to survive. They are part of Astatanus of Sadāśiva.

The nature of earth is to carry weight. The nature of water is to stay in all liquids. The nature of fire is to burn

things to ashes. The nature of Air is to carry things from place to place. The nature of Sky is to make space for things to move. Sun is the master for light. Moon is the master for coolness. The soul provides power to survive. These are the eight bodies of Sadāśiva. They have become the universe with 14 worlds with movable and immovable things.

The following verse mentions the names of the fourteen worlds (*Ĉatur daśa bhuvanaṅgaļu*):

Ataļam vitaļancaiva sutalam ca talātalam | Mahātaļam rasākhyam ca pātāļancēti saptakam ||

The seven lower worlds are: Ataļa, Vitaļa, Sutala, Talātala, Mahātaļa, Rasātaļa and Pātāļa.

Bhūlōkaṁ ĉa bhuvarlōkaṁ suvarlōkaṁ tathā kramāt | Mahājanatapaṁ satyalōkā haitē ĉaturdaśa ||

The seven upper worlds are: Bhūlōka, Bhuvarlōka, Suvarlōka, Mahālōka, Janalōka, Tapōlōka and Satyalōkā. Brahma created these 14 worlds.

The seven seas (Sapta samudrangaļu) are:

Lavaṇēkṣu surāsarpidadhidugdhajalāssmṛutāḥ ||

Salt (*Lavaṇa*), Cane sugar (*Ikṣu*), Wine (Su*ra*), Butter (*Sarpi*), Yogurt (*Dadhi*), Milk (*Dugdha*) and Sweet water (Jala) are the seven seas.

The seven Islands (Sapta dvīpangaļu) are:

Jambuplakṣaśśālmalinaḥ kuśaḥ kravnĉastathaiva ĉa | Śākapuṣkaranāmānardvīpāstvabhyantarāḥ kramāt ||

Jambu, Plakṣa, Śālmali, Kuśa, Kraunĉa, Śāka and Puṣkara are the seven Islands.

The seven mountains (Sapta kula parvatangaļu) are:

Jaṭharādrirhēmakūṭāvaruṇāśṛuṅgaparvatav | Pūrvyādrī rajatādriśĉa sitākhyassaptaparvatāḥ || Jaṭhārādri, Hēmakūṭa, Aruṇa, Śṛuṅga, Pūrvādri, Rajatādri and Sitādri are the seven mountains.

The nine planets (grahas) are:

Ādityō maṅgaḷassōmō budhaśĉaiva bṛuhaspatiḥ | Śukraśĉaniriti prōktaḥ rāhuḥ kētuḥ prakīrtitaḥ ||

Sūrya, Ĉandra, Mangala, Budha, Bṛuhaspati, Śukra, Śani, Rahu and Kētu are the nine planets.

(Note: Sun is called a planet. Based on their position at birth, astrologers use them for writing horoscopes. The seven planets represents the seven days of the week. Sunday (Sūrya), Monday (Ĉaṅdra), Tuesday (Maṅgaḷa), Wednesday (Budha), Thursday (Bruhaspati), Friday (Śukra) and Saturday (Śani))

The twelve signs of horoscope (rāśis) are:

Mēṣō vṛuṣā ĉa mithunaṁ karkaṭassiṁhakanyakē | Tulāvruśĉikadhanuṣī makarō kuṁbhamīnakau ||

Aries (*Mēṣa*), Taurus (*Vruṣabha*), Gemini (*Mithuna*), Cancer (*Karkātaka*), Leo (Simha), Virgo (*Kanyā*), Libra (*Tulā*), Scorpio (*Vruśika*), Sagittarius (*Danassu*), Capricorn (*Makara*), Aquarius (*Kumbha*), Pisces (*Mina*) are the twelve horoscope signs.

There are 27 stars in the line of stars ( $T\bar{a}ra$  pathagalu). They are:

Aśvinī bharaṇī ĉaiva kruttikā rōhiṇī tathā | Mrugaśīrṣāridrā ĉaiva punarvasupusyav tathā ||

Aślēṣā ĉa makhā pubbā cōttarā hastamēva ĉa | Ĉitta svātiviśākhākhanĉa anūrādhā ĉa jyēṣṭha ĉa || Mūlapūrvāṣāḍhaśĉaiva uttaraśravaṇastathā | Daniṣṭhā śatabhikpūrvābhādraṛkṣam tatēva ĉa ||

Uttarābhādrabhanĉaiva rēvatī ĉa iti smṛutā | Saptaviśantinakṣatramityetē rukṣamēva ĉa || The names of the 27 stars are: Aśvinī, Bharaṇī, Kruttikā, Rōhiṇī, Mrugaśīra, Āridrā, Punarvasu, Puṣya, Aślēṣa, Makhā, Pubbā, Uttarā, Hasta, Ĉitta, Svāti, Viśākha, Anūrādha, Jyaiṣṭha, Mūla, Pūrvāṣāḍha, Uttara, Śravaṇa, Daniṣṭhā, Śatabhi, Pūrvābhādra, Uttarābhādra and Rēvatī. These are the 27 stars among the six million stars in the sky. They are part of universe called Brahmānḍa (*brahmānḍa enesittu*). The universe is also called Ajānḍa. It is called Brahmānḍa because Brahma created it.

The above is the philosophy for the creation of the universe. It is created from the five faces of Sadāśiva. The union of the pańĉabhūtas created the 14 worlds and all the animals and things.

## Fetus collection (Pindasangraha)

'Pinḍabrahmāṇḍyōraikyam' eṅdudāgi, sthūlabrahmāṇḍadōļaguļļa guṇaṅgaļāśrayavu, Piṇḍadalli sūkṣmarūpiṅda saṅgrahavāgi tōrpudu. Adeṅteṅdade:'bhūtapaṅĉaka dēhānāṁ' eṅdudāgi.

Ā panĉamahābhūtangaļa panĉīkrutiyanaiduttiralu dēhavāgittu. Ā mahābhūtangaļāvavendade: Prutvi, appu, tēja, vāyu, ākāśa intivu panĉamahābhūtangaļu. Ivaramśikavāvudēndade

Asti māmsatvaĉō nāḍī rōmaśĉaiva tu panĉakam | Ksitēh panĉaqunāh prōktāstadamśāh parikīrtitāh ||

endudāgi,

Asti (bones), māṁsa (flesh), ĉarma (skin), nara (nerves) and rōma (hair) are the five characters of pṛuthvi or earth.

Lālā mūtram tathā svēdaḥ śuklam śōṇitamēva ĉa | Apām paṅĉaguṇāḥ prōktāstadamśāḥ parikīrtitāḥ ||

endudāgi,

Ślēṣma (mucus), Mūtra (urine), Bevaru (sweat), Śukla (Semen) and Rakta (blood) are the five characters of appu or water.

Kṣudā truṣṇā tathā nidrā alasyam saṅga ēva ĉa | Agnēḥ paṅĉaguṇāḥ prōktāstadamśāḥ parikīrtitāḥ ||

eńdudāgi,

Kṣudhe (hunger), Truṣṇe (thirst), Nidre (sleep), Alasya (lazy) and Saṅga (copulate) are the five characters of agni or fire.

Dhāvanam valganam ĉaivākuncanam ĉa prasāraṇam | Viyōgaścēti vijñēyō vāyōḥ prōktāstadamśāḥ parikīrtitāḥ ||

endudāgi,

Pāriva (wanders), Pāruva (jumps), Suļiva (Appears), Kūḍuva (Unites), Agaluva (Leaves) are the five characters of vāyu or air.

Rāgadvēṣabhayam lajjā mōhaśĉaiva yathā tathā | Nabhasaḥ paṅĉaguṇāḥ prōktāstadaṁśāḥ parikīrtitāḥ ||

endudāgi,

Rāga (Desire), Dvēṣa (Anger), Bhaya (fear), Lajje (shy) and Mōha (affection) are the five characters of Ākāśa or sky. This is the way from pańĉabhūtas pańĉaviṁśati characters formed.

Idakke vibhēdaguņangaļunţu. Āvāvendade:

Prutvige ippataidu guṇa; appuviṅge ippattu guṇa; agnige hadinaidu guṇa; vāyuviṅge hattu guṇa; Ākāśa has aidu guṇa. Intī vibhēdaguṇaṅgaļu kūḍalāgi eppataidu guṇaṅgalāduvu. Intidu piṅḍasaṅgraha bhēdavu.

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There are two kinds of worlds namely, microcosm (*pinḍānḍa*) and macrocosm (*brahmānḍa*). Both are formed from panĉabūtas and with their five panĉīkṛuties. This is described in this section.

The collection of jīvas or different types of lives in the 14 worlds is about 8.4 million. All the characteristics found in the world are also found in the body.

Jīva and the world are of the same form. In other words, jīva is not above the world or the world is not above jīva. Jīva is of the philosophies of paṅĉabhūta paṅĉaviśaṅti. If jīva takes enough food, it says that it had enough for the day. The next day it desires for food. Similarly, the nature receiving enough rain does not say it had enough. It desires for rain in the next year. So, the desires of jīva and the

nature are the same. Jīva (*Pinḍa*) and the vast world (*Ajānḍa*) created by Brahma are both same (*aikyaṁ*).

Śruti says that the world is of dense one crore (10 million) yōjanas with a length of 1000 crores yōjanas with an area of 500 crores yōjanas. All the characteristics in the universe (*Brahmānda ōļaguļļa guṇaṅgaļu*) are in jīva. They also support jīva in piṅḍa (*Āśrayavu piṅḍadalli*). Jīva is in human body of length about 72 inches..

Jīva is in the form of an atom (*Sukṣma rūpinda*). Jīva is hidden. It is hidden like the group of letters (*saṅgrahavāgi*) in words. It is like the meaning hidden in letters. It is like the fragrance hidden in flower. It is like the thread hidden in cloth. It is like grains hidden in silos. It is like the arrows hidden in quiver. Jīva cannot be seen looking at the body. It shows slightly for knowledge of śāstra. But for self-knowledge it shows completely.

The body is made from earth, water, fire, air and sky. It has five philosophies. The same five philosophies apply to the nature or prakruti. Also the body and the nature, both are of pańĉabhūta pańĉaviśanti.

Śruti says the same. Panĉabhūtas joining each of the five panĉīkruties resulted in 25 philosophies. It became the form of body (*dēhavāyittu*). This body is about 72 inches in length. Body became the abode for Ātma or the soul.

There are the five philosophies. Earth (Prutv) carries weight. Water (Appu) is liquid. Fire ( $T\bar{e}ja$ ) burns things to ashes. Air ( $V\bar{a}yu$ ) carries things from place to place. Sky ( $\bar{A}k\bar{a}sa$ ) makes space for things to move. It is their nature. Together they are called pańĉabhūtas.

The five characteristics of earth in the body are bones (*Asti*), flesh (*māṁsa*), skin (*ĉarma*), nerves (*nara*) and hair (*rōma*). Bones are hard. Muscles are lumpy. Nerves in the body are hard enough not to crimp or fall when turned or bent. Skin covers the entire body. There are 80 million hairs outside giving beauty to the body. They are created from the philosophy of earth. They all have hardness. Hardness is the characteristic of earth.

The five characteristics of water in the body are mucus ( $l\bar{a}l\bar{a}$ ), urine ( $m\bar{u}tra$ ), sweat (bevaru) semen ( $\dot{s}ukla$ )

and blood (*rakta*). A person with cough spits mucus. It is lumpy and soft like cotton. In the body it amounts to six mānas (a measure of liquid, body produces 1to 1.5 liters per day). In a day a person passes urine eight to ten times. The body produces enormous amount of urine. Due to imbalance, with darkened eyes and sweaty body, jīva throws up one or more of these colored things yellow, green, black, red and white. The body has three māna of such things. Also the body has about one solige (measure or 2 milliliter) of semen. Six ballas (measure or 1.2 to 1.6 liters) of blood provides strength to the body. These five are the characters of water.

Water is soft for touch. Softness is the natural characteristic of water. This is the reason to say they are created from the philosophy water.

The five characteristics of fire in the body are hunger (kṣudhe), thirst (truṣṇe), sleep (nidre), laziness (alasya) and copulate (saṅga). To satisfy hunger of the body Jīva desires to eat different types of food like rice, vegetables, etc. To satisfy thirst jīva desires to drink different types of liquids like juices, beverages, sodas and others. After eating a big meal jīva sleeps irrespective of the place. Getting up after a long sleep, tries to wake up the body by bending left, right, forward and backward. Food leads to sleep, sleep leads organs, organs leads disturbance of senses, disturbance leads to desire for love, desire for love leads for embracing, kissing and others. Embracing and other actions of love gives a sense of satisfaction to body. These five characters are from the philosophy of fire.

These are the characteristics of fire. Fire is heat. These characters also have heat. These five have the philosophy of fire. They are created from the philosophy fire.

The five characteristics of air are wandering ( $p\bar{a}riva$ ), jumping ( $p\bar{a}ruva$ ), appearing ( $su\underline{l}iva$ ), uniting ( $k\bar{u}\underline{d}uva$ ) and leaving (agaluva). A man runs in all directions wearing clothes, sandals and other decorations as his wishes. The running man if he comes across pits and hills on his way, he jumps over them. Going round and round in a area is appearing. He runs to join the people that are ahead

of him. Not happy with the people that he comes across, he leaves them like a seed jumps out of its cover. These five characters are from the philosophy of air.

Air wanders. These are wandering characters. These five have the philosophy of air. They are created from the philosophy air.

The five characteristics of sky in body are desire (rāga), hate (dvēṣa), fear (bhaya), shy (lajje) and affection (mōha). Jīva expresses desire to acquire things seen while traveling is to wish for things. Jīva is happy to acquire things that is desired. If jīva fails to acquire the desired things even after requests, cursing the person for not fulfilling the desire is hate.

Dēhabhagnagatirmandam svarahīnam mahābhayam | Maranē yāni ĉihnāni dānasannidhiyāĉakē ||

A poor feeble man desires help. He walks with great difficulty to the house of a rich man. He hates being there seeking help. Yet, he stands at the door shaking and shivering before asking for help. It is fear. He has no food to eat, no cloths to wear, loan is due, need money for children's marriage and other expenses. In this condition, he asks for a loan. Instead of giving the loan he was scolded saying what is wrong with you? Why don't you go to work? etc. Listening to this kind of talk he becomes shy. The person instead of helping by giving at least some money tries to hide the same from his wife and children. It is affection for the money. These five characters are from the philosophy of sky.

These are from the characteristics of sky. The clouds, snow and other characteristics appear for a brief period before they disappear in sky. These five characteristics often appear and disappear in sky. These five have the philosophy of sky. They are created from the philosophy of sky.

This is the way the twenty-five pańĉaviśańti characteristics became the philosophies for Pańĉabhūtas. They are further explained.

## Earth has twenty-five characteristics. (*Pṛutvige ippattidu guṇa*)

Earth carries weight. It is its nature. It has 25 characteristics. They are known as pańĉaviśańti philosophies.

Sound is the characteristics of sky. The earth that makes sound like 'gaḍa gaḍa' has the philosophies of the sky. Earth has the characteristics of sky. They are namely desire  $(r\bar{a}ga)$ , hate  $(dv\bar{e}sa)$ , fear (baya), shyness (lajje) and affection  $(m\bar{o}ha)$ .

Earth is hard for touch. Touch is the characteristics of air. Earth has the characteristics of air. They are wandering ( $p\bar{a}riva$ ), jumping ( $p\bar{a}ruva$ ), appearing (suliva), uniting ( $k\bar{u}duva$ ) and leaving (agaluva).

Earth has form. Form is the characteristics of fire. Earth has the characteristics of fire. They are hunger (kṣudhe), thirst (truṣṇe), sleep (nidre), laziness (alasya) and copulate (saṅga).

Earth has liquidity. Liquidity is the characteristics of water. Earth has the characteristics of water. They are mucus ( $\dot{s}l\bar{e}sma$ ), urine ( $m\bar{u}tra$ ), sweat (bevaru), semen ( $\dot{s}ukla$ ) and blood (rakta).

Earth has smell. Smell is the characteristics of earth. Earth has the characteristics of sky. They are bones (*asti*), flesh (*māṁsa*), skin (*ĉarma*), nerves (*nara*) and hair (*rōma*). Thus earth has 25 paṅĉaviśaṅti characteristics.

# Twenty characteristics for water. (Appuvinge ippattu guṇa)

The philosophy of water exists in liquids. Liquids have Panĉaviśanti characteristics. When water flows downward, it makes sound like 'buļu buļu', 'ĉaļa ĉaļa' or other types of sound. Sound is the philosophy of sky. Water has the characteristics of sky. They are desire, hate, fear, shyness and affection.

Water can be touched. Touch is the philosophy of air. Water has the characteristics of air. They are wandering, jumping, appearing, uniting and leaving.

Water has form. It is the philosophy of Fire. Water has the characteristics of fire. They are hunger, thirst, sleep, laziness and copulate.

Water has liquidity. Liquidity is the philosophy of water. Water has the characteristics of water. They are mucus, urine, sweat, semen and blood.

Water acquires smell of flowers or any other substances having smell. Water has no smell but it acquires. So water has no characteristics of smell. Without smell there is no characteristics of earth. Thus water has 20 pańĉaviśańti characteristics.

### Fifteen characters for fire (Agnige hadinaidu guṇa)

Fire while burning makes sound like 'paṭal', 'paṭa paṭa', 'bugil', 'ĉaṭa ĉaṭa', 'daḷa daḷa' and others. Sound is the characteristics of sky. Fire has the characteristics of sky. They are desire, hate, fear, shyness and affection.

Fire is hot for touch. Touch is the philosophy of air. Fire has the characteristics of air. They are wandering, jumping, appearing, uniting and leaving.

Fire glows with form. Form is the philosophy of fire. Fire has the characteristics of fire. They are hunger, thirst, sleep, laziness and copulate.

Fire generates liquid when it burns green wood that is not dry. But fire has no liquid. So it has no philosophy of water. Similarly fire smells when it burns things with smell. So fire does not posses smell by itself. So it has no characteristics of earth. Fire lacks characteristics of water and earth. Thus fire has 15 pańĉaviśańti characteristics.

# Air has ten characteristics (Vāyuvinge hattu guṇa)

Air that wanders has 10 characters. When air passes over stone and trees, it makes sound like biss. Sound is the philosophy of sky. Air has the characteristics of sky. They are desire, hate, fear, shyness and affection.

Air has the quality of touch. Touch is the philosophy of air. Air has the characteristics of air. They are wandering, jumping, appearing, uniting and leaving.

Air has no form. Without form there are no characteristics of fire. Similarly, air has no liquidity except when it blows over the surface of liquids. It collects slight moisture in the air. But air itself has no liquidity. Without liquidity, philosophy of water does not exist in air. Also when air blows over garden of flowers it carries smell of flowers. But air itself has no smell. Without smell there is no philosophy of earth. It lacks characteristics of earth, water and fire. Thus air has 10 panĉaviśanti characteristics.

# Sky has five characteristics (*Ākāśakke aidu guṇa*)

Sky makes sound like 'gaḍa gaḍa'. Sound is the philosophy of sky. Sky has the characteristics namely desire, hate, fear, shyness and affection.

Sky cannot be touched. Without touch there are no characteristics of air. Similarly, sky has no form. Without form there are no characteristics of fire. Sky has no liquidity. Without liquidity sky lacks the characteristics of water. Sky has no smell. Without smell there are no characteristics of earth. This is the reason, the sky has only five pańĉaviśanti characteristics.

The above are the reasons for existing disparities in the philosophy of Pańĉabhūtas. Adding there are 75 characteristics. The universe contains 14 worlds and 8.4 million different jīvas or lives. All the characteristics found in the universe are also in jīvas. This is the explanation for piṅḍasaṅgraha.

### Five prodigies of Pańcabhūta (Pańcamahābhūtaṅgaļa pańcīkruti)

Innu Panĉamahābhūtangaļa panĉīkṛutigaļu

Ĉittam ĉa prāṇavāyuścā nāsikā gandha ēva ĉa | Pāyuḥ panĉavidham prōkta mityētē bhūmipanĉakam || Vijayabairavi endudāgi.

Pruthviyalliya pruthvi - pāyvindriya; pruthviyalliya appu - gandha; pruthviyalliya agni - ghrānēndriya; pruthviyalliya vāyu - prāṇavāyu; pruthviyalliya ākāśa - ĉitta. Ī aidu pruthviya pancīkruti.

Buddhi ścāpānavāyuśca jihvā ca rasa ēva ca | Guhyam pańcavidham prōkta mityētajja lapańcakam ||

endudāgi,

Udakadalliya pruthvi - guhyēndriya; udakadalliya appu - rasa; udakadalliya agni - jihvēndriya; udakadalliya vāyu - apānavāyu; udakadalliya ākāśa - buddhi; Ī aidu udaka pancīkruti.

Ahaṅkārō vyānavāyurnētraṁ rūpaṁ tathaiva ĉa | Padaṁ paṅĉavidhaṁ prōkta mityētadagni paṅĉakam ||

endudāgi,

Agniyalliya pruthvi - pādēndriya; agniyalliya appu — rūpu; agniyalliya agni - nētrēndriya; agniyalliya vāyu — vyāna vāyu; agniyalliya ākāśa - ahankāra; Ī aidu agniya pancīkruti.

Manaścōdānavāyuśca carma sparśastathaiva ca | Pāṇiḥ paṅcavidhaṁ prōkta mityētadvāyu paṅcakam ||

eńdudāgi,

Vāyuvinalliya pruthvi — ghrāṇēndriya; vāyuvinalliya appu — sparšana; vāyuvinalliya agni - tvagindriya; vāyuvinalliya vāyu

 udānavāyu; vāyuvinalliya ākāśa – manassu; Ī aidu vāyuvina paṅĉīkṛuti.

Jñānam samānavāyuśĉa śrōtram śabda stathaiva ĉa | Vāṇiḥ panĉavidham prōkta mityētadvyōma panĉakam ||

endudāgi,

Ākāśadalliya pruthvi - vāgindriya; ākāśadalliya appu — śabda; ākāśadalliya agni- śrōtrēndriya; ākāśadalliya vāyu samānavāyu; ākāśadalliya ākāśa — jñānatattva; Ī aidu Ākāśada paṇĉīkruti.

This section describes the forms of the bhūtas. They are the five pancīkṛutis of the pancabhūtas. Vijayabairavi is Śākhāgama. It is a section in Paramēśvara āgama scriptures. In that āgama, there is a chapter on philosophies that describes in prose form. They are described here.

Earth mixing with a portion of earth, water, fire, air and sky results in the five organs. Ĉitta from sky, Prāṇa air from air, nose  $(n\bar{a}sik\bar{a})$  from fire, smell (ganda) from water and extremities  $(p\bar{a}yu)$  from earth are formed. They are the pancīkņuti of earth.

Anus is the organ for work (*Karma*). A part of earth joins with the earth results in the organs of extremities. The philosophy of the water in earth is the smell. It is tanmatre. A part of water mixes with a part of earth. The characteristics of water that mixes with earth is smell. The glow in earth is of fire and it is the nose that does the smelling. A part of fire mixes with a part of earth. Smell is for the nose. It is from fire that is in earth. The Prāṇavāyu is in earth. Prāṇa is a type of air. A part of air joins a part of earth. The characteristic of air mixing with earth is Prāṇavāyu. The philosophy of sky in earth is ĉitta or mind. A part of sky mixes with a part of earth gives mind. It is the sky in earth.

The above are from the philosophy of the earth. Each characters in pańĉabhūtas mixed with earth gives to the five philosophies.

Water mixing with a portion of earth, water, fire, air and sky results in organs. They are Knowledge (*buddi*) from sky, Apāna air from air, tongue (*jihvā*) that tastes from fire, information about liquidity (*rasa*) from water and genital organs (*guhya*) from earth. They are the five pancīkṛuti of water.

Genital organs is the philosophy of water in earth. Genital organs is part of karmēndriya or organ for work. A part of earth mixes with the philosophy of water and with the characteristics of the earth forms the genital organs. They are from the philosophies of water that is in earth. Similarly the other four are the pancīkruti of water.

Fire mixing with a portion of earth, water, fire, air and sky. It results in ahankāra from sky, Vyāna air from air, eyes ( $n\bar{e}tra$ ) from fire, form ( $r\bar{u}pa$ ) from water and legs ( $p\bar{a}da$ ) from earth. They are the panĉīkṛuti of fire (agni panĉakam). The characteristics of panĉabhūtas mixing with fire forms the five philosophies of fire.

Air mixing with a portion of earth, water, fire, air and sky. It results in manas or mind (mana) from sky, air Udāna from air, skin ( $\hat{c}arma$ ) from fire, touch (sparśa) from water and palms ( $p\bar{a}n$ ) from earth are formed. They are the five pancīkruti of air.

Sky mixing with a portion of earth, water, fire, air and sky. It results in knowledge (*jñāna*) from sky, air Samāna from air, ears (*śrōtra*) from fire, sound (*śabda*) and voice are formed. They are the five the pańcikruti of sky.

The philosophy of earth mix with sky is the voice. Water mix with sky is sound. Fire joins with sky are ears. Air joins with sky is sumāna air. Sky mixes with sky is Jñāna. They are due to sky mixing with earth, water, fire, air and sky respectively. The characteristics of the paṅĉabhūtas mix with sky are the five philosophies. The above are the paṅĉīkṛuties of sky. This is how the twenty-five things were formed.

### Organs for Mind (Buddhīṅdriyaṅgaļu)

Buddhīndriyangaļa viṣaya, tadbūta, adhidēvatā, sukarmangaļentendade:

Śrōtram tvajñētrajihvāśĉa ghrāṇam paṅĉēṅdriyāṇi ĉa | Ākāśō vāyuragniśĉa payaḥ pṛuthvī kramēṇa ĉa || eṅdudāgi,

Śrōtra, tvakku, nētra, jihvā, ghrāṇa, ī aidu, Jñānēndriyangaļu.

#### Idakke vivara:

Śrōtrēndriyakke - Ākāśavemba mahābhūta; daśadikku adhidēvate; alli śabda viṣaya; akṣarātmaka, anakṣarātmaka ī eradu śabda bhēda.

Tvagindriyakke - Vāyuvemba mahābhūta, ĉandranu adhidēvate; alli sparśana viṣaya; śīta, uṣṇa, mṛudu, kaṭhina, ī nālku sparśanabhēda.

Nētrēndriyakke - Agniemba mahābhūta, sūryanu adhidēvate; alli rūpu viṣaya; śvēta, pīta, harita, mānjiṣṭha, kapōta, kṛuṣṇa, ī āru rūpubhēda.

Jihvēndriyakke — Appu emba mahābhūta, varuṇanu adhidēvate; alli rasa viṣaya; madura, Āmla, tikta, kaṭu, kaṣāya, lavaṇa, ī āru rasabhēda.

Ghrāṇēṅdriyakke - Pṛutviyeṁba mahābhūta, aśvini adhidēvate; alli gaṅda viṣaya; sugaṅda, durgaṅda, ī eraḍu gaṅdabhēda.

Intivu jnānēndriyagaļu.

This section describes information about organs that seek knowledge (buddi). Previously twenty-five philosophies are mentioned. Organs for collecting knowledge about things are primary philosophies. The five sense organs namely ears ( $\dot{sro}tra$ ), skin (tvak), eyes ( $n\bar{e}tra$ ), tongue ( $jihv\bar{a}$ ), nose ( $ghr\bar{a}n\bar{a}$ ) collect information by sound, touch, view, taste and smell respectively. They are called the five Hruṣikas. They are the five organs of mind.

The form of the five organs of knowledge, their bhūtas, masters and work are discussed.

The five sense organs ears, skin, eyes, tongue and nose are the organs of knowledge. They orderly ( $kram\bar{e}na$ ) came from sky ( $\bar{a}k\bar{a}\dot{s}a$ ), air ( $v\bar{a}yu$ ), fire (agni), water (paya) and earth (pruthvi).

For the ears the philosophy of sky is the source. Similarly for skin, eyes, tongue and nose the philosophies of air, fire, water and earth respectively are the source. Ears collects information from sound. Skin from touch, eyes from view. Tongue collects information from taste and nose collects information from smell. The five are called pańĉahruṣīkas because they collect information related to them only.

Ears hear sound with the philosophy of sky. The great bhūta sky is the source of power. Both good and bad sounds are heard while sky stays in ears. Ears cannot hear sound without sky. Sky is the source for ears to hear. Ātma is the master.

Ātma hears sounds. Sound is distinguished as with letters ( $akṣ\bar{a}ra$ ) or without (anakṣara). Letters, books are written with alphabets. Similarly Vēdas, purāṇas, stories, music and others are with alphabets. The sounds made by animals are without alphabets. These two types of sounds are always heard by the soul.

Skin collects information about the air by touch. For skin the great bhūta air is the source of power. While the philosophy of vāyu stays in skin, both good and bad information are collected by touch. If vāyu is not in skin then collection of information by touch is not possible. Vāyu is the

source for the skin to function. The soul or ātma always stays in skin as master Ĉańdra.

The functions of Candra is to gather both good and bad information of things by touch. He distinguishes cold, hot, soft or hard from touching. For touch wind and rain feels cold (sīta), hot (uṣṇa) from sun and fire, soft (mrudu) like the feeling of cotton, flowers and hard (kaṭhina) feelings from hard surfaces, stones. These four differences in touch is felt by the soul that stays in skin as the master candra.

Eyes collect information by viewing the form. It is the philosophy of fire. The great bhūta fire is the source of power. It distinguishes beautiful and ugly things while the fire stays in eyes. Eyes cannot see without fire in eyes. It cannot collect information about form of things. Without fire in eyes, the ability to distinguish things as beautiful and ugly is lost. Fire is the source for eyes. The soul or ātma always stays in eyes as sun the master.

Sun collects information seeing the form  $(r\bar{u}pu)$  of things and distinguishes as beautiful and ugly. It also identifies them with their color. White  $(\dot{s}v\bar{e}ta)$  is the color that we see in milk, moon, shell, stars and others. Yellow  $(P\bar{t}a)$  is the color that is seen in certain flowers, champak flower and other with yellow color. Green (harita) is the color we see in grass, green moss and others having green color. Red  $(m\bar{a}njjs\dot{t}ha)$  is the color of blood and others with red color. Mixture of colors  $(kap\bar{o}ta)$  that we see on advertisement boards and other signs with different colors and black (Kruspa) is the color of hair, others with black color. These six differences in view is felt by the soul that stays in eyes as the master  $S\bar{u}rya$ .

Tongue collects information by taste. It is the philosophy of water. The great bhūta water is the source of power. It tastes both good and bad tasting things while the water stays. Tongue losing the philosophy of water cannot differentiate good and bad taste in things. It lacks the ability to collect information. For tongue to function water is the source. The soul or ātma always stays in tongue as Varuṇa as the master.

Varuna collects information about both good and bad tasting things. After tasting it distinguish as sweet, sour, bitter, hot, stringent or salty. These six differences in taste is felt by the soul that stays in tongue as the master Varuna.

Nose collects information by smell. It is the philosophy of earth. The great bhūta earth is the source of power. While earth stays in nose, it smells both good and bad. Nose cannot smell without the philosophy of earth. Due to cold or other problems smelling, both good and bad, is not possible. Then it lacks the ability to collect information. Nose to function earth is the source. The soul or ātma, always stays in nose as the master Aśvini.

Aśvini collects information smelling both good and bad things (*gaṅda*). After smelling it discriminates as good smell (*Sugaṅda*) or bad smell (*durgaṅda*). These two types of smell are always experienced by the soul as the master Aśvini.

## Organs for Work (Karmēṅdriyaṅgaļu)

Innu karmēndriyangaļu:

Vak, pāṇi, pāda, pāyu, Guhya, ī aidu karmēndriyangaļu.

Ivakke vivara:

Vāgindriyakke — Nāgavāyu; Sarasvati adhidēvate; alli suvākya, durvākya viṣaya.

Pāṇēṅdriyakke — Kūrmavāyu; Iṅdrana adhidēvate; alli ādāna, vidāna viṣaya.

Pādēndriyakke — Kṛukaravāyu; Viṣṇu adhidēvate; alli Gamana, āgamana viṣaya.

Pāyvindriyakke — Dēvadattavāyu; Mṛutyu adhidēvate; alli sarjana, visarjana viṣaya

Guhyēndriyakke - Dhananjayavāyu; Brahma adhidēvate; alli ānanda, anānanda visaya.

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This section describes karmēndriyas or organs of work. The five organs of work (karma) are tongue ( $v\bar{a}k$ ), hands ( $p\bar{a}n$ ), legs ( $p\bar{a}da$ ), anus ( $p\bar{a}yu$ ) and sex organs (guhya). These five perform work. They are called panĉahruṣīkas.

A person goes to forest with tools for cutting wood. He cannot perform the work of cutting while he is under the control of ātma or the soul. Mind associated with philosophy of air has the power to move the cutting tools. It is called organs of pańĉahruṣīkas.

Tongue gets power from Nāgavāyu to perform its work. When Nāgavāyu stays in tongue, it narrates stories easily and fluently without stammering. If tongue lacks

Nāgavāyu, it stammers and whatever it says comes out with great difficulty. This is the reason that Nāgavāyu is the source of power to the tongue. There the soul stays as Sarasvathi as the master. Ātma makes the tongue to say good (*suvākya*) and bad (*durvākya*) words. Suvākya is to talk pleasing words like saying please, etc. Durvākya is to say bad words like talking in singular words, cursing, abusing. Talking these type of words are its two functions.

Hands  $(p\bar{a}nl)$  get power from Kūrmavāyu to perform its work. When Kūrmavāyu stays in hands, hands holds things and also let go of them. Hands cannot hold or not hold things if it lacks Kūrmavāyu. This is the reason Kūrmavāyu is the source of power to the hands. There the soul stays as the master Indra. Ātma functions are to hold  $(\bar{A}d\bar{a}na)$  things and let go  $(vid\bar{a}na)$  the holdings. It continues these two functions.

Legs ( $p\bar{a}da$ ) get power from Krukaravāyu to perform its work. With Krukara air legs perform functions like going and coming. Without air it cannot function. This is the reason that Krukaravāyu is the source of power to the legs. There the soul stays as the master Viṣṇu. Ātma makes the legs to perform going ( $h\bar{o}ha$ ) and coming ( $b\bar{a}ha$ ) functions.

Guda or organs of excretion ( $p\bar{a}yu$ ) get power from Dēvadatta vāyu to perform its work. With Dēvadatta air it performs two functions namely storing (sarjana) and excretion (visarjana). Without Dēvadatta air, it cannot perform its two functions. For this reason Dēvadatta air is the source of power to the organs of excretion. There the soul stays as the master Yama. Ātma functions are to discharge of urine and faces from the body. After discharging, it closes the door so they are stored again till discharge. Ātma continues these two functions.

Sex organs (*guhya*) get power from Danańjaya air. Danańjaya in sex organs assists towards the growth of saṁsāra. Without Danańjaya air the organs cannot function. It cannot assist for the growth of saṁsāra. This is the reason Danańjaya air is the source of power to the sex organs. Ātma stays as the master Brahma. Ātma functions providing happiness (*ānaṅda*) that comes from sexual desire and acts

or the feeling of dejection (  $an\bar{a}na\dot{n}da$  ). Atma continue to provide these two functions.

### Ten types of air (Daśavāyugaļu)

Prāṇa, Apāna, Vyāna, Udāna, Samāna, Nāga, Kūrma, Krukara, Dēvadatta, Dhananjaya intivu daśavāyugaļu.

Ivakke sthāna, dharma, karma, varnangala vivara:

Prāṇavāyu - indranīla varṇa; hrudaya sthānadallirdu anguṣṭha tōḍagi ghrāṇāgra pariyanta satprāṇisikōḍu, uĉĉvāsa-niśvāsanangaisi, anna jīrṇīkaraṇavam māḍisutihudu.

Apānavāyu — harita varņa; guda sthānadallirdu, mala mūtrangaļa visarjanavam māḍisi, adhōdvāravam balidu anna rasa vyāptiyam māḍisutihudu.

Vyānavāyu – gōkṣīra varṇa; sarva sandhiyallirdu, nīḍikōḍihudanu, muduḍikōḍihudanu anumādisi, annapānavam tumbisuttihudu.

Udānavāyu - eļeminĉina varṇa; kanṭha sthānadallirdu, sīnuva, kemmuva, kanasa kāmbuva, ēļisuva, chardisi rōdanaṅgaļaṁ māḍisi annarasa āhārasthāpanavaṁ gaisuttihudu.

Samāna vāyu — nīla varṇa; nābhi sthānadallirdu, āpāda mastakapariyantaravu saprāṇisikōnḍu, annarasamam ellā rōmanāļangaļige hanĉikkuttihudu.

Ī aidu prāṇapaṅĉaka.

Nāga vāyu — pīta varņa; rōma nāļangaļallirdu ĉalaneyillade hādisuttihudu.

Kūrma vāyu — śvēta varṇa; udaralalāṭagaļallirdu, śarīramam tāļdu dēhamam puṣṭiyam māḍikōnḍu, bāya muĉĉutta terevutta nayanadalli unmīlanamam mādisuttihudu.

Kṛukara vāyu - anjana varṇa; nāsikāgrahadallirdu, kṣudhādi dharmangaļam negaļisi, gamanāgamangaļam māḍisuttihudu.

Dēvadatta vāyu — spaţika varṇa; Guhya, kaţisthānadallirdu, kuļļirdalli malagisi, malagirdalli ēļisi nindirisi ĉētarisi oralisi mātanāḍisuttihudu.

Dhananjaya vāyu — nīla varņa, brahmarandhra sthānadallirdu, karņadalli samudraghōṣavam ghōṣisi, maranakālakke nirghōṣamappudu.

Ivaidu nāgapańĉaka. Intivu daśa vāyugaļu.

This section describes the ten types of airs, their natural states (*sthāna, dharma*), work (*karma*) and color (verṇa). Prāṇa, Apāna, Vyāna, Udāna, Samāna, Nāga, Kūrma, Krukara, Dēvadatta and Dhananjaya are the ten types of air. These are their names.

The color of Prāṇavāyu is indranīla. Indra is red and nīla is black. So indranīla consists of four colors namely red, black, yellow and green. It stays in the heart (*hrudaya*). It gives power to the body from the tip of the toe nail to the tip of nose. It gives power to exhale (*uĉĉvāsa*) 16 inches of air from the body. Of the 16 inches of air, it utilizes 12 inches of air in the body. This is the nature of prāṇavāyu. It Assists in the digestion of food and drinks enjoyed by ātma. It is the work done by this air. Thus Prāṇavāyu has sthāna, dharma, karma and varna.

Apānavāyu is green (*harita*). It stays near the extremities (*guda*). It assists in the discharge of urine and faces from the body. Since pinḍa gets spoiled if kept open, it closes the door so the waste materials can be stored again till discharge is required. This is its nature. Its work is to make ātma to desire for food and drinks.

Vyānavāyu is milky white or color of cow's milk (*gokṣīra*). Buffalo milk is pure white. But cow's milk has reddish glow. If it takes the form of a body, its color is milky white. The body has 8,000 wynds. Ātma stays in each of

those wynd or lane (*sandhi*). Its nature is to provide power to nerves that are straight and bent by joining in them to make them straight. It stores food and liquids enjoyed by Ātma. It is its job.

Udānavāyu has the color of lightening (*eļeminĉina*). It stays in neck (*Kanṭṭha*). It gives power to that part of body. Sneezing, coughing, dreaming both good and bad types, waking, sleeping, throwing up undigested food, brings water in nose and eyes when throwing up, sweaty body during sadness are its nature. After throwing up the food and water, the remaining is placed in their places is its work.

Samānavāyu is Blue (*nīla*). It is like the blue beads worn in the ears. It stays near the navel (*Nābhi*). It gives the power to the body from legs to the head. The food enjoyed by ātma and digested food called kiṭṭa is in the liquid form. It distributes to the 80 million hair like tubes or pulses. This work is done very meticulously. It is like the work of a farmer that grows cumin. He waters his plant in such a way that the plants do not starve or receive excess water.

These five types of air are with ātma. They are called prāṇapancaka. This name was given because these five air came with ātma. They live with ātma. They assist ātma while he is in the body. They leave the body with ātma like the sun rays goes with the sun.

Nāgavāyu is yellow (*pīta*). if it takes a body the color is yellow. It stays without movement in hair follicles or the 80 million hair like tubes (*rōmanāļa*). Irrespective of tiredness it helps to sing musical note 'A'. It is its work.

Kūrmavāyu is white (śvēta). It stays in fore head and head (*Udara*). It takes responsibility for the entire body. It helps to take sufficient food and liquid by mouth through the action of opening (*terevutta*) and closing. It is its nature. It makes both eyelids to blink like a dieing bird. This is its work.

Kṛukara air is black (*aṅjana*) like the color of mascara. It stays in the nose (*nāsika*). It causes to sneeze and also makes the body hungry. It is its nature. It is

responsible for concentration, going and coming. They are its work.

Dēvadatta air has the color of crystal (*spaṭika*). It stays near the sex organs and also at the waist (*guhya*). While sitting it creates lathargy and while resting on a bed leans for support. If sleeping it wakes and makes to stand up straight. It gives the power to awake. It is its nature. It makes to talk moving from side to another. Its work is to talk.

Dhananjaya vāyu is blue (*nīla*) in color. It is like the blue earrings worn by men. If it takes a body the color is blue. It stays at brahmarandra. It makes the sound that occurs in ocean. It is its nature. During the time of death sound stops. There are two kinds of death, namely quick death and long death.

Navabhrū sapta karņēṣu pancanētra trināśakam | Eka rātrantu janmā ca mruta cihnānyadhīyatē ||

The above verse says ātma that dies long has no hairs on top of the eyes on the ninth day. It does not hear on the seventh day. It has blurred vision on the fifth day. It does not see the end of nose on the third day. The tongue does not make sound on the last day.

Ātma that dies quickly, there are no hairs on top of eyes on the ninth ghalige. It does not hear on the seventh ghalige. It has blurred vision on the fifth ghalige. It does not see the end of nose on the third ghalige. The tongue does not make sound on the last ghalige.

In addition there are other signs before death occurs. This is the reason there is silence during death. This is the work of Dhananjaya vāyu.

These five are called Nāgapancaka. They are associated with the body.

Prāṇapaṅĉaka airs are the five types of air. They came with ātma. They live with ātma. They assist ātma while he is in the body. They leave the body with ātma like the sun rays go with the sun. Nāgapaṅĉaka airs do not leave with ātma. Nāga leaves the body one ghalige after ātma

leaves the body. Kūrma, Krukara and Dēvadatta leave the body after ātma leaves in two, three and four ghaliges respectively. Even after departure of these four from body Dhananjaya air does not leave the body. If the body is buried, the air Dhananjaya leaves the body only after the body swells, smells and adding other characters to the body. If the body is cremated, the Dhananjaya air leaves only when the body is completely burnt and the head explodes. It joins the mahāvāyu. The above is the description of different types of air found in the body.

### Emanation of four Karaṇas (Karaṇa ĉatuṣṭayaṅgaļutpatti)

Avugaļa utpatti, tadbhūta, adhidēvatā, sukarmangaļu entendade:

Ātmanu ākāśavemba mahābhūtamam kūḍidaḍe Jñāna puttittu.

Ātmanu vāyuvemba mahābhūtamam kūḍidaḍe manassu puṭṭittu.

Ātmanu agniemba mahābhūtamam kūḍidaḍe ahaṅkāra puṭṭittu.

Ātmanu appuemba mahābhūtamam kūḍidaḍe buddi puṭṭittu.

Ātmanu pruthviemba mahābhūtamam kūḍidaḍe ĉittu puṭṭittu.

Intu mana, ahankāra, buddi, ĉitta embivu karaṇa ĉatuṣṭayaṅgaḷu.

#### Ivakke vivara:

Manassinge - vāyuvemba mahābhūta; Ĉandranadhidēvate; alli sankalpa vikalpavam mādisuttihudu.

Aharikārakke — agniyemba mahābhūta; Rudranadhidēvate; alli ahambhāvadirida aharikarisuttihudu.

Buddige - appuvemba mahābhūta; Nārāyaṇanadhidēvate; alli buddi niśĉayisuttihudu.

Ĉittakke - Pṛutviyemba mahābhūta; Brahmanadhidēvate; alli sthiradinda avadharisi ānandisuttihudu.

Intivu antaḥkaraṇa ĉatuṣṭaya.

Karaṇa ĉatuṣṭayas are mana or mind, buddi or wisdom, ĉitta or soul and ahaṅkāra or pride. They were formed from sky, air, fire, water and earth. Their masters assist ātma to perform work.

Ātma uniting with sky knowledge took birth. Ātma uniting with air, fire, water and earth, mind, pride, wisdom and ĉittu took birth respectively. This is how mind, wisdom, pride and ĉitta took birth. These four collect information staying with ātma. So, they are called Karaṇa ĉatuṣṭayas.

Vāyu is the mother to mind. Vāyu cares mind by giving power to function. Ātma stays there as Moon or Ĉaṅdra as the master. There he performs two types of work called saṅkalpa and vikalpa. Saṅkalpa is to believe in things that are not true. For example - Early in the morning, a person is afraid on seeing a rope or a stick at a distance. He thinks it to be a snake. Vikalpa is to learn the truth. After close examination the person learns that it is indeed a rope or a stick. In addition it is responsible for learning and forgetting, jñāna and ajñāna (ignorance).

Pride gets the power to function from agni. Pride is the union of  $\bar{a}$ tma with agni. So agni is the source of power to pride.  $\bar{A}$ tma stays as the master Rudra. There, with the pride 'I and mine' thinks to be superior to others in education, knowledge, race, motivation, bravery.

Buddi gets the power to function from water. Ātma joining with water came buddi. So water is the source of power to buddi. Ātma stays as the master Nārāyaṇa. There, his function is to confirm (*niśĉayisu*) buddi or wisdom like cheating, worldly knowledge, hatred.

Ĉitta gets the power to function from earth. Ātma joining with earth resulted in ĉitta. So earth is the source of power to ĉitta. Brahma is the master. There, he gives the illusion that the universe and the samsāra are true by making ātma to enjoy miniscule of happiness.

### Body and it's tenant (Dēha Dēhigaļu)

Bhūta panĉaka, Vāya panĉaka, Indriya daśaka, karaṇa ĉatuṣṭayaṅgaḷenipa ĉaturviṁśati tattvavahaṅtahadīga dēha; Panĉa viṁśati tattva vahaṅtaha ātmanu dēhi; Ā ātmaṅge Jñānēṅdriyave ĉitsvarūpu; Paraśivanādhidēvate; sarvātmaralliyū ĉaitanya svarūpanāgi tōḷagi bēḷaguttihanu.

Intivu dēhadēhingaļa vivara.

Dēha is the body and dēhi is the one that occupies the body. The birth of body is from the 25 philosophies. Bhūta pancakas are earth, water, fire, air and sky. Vāyu pancakas are prāṇa, apāna, vyāna, udāna and samāna. Indriya daśakas are five jñānendriyas and five karmēndriyas. Jñānendrias are ears, skin, eyes, tongue and nose. Karmēndrias are tongue, hands, legs, organs of excretion and sex. Karaṇa catuṣṭayas are mana, ahankāra, buddi and citta. Dēha is due to the above twenty-four philosophies.

The body is supported by ātma. It is responsible for jñāna. It is the soul, the twenty-fifth philosophy. Soul is the one that gives the power to body. He is the occupant. For that soul jñānēndriyas are the one that provides knowledge for the discrmination of good and bad words, taste, smell, happy-sad and deeds. Paraśiva is the master for ātma. He is present everywhere and in everything. He is the source of power. He shines. This is the relation between body and ātma.

### Five Vimśati philosophies (Pańĉavimśati tattvangaļu)

Innu manasādi karaṇaṅgaļu parāśakti svarūpu; prāṇādi vāyugaļaidu ādiśakti svarūpu; bhūmyādi bhūtapaṅĉakavu iĉĉāśakti svarūpu; śrōtrādi Jñānēṅdriyaṅgaļaidu Jñānaśakti svarūpu; vāgādi karmēṅdriyaṅgaļaidu kriyāśakti svarūpu; intivu paṅĉaśakti svarūpu. Ātmavū sēri paṅĉaviṁśati tattvaṅgaļu.

There are five types of śaktis or powers with Paraśiva. They are Parā, Ādi, Iĉĉā, Jñāna and Kriya śaktis. The twenty-four philosophies responsible for the birth of body and the soul are under these five śaktis. They perform their duties and finally unite with Paraśiva. The four karaṇas, mind, pride, wisdom and ĉittu are under Parāśakti.

Prāṇa, Apāna, Vyāna, Udāna and Samāna airs took birth from Ādiśakti. They grew from Ādiśakti. They perform under Ādiśakti. Finally they merge with Ādiśakti.

Earth, water, fire, air and sky were born from Iĉĉāśakti. They grew and perform under Iĉĉāśakti. Finally they merge with Iĉĉāśakti.

Ears, skin, eyes, tongue and nose were born from Jñānaśakti. They grew and perform under Jñānaśakti. Finally they merge with Jñānaśakti.

Tongue, hands, legs, organs of excretion and sex were born from Kriyāśakti. They grew from Kriyāśakti. They perform under Kriyāśakti. They end in Kriyāśakti.

The above is the forms of the five Śaktis. They are the five bodies of Paraśiva. They took birth from Parāśakti. These śaktis are raised by Parāśakti. Finally they merge with Parāśakti. Including ātma they are the five paṅĉaviṁśati philosophies.

### Ten types of Nāḍis (Daśa Nāḍigaļu)

Iḍā ĉa piṅgaḷa ĉaiva suṣumnā ĉa tṛutīyakī Gāṅdhārī hasti jihvā ĉa pūṣā ĉaiva payasvinī | Alaṁbū lakuhā ĉaiva śaṅkhinī daśanādikāh |

endudāgi,

Idā ĉandranāļa; Pingaļā sūryanāļa; Suṣumnā madyanāļa; Gāndhāri balada nētra; Hastijihvā eḍada nētra; Pūṣā balada karṇa; Payasvinī eḍada karṇa; Alambu mēḍhranāļa; Lakuhā gudanāļa; Śankhinī nābhināla.

Intivu daśa nāḍigaļu.

Ivakke adhidēvategaļu:

Idege Hariyadhidēvate; Pingaļege Brahmanadhidēvate. Suṣumnege Rudranadhidēvate; Gāndhārige Indranadhidēvate. Hasti jihvege Varuṇanadhidēvate; Pūṣege Digdēvateyadhidēvate. Payasvinige Padmōdbavanadhidēvate; Alambuvige Sūryandhidēvate. Lakuhage Bhūmiyadhidēvate; Śankhanige Ĉandranadhidēvate.

Intivu daśanāḍigaļa adhidēvategaļu.

There are seventy-five thousand nāḍis (arteries and veins) in the body. They are like a grown banyan tree. They are completely developed. Among all nāḍis one thousand five hundred are responsible nāḍis. Seven hundred are important. Fifty are primary nāḍis. Twenty-eight are useful. Of them ten nāḍis are the most important. Their positions, works and their masters are described.

Iḍā, Piṅgaļā and Suṣumnā are the most important nāḍis. Gāṅdhārī, Hastijihvā, Pūṣā, Payasvinī, Alaṁbū, Lakuhā, and Śaṅkhinī are the other seven nāḍis.

Iḍā is left nostril. It is called ĉandranāļa and is related to Moon. Nārāyaṇa is the master. He resides there and controls 16 inches of air to exhale. It is called rēĉaka.

Pingale is the south nostril. It has the relation with the philosophy of sun. Brahma stays as master and responsible to cut off 4 inches of air and keeps the remaining 12 inches.

Suṣumne is in between Iḍā and Piṅgaḷe. It faces upward and to the west side of the nostril. Rudra stays as master and makes 10 out of 12 inches of air to stay.

Gāndhārī refers to the right eye. Indra stays as master. He makes the eye to view many types of colors. Hastijihvā refers to left eye. Varuṇa stays as master and responsible to create fatigue to sleep.

Pūṣā refers to right ear. Digdēvate stays as master. He is responsible for listening musical and other sounds. Payasvinī refers to left ear. Padmōdbava stays as the master and responsible to create desire to listen instrumental musical sounds.

Alambū refers to nādis in the sex organs. Sūrya or sun stays as the master and responsible to create hunger and desire.

Lakuhā refers to nāḍis that excrete. Earth stays as the master and responsible to carry the body weight.

Śaṅkhinī refers to nāḍis of naval. Ĉaṅdra stays as the master and responsible to suppress hunger and other desires.

## Eight types of Souls (Aṣṭātmaṅgaļu)

Jivātma, Antarātma, Paramātma, Nirmalātma, Śuddhātma, Jñānātma, Mahātma, Bhūtātma.

Intivu Astātmangaļu.

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There are eight ātmas in the body. They are: Jivātma, Antarātma, Paramātma, Nirmalātma, Śuddhātma, Jñānātma, Mahātma and Bhūtātma.

Jivātma is with the idea that he is the body. Antarātma thinks about himself and learns that the body is not eternal. Paramātma learns the philosophy of being one with Paraśiva. Nirmalātma keeps away from aṇava, māya and kārmika impurities. Śuddhātma, as the saying 'śuddha antaḥkaraṇō dēhī', is pure both inside and out side of body. Jñānātma spends time in discussions, discourses to enrich knowledge. He does not participate in ignorant things. Mahātma is generous and engages in activities to help others. He distributes wealth to the poor, eyes to the blind, legs to the lame. Bhūtātma is kind and supports all animals. The above eight different works are from a single ātma.

## Eight types of Bodies (Aṣṭa Tanugaļu)

Sthūlatanu, Sūkṣmatanu, Kāraṇatanu, Nirmalatanu, Ānaṅdatanu, Ĉinmayatanu, Ĉidrūpatanu, Śuddhatanu.

Intivu antarangada astatanugaļu.

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There are eight types of bodies associated with ātma. The names are Sthūla, Sūkṣma, Kāraṇa, Nirmala, Ānaṅda, Ĉinmaya, Ĉidrūpa and Śuddha.

Sthūla body has the philosophy of earth and water. Sūkṣma body has the philosophy of fire and air. Kāraṇa body has sky and ahankāra. Nirmala body is without any impurities. It is formed by uniting tongue, hands, legs, organs of excretion and sex (Karmēndriyas). Ānanda body is from sound, touch, form, liquidity and smell (Panĉabhūtas). Ĉinmaya body is from eyes, ears, nose, tongue and skin (Jñānēndriyas). Ĉidrūpa body is from Prāṇa, Apāna, Vyāna, Udāna and Samāna airs (Prāṇapanĉaka). Śuddha body is from Jñāna, Manassu, Ahankāra and Buddi (Karaṇa ĉatuṣṭayas). These eight bodies are due to the imbalance in the philosophy associated with them.

### Inner Prides (Antarangadastamadangalu)

Samsthita, Trunīkruta, Vartini, Krōdini, Mōhini, Atiĉāriņi, Gandāĉāriņi, Vāsini

Intivu antarangada astatanugaļu.

Gandāĉārini and Vāsini.

Mind has eight internal prides (*mada*). They are Samsthita, Tṛuṇīkṛuta, Vartini, Krōdini, Mōhini, Aticariṇi,

Ātma took many births. Repeated births of ātma made him to develop pride. Ātma with Samsthita pride thinks he is the body. Trunīkruta pride talks loosely about learned and elders. Vartini pride shows interests for others money, wives, wealth, Gods and scolding.

Krōdini pride does not accept his faults. If some one corrects his acts by saying they are not suitable. With pride answers that he knows every thing. He is the one who taught swimming to the baby fish. It is like the mother of three advising to the mother of six. The grand daughter teaching how to cough to her grand mother. With arrogance he seeks a fight. It is due to krōdini pride.

Mōhini pride thinks always of himself, his wife and children. He is like a dog with a piece of meat in its mouth.

Atiĉāriṇī pride acts but afraid for sayings. He changes like a mad dog. He behaves improperly with his loved ones.

Gaṅdāĉāriṇī pride is the influence from the three types of impurities namely aṇava, māya and kārmika.

Vāsini pride desires for happiness not associating with the learned. It is like storing asafetida in a piece of cloth. The cloth keeps the smell over three months. Similarly, ātma by associating virtuous people, listening to learned people, even without the three types of impurities, desires for happiness. It is Vāsini pride.

### Outer Prides (Bahiraṅgadaṣṭa Madaṅgalu)

Kulam ĉalam dhanam ĉaiva rūpam yavanamēva ĉa | Vidyā rājyam tapaśĉaivamētē ĉāṣṭamadāḥ smṛutāḥ ||

endudāgi,

Kula, Ĉala, Dhana, Rūpa, Yavana, Vidyā, Rājya and Tapa

Intivu Bahirangada aştamadangaļu.

External prides are from Kula, Ĉala, Dhana, Rūpa, Yavana, Vidyā, Rājya and Tapa.

Kula pride comes from being born in the upper caste. It can also from race. With this pride a person makes fun of other caste.

Persons with ĉala pride challenge persons with kulamada. Challenging is due to ĉalamada. He wishes to prove superiority over others.

Pride comes from wealth. With the accumulation of wealth persons act differently among people without much wealth.

Rūpa pride is due to appearance. Persons get pride from beauty. Those considering themselves beautiful think and act differently with those they are not.

Yavana pride is associated with age. A young person making fun of an elderly person.

Vidya pride associated with education. A learned teasing an illiterate.

Rājya pride is due to the power of the office currently occupied. Certain actions of our elected officials towards voters are from this pride.

Tapa pride comes by performing tapas or penance. Those performing penance acts differently with those not doing penance.

### Pride (Aṣṭamūrty Madaṅgaļu)

Pṛuthvi, Salila, Pāvaka, Pavana, Ambara, Ravi, Śaśi, Ātma Intivu asta mūrti madangalu.

Ivakke vivara:

Pruthvi madavettidalli - Tanu guna bharitanāgi vastra ābharana anulēpana tāmbūlamam bayasuttihanu.

Salila madavettidalli - Samsārabharitanāgi enage bēku, manege bēku, makkaļige bēku ennuttihanu.

Pāvaka madavettidalli - Kāmyarasabharitanāgi karesabēku, nōḍabēku, nuḍisabēku, Alaṅgisabēku ennuttihanu.

Pavana madavettidalli - Prayāṇabharitanāgi hōdehe, koṅḍehe, baṅdehe, koṭṭehenu enuttihanu.

Ambara madavettidalli – Vāhanabharitanāgi āne bēku, kudure bēku, andaļa bēku, sēne, taļa, tantra, chatra, cāmarangalu bayasuttihanu.

Ravi madavettidalli – Kōpāgnibharitanāgi sādisehe, bhēdisehe, koṅdehe, tiṅdehenu enuttihanu.

Śaśi madavettidalli - ĉiṅtābharitanāgi ādītō āgadō? Iddītō illavō? Ēnō eṅtō eṅdu ĉiṅtisuttihanu.

Ātma madavettidalli - Ahaṅkāra bharitanāgi enniṅda ballidarilla; enaginnārū idirillaveṅdu ahaṁbhāvadiṅda ahaṅkarisuttihanu.

Intivu astamūrty madangaļu

There are eight types of pride from earth, water, fire, air, sky, moon, sun and ātma. Their nature is described.

Pruthvi pride is associated with the philosophy of earth. Having pride of earth ātma associates with the twenty-five characteristics of earth. He desires to wear various types of colored clothes, different ornaments made from gold, diamond and other precious metals and many types of perfumes to his body. The following verse says:

Tāmbūlam kaṭutiktamuṣṇamadhuram kṣāram kaṣāyānvitam Vātaghnam krimināśanam kaphaharam maṅdasya dīpāgnikam Strīsambhāṣaṇabhūṣaṇam ratikaram śōkasya viĉĉēdanam Tāmbūlē tadapi trayōdaśaguṇāḥ ssvargē(s)pi tē durlarbhāḥ ||

Jīva craves for areca nuts and leaves. When this pride shows up even the poor cannot escape from desire. The desire for the above things are due to the pride associated with earth.

Salila is associated with water. With this pride ātma becomes a saṁsāri. He desires wealth, women, property and children. In addition he desires for things like clothes, jewels and other things for wife, servants, clothes for his children, toys for them to play and other things. He craves for the above things with pride associated with water.

Agnikāṣṭḥṅĉa darvī ĉa taṅḍulaṁ bhāṅḍabhājanam | Payaśśākhā ĉa lavaṇaṁ navōktaṁ pākalakṣaṇam |

The verse suggests nine things (fire, wood, ladle, rice, articles, vessel, milk, salt) as attributes for a recipe. Pāvaka pride associated with fire. With Pāvaka pride in ātma, he desires for love and affection. Ātma is under the influence of love god Manmatha. He desires for a girl. He wish to see for her beauty. He desires to talk with her and to embrace her. These are some of the desires for ātma with pride Pāvaka.

Pavana is associated with air. When this pride shows in ātma, he desires to travel. He takes enough money for expenses. He desire to visit different cities and countries. He

wishes to purchase articles of interest from the countries that he visits. He returns to his place to save the things he collected from his travel. He sells them for profit to care his family and children. These are the desires for ātma with Pavana pride.

Ambara is associated with sky. With this pride ātma experiences desires to travel on chariots or other vehicles. He seeks elephants, horses, carriage carried by humans for his travel. He desire for army, people to serve, ministers, people to carry umbrellas and to fan. Ātma with this pride desires for expensive vehicles, planes, staffs etc.

Ravimada is associated with the philosophy of sun. With pride he is with full of anger. He thinks that he can win over his enemies. He thinks that he can extrude like the smoke in a house of hay, like the water from a straw mat. He desires to eradicate and boasts that he won over his enemies. All these disturbances are due to this Ravi pride.

Saśimada associated with moon. With pride he thinks and plans to work completed or not. He thinks about things kept for safe keeping. Are they gone due to thievery or due to confiscation by the government? He keeps thinking.

Ātma experiencing pride thinks with arrogance. It thinks no one is superior in education, strength, beauty, richness and others. It is of the opinion none can stand ahead. I and mine stays with this type of pride. This pride is called Ātma mada.

### Seven liquids (Sapta Dhātugalu)

Rasō rudhiramāmsav ĉa mēdō majjā sthirētasaḥ | Dhātavaḥ saptadhā prōktā ssarvadēhasamāśritāḥ ||

endudāgi,

Rasa, rudhira, māṁsa, mēdassu, majje, asthi, śukla - iṅtivu sapta dhātugaļu.

Ivara utpatti vivara:

Undantaha annavēļu dinakke rasavahudu; ā rasavēļu dinakke rudhiravahudu; ā rudhiravēļu dinakke māmsavahudu; ā māmsavēļu dinakke mēdassahudu; ā mēdassu ēļu dinakke asthiyahudu; ā asthi ēļu dinakke majjeyahudu; ā majje ēļu dinakke śuklavahudu.

Ivara varnāmśikabhēda, tanuĉēstegalentendade

Rasakke – Kapilavarņada dhātu; pruthiyamsika, dēhavanaļukisuttihudu.

Rudhirakke – Nīlavarṇada dhātu; appuvinamśika, śarīrava naḍugisuttihudu.

Māmsakke — Raktavarṇada dhātu; agniyamsika, sarīrava kaļavaļisuttihudu.

Mēdassige - Mānjiṣṭha varṇada dhātu; mārutanamsika, sarīrava bedarisuttihudu.

Asthige – Kruṣṇavarṇada dhātu; ākāśadamśika, śarīrava ettara tattaravam māḍi maruļāgi nuḍisuttihudu.

Majjege – Tāmra varṇada dhātu; sūryanamsika, sarīrava ottarisi nudisuttihudu.

# Śuklakke – Śvētavarṇada dhātu; ĉaṅdranaṁśika, śarīrava kaṁpisi kaḷavaḷisi nuḍisuttihudu.

Intidu saptadhātugaļa varņādi vivara.

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There are seven types of liquids in the body associated with ātma. They are: Chyle (Rasaḥ), blood (Rudhira), flesh (Māmsa), delicate skin (Mēdassu), fat (Majjā), bones (Asthi) and semen (Rēta). Their birth, color and nature are described.

Chyle is in all parts of body. It aids blood. Flesh is also called as palala. Blood aids flesh. Flesh aids delicate skin. Delicate skin aids skin. Skin aids bone. Bone aids fat. Fat aids semen.

Food enjoyed by ātma on the first day becomes chyle in seven days. In the eighth month of pregnancy, ātma enters mother's womb. The chyle from mother provides food to baby through the naval. It is the food enjoyed by ātma during his first day. If ātma becomes ill from this food, it gets better by the grace of Paraśiva or from the learned.

The food consumed on the first day is digested from the fire called Udarāgni in the stomach. It is converted into chyle and kiṭṭa. Kiṭṭa is the food not digested. The kiṭṭa is excreted from the body. The chyle with the work of Samānavāyu is distributed to all parts of body. In some instances, it is further digested from fire called Mandāgni forming kiṭṭa and chyle again. Kiṭṭa is excreted in twelve places and the rest of the chyle is further digested to become hard and soft liquids. The hard liquid cares for karaṇēndrias. Soft liquid becomes pure chyle in seven days.

The pure chyle becomes blood in an additional seven days (14 days). The blood thus formed becomes flesh in another seven days (21 days). The flesh formed becomes delicate skin in another seven days (28 days). The skin formed becomes bones in another seven days (35 days). The newly formed bones becomes fat in another seven days (42 days). The fat becomes semen in another seven days (49 days).

Just described are the seven dhātus. They have different colors. They disturb the body differently.

Chyle has the color tawny. It is from the philosophy of earth. Chyle creates fear with increase in the body. Also it makes the body to a depressed condition.

Blood is red. It grew water. With increase of blood the body shivers like a person in the cold weather. He shivers like a person just coming out of cold water. He shivers like a person suffering from fever.

Flesh is blue. It is from fire. It makes body to crave for several things and for ātma to daydream.

Delicate skin has the color white. It is from air. It makes the body to fear.

Bones is black. It is like the color of mascara. It is from sky. It makes the person to act as if he has lost his mind.

Fat has the color of copper. It is from sun. With the increase he feels heaviness as if he is carrying heavy things on the chest. It makes ātma to be in a state of disturbance.

Semen is white. It is from moon. With the increase it makes the body of a man to feel like a women. It disturbs the mind regarding women and makes him to speak of them frequently.

The above are the description of the seven dhātus. They are created from the food that ātma eats from day one.

#### Worries (Sapta Vyasanaṅgaļu)

Tanu vyasana, manō vyasana, dhana vyasana, rājya vyasana, viśva vyasana, utsāha vyasana, sēvaka vyasana - intivu sapta vyasanangaļu.

#### Ivakke vivara:

Tanu vyasana vettidalli dēha baḍavāyitenutihanu. Manō vyasana vettidalli husi, kaḷavu, paradārava bayasutihanu.

Dhana vyasana vettidalli arthavam bayasutihanu. Rājya vyasana vettidalli vāhana, vastra, ābharaṇa, anulēpana, tāmbūlava bayasutihanu.

Viśva vyasana vettidalli gruha, kṣētra, sīmege saṁvādisutihanu.

Utsāha vyasana vettidalli putramitrakaļātrigaļa bayasutihanu. Sēvaka vyasana vettidalli hōdehe, bandehe, kondehe, koṭṭehenenutihanu.

Intidu sapta vyasanangaļa vivara.

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Ātma experiences seven types of vyasana (sadness). The sadness are from Tanu (Body), Mano (Mind), Dhana (Money), Rajya (Kingdom), Viśva (World), Utsāha (excitement) and Sēvaka (servant).

Ātma with tanu vyasana thinks the body is in poor condition. This thought occurs when stands in front of a mirror. The solution for this sadness is to eat and drink food that enhances the goodness.

Ātma with mano vyasana wishes to engage in devious acts of lying, stealing wealth and thinks to associate with other woman.

Ātma with dhana vyasana thinks of ways to earn money and wealth. It wishes to secure them.

Ātma with rājya vyasana desires for vehicles. It desire for good clothes, ornaments and jewels. It desires for

things of fragrance like perfumes, betel leaves and other things that gives pleasure.

Ātma with viśva vyasana desires for land, house and to move up the status ladder to become the head of the land and city.

Ātma with utsāha vyasana desires for healthy children with a long life span, good food, rich and beautiful spouse. He desires for good friends that are willing to sacrifice for his good.

Ātma with sēvaka vyasana desires to visit cities to work under important persons. He goes so he can occupy the position some day. He wishes to purchase things for his family and children to lead full and happy life with his family.

## Body Requirements (Şadūrmigaļu)

Bubhukṣā ĉa pipāsā ĉa prāṇasya manasaḥ smṛutau | Śōkamōhav śarīrasya jarāmṛutyō ṣaḍūrmayaḥ ||

Endudāgi,

Kṣuttu-pipāse, śōka-mōha, jarā-maraṇa. Intivu ṣadūrmigaļu.

Ivakke vivara:

Kṣuttu-pipāse ī eraḍu prāṇada dharma; śōka-mōha ī eraḍu manada dharma; jarā-marana ī eradu dēhada dharma.

This section describes the nature of six ūrmis. They are: Hunger (bubhukṣā), Thirst (pipāsā), Sadness (śōka), Affection (mōha), Birth (jarā) and Death (maraṇa).

Hunger and thirst are of prāṇa. Sadness and affection are of mind. Birth and death are of body.

Kṣuttu is hunger. Pipāse is thirst. Hunger is due to fire named udarāgni. It is a type of fire in the stomach. Ātma desires for varieties of food to suppress hunger and different types of liquids to quench its thirst. Both of these are the behavior of prāṇa. Ātma is happy if food and water are available. Then ātma stays in that body. Ātma may leave that body if they are not available. The fear of hunger and thirst are the behavior for ātma.

Śōka is to think about lost things that was very dear. It creates sadness. Mōha is to express disbelief for getting back lost things. Sad and happy are the behavior of mind. When the affectionate thing is lost sadness occurs in the mind. Similarly, when the lost thing is found, happiness reappears. Sadness and happiness are the two behavior of mind.

Jarā or birth is to coming out of the mothers womb. Maraṇa or death is the act of ātma leaving the body after experiencing good and bad. It is death. Birth and death are both the behavior of body. It is like a smith that pulls a bar of gold with a pair of tongs, pinda comes out of the mother at birth. It ends the dependency of the mother's womb. At the end of the cycle of life, it dies. Both birth and death are the experiences of body.

The above are the six ūrmis. It is like two waves, a man and woman. They hope to reach the shore. But their travel ends in the middle of the ocean due to a large wave. Similarly, ṣadūrmis disturbs the body and merges ātma in the ocean called samsāra. For this reason they are called ūrmis.

### Six Enemies (Ariṣaḍvargaṅgaļu)

Kāma, krōda, lōbha, mōha, mada, matsara. Intivu ariṣaḍvargaṅgaḷu.

Ari refers to enemy of ātma, ṣaḍvargas is the group

of six. Kāma, Krōda, Lōbha, Mōha, Mada and Matsara are the enemies of ātma. They are called ariṣaḍvargas.

Kāma is lust. It desires for others women. Krōda is anger. It destroys goodness of body. Lōbha is miser. It destroys things that gives eternal happiness and stays in samsāra. Mōha is affection. It destroys truth and follows false. Mada is pride. It engages in deceptive acts. Matsara is jealous. It does not accept characters of others. These are the ariṣaḍvargas.

A pile of straw is also called ari. The name ari came because thieves generally hide in the hills. They went to town to steal and returned to the hills after work. Similarly, these ariṣaḍvargas make ātma to stay in saṁsāra.

Kāmaḥ krōdhaśĉa lōbhaśĉa dēhē tiṣṭhaṅti taskarāḥ | Jñānaratnāpahārāya tasmājjāgrata jāgrata ||

Ātma wishes to join the devotional path. It travels in the devotional path but fails to continue due to the influence of the thieves named Kāma and others. Ariṣaḍvargas in body makes ātma to stay in saṁsāra. For this reason they are the enemies of ātma.

#### Illusions (Şadbhramegalu)

Jāti, varṇa, āśrama, kula, gōtra, nāma Intivu ṣaḍbhramegaļu

Ivakke vivara:

Brāhmaṇa, kṣatriya, vaiśya, śūdra, ī nālku jātibhrame. Varṇahadinenṭarōḷage śrēṣṭhanembudu varṇabhrame. Gruhasta, vānaprastha, kuṭīĉa, avadhūta ī nālku āśramabhrame.

Kannadiga, vāṇijya, kammarakula, tiguļa, īnālku kulabhrame. Kaśyapa, Bharadvāja, mōdalāda ruṣisamūha gōtrabhrame. Viṣṇu, brahma mōdalāda dēvatā samūhavu nāmabhrame.

Intivu şadbhramegalu.

This section describes the nature of pride from illusions namely Jāti, Varna, Āśrama, Kula, Gōtra and Nāma.

Vēdas classify people into four groups. They are Brāhmaṇa, Kṣatriya, Vaiśya and Śūdra. Brāhmaṇa is a devotee, a learned individual who instructs others about the righteous path. Kṣatriya is a warrior who engages in safe guarding the community and the people. Vaiśya is a merchant who engages in trade and business. Śūdra is a person who performs agriculture and other works. Persons in these four groups often think their class is the best. It is the result of jāti brahme or illusion.

This type of feelings can also be extended to the present. The population of any country can be classified into four groups, namely, professionals including lawyers, judges, educators; politicians that includes arm forces; merchants; and providers of services. People in these four groups, at times, may think they are the greatest. It is due to the group illusions which they belong.

Varṇa is color. There are eighteen colors. Saying 'I am the best', 'I am the best' is from illusions of color. This type of illusions exists even today.

Gruhasta is a married person. Vānaprastha is a person unattached with the worldly things. Kuṭīĉa is an unattached person that lives by collecting alms from people belonging to his group. Avadhūta is a person considered learned by his peers. These four group think that their position as the greatest. It is due to āśrama bhrame.

Kannadiga is the one who speaks the language Kannada and uses for his living. Vāṇijya is a person engages in trade. Kammarakula is a person engages in farming. Tigula is a person engaged in service to others. These four are due to kula bhrame. This type of bhrame applies to others who speak other languages.

Kaśyapa, Bharadvāja and other groups of sages is the illusion or gōtra bhrame. This follows the lineage of their family. They say that their lineage is the greatest. It is due to gōtra bhrame.

Viṣṇu, Brahma and other Gods is nāma bhrame. This is to think that their way of promoting rituals and other forms of worship are great. It is due to nāma bhrame.

### Distortions of Feelings (Şaḍbhāvavikāraṅgaļu)

Asti, jāyatē, vipariņamatē, vivardhatē, apakṣīyatē, vinaśyati.

#### Ivakke vivara:

Asti - garbhavuntēndenisuvudu. Jāyatē - jananiya garbhavāsadindande poramaḍuvudu. Vipariṇamatē - pariṇamisuvudu. Vivardatē - beļevudu. Apakṣīyatē - vārdhakyadinda kusivudu. Vinaśyati - keḍuvudu.

Intivu şadbhāvavikārangaļu.

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Distortions of feelings are from changes in the body. The distortion is due to: Asti, Jāyatē, Vipariṇamatē, Vivardhatē, Apakṣīyatē and Vinaśyati.

Asti gives the feeling of pregnancy. Jāyatē is the birth of baby. Vipariṇamatē is to enjoy the love of parents as child. Vivardhatē is the life from age 25 to 50 years. Apakṣīyatē is the life for the next 25 years. Vinaśyati is the life of an elderly person till death with or without health problems.

Bālavruddhabalam ĉakṣustvagbuddhiśrōtramindriyam | Utthānapatanē ĉaiva vaikāraḥ kathyate daśa ||

The above verse lists ten types of disturbances. They are: Bāla (young), Vruddha (elderly), Bala (strength), Ĉakṣu (eyes), Tvakku (skin), Buddi (knowledge), Śrōtra (talk), Indriya (organs), Utthāna (birth) and Patina (destruction) is distortions. Among the ten six of them are described here.

Asti tells that baby is in the mother. Baby stays for nine months. Jāyate is to come out of mother. Mother (Jananiya) is the place for baby before birth. When baby is born ātma is exposed. Vipariṇamate disturbance is for baby becoming part of paṅĉaviśaṅti of child. Baby enjoys by becoming the lovable and adorable child. Vivardha is to grow up as part of paṅĉaviśaṅti. This disturbance is during the 25-50 years. From Vivardha comes Apekṣiyate disturbance. After 75 years he looks without teeth, with bent back, holding cane in his old age. He becomes the subject for mocking by others. Vinsyati disturbance is part of paṅĉaviśaṅti of death. Completing 100 years all body liquids die only to reborn. These are the disturbances for ātma or sad bhāva vikāraṅqalu.

#### Treasuries of body (Pańĉakōśaṅgaļu)

Annamaya, prāṇamaya, manōmaya, vijñānamaya, ānaṅdamaya.

Intivu panĉakōśangaļu. Ivakke vivara:

Pārthivavādantaha sthūladēhavē annamayakōśa. Adarōļagaṇa indriyagaļē prāṇamayakōśa. Adarōļagaṇa antaḥkaraṇa vruttigaļe manōmayakōśa. Adarōļagaṇa buddiśaktiyē vijñānamayakōśa. A buddivruttiyanaļidu, bāhyavēnū tōrade ātma sukha uĉĉaļise ānandamayakōśa.

Intivu panĉakōśangala vivara

There are five treasuries or storage bins in the body. They are associated with ātma. The storage bins (kōśa) are Annamaya, Prāṇamaya, Manōmaya, Vijñānamaya and Ānaṅdamaya.

Kōśa is treasury, storage bin or any other thing used for storage. The name kōśa is given because the philosophies support themselves and organs support themselves like a banana plant that supports each layer of the plant.

The body with the association of earth is Annamaya. It is the stomach. It stores food and liquids and is in the center of the body.

Prāṇamaya is the works of jñānendrias and karmēndriyas that are in the body. They support to keep the forms of Prāṇa. It learns from touch, listens to sound, looks from eyes and talks. These and with the movements of arms and legs indicate that ātma is in the body. If jñānendrias and karmēndriyas do not function it suggests ātma has left the body. This is the reason for the work of jñānendrias and karmēndriyas are the treasuries of prāṇa.

Manōmaya refers to the works of ĉitta, buddhi and ahaṅkāra. They are Aṅtaḥkaraṇas of ātma. Ātma shows by remembering, determining, listening and having pride. They store information about form of things for the mind. These indicate ātma with mind. If they are not there, it indicates ātma has no mind or manassu. This is the reason that ĉitta, buddi and ahaṅkāra are the treasuries of mind.

Vijñānamaya is for the mind where information about ignorance is stored. Knowledge like cheating, deceiving, lying, knowledge of world and others from mind are also stored.

Being happy by ignoring information from mind about cheating, deceiving, lying, knowledge of world and others by not showing outwardly is Ānaṅdamaya. Ātma enjoys both happiness and sadness without showing outwardly.

### Afflictions (Pańĉaklēśaṅgaļu)

Avidye, asmite, rāga, dvēṣa, abhinivēśa

Intivu panĉaklēśangaļu.

Ivakke vivara:

Prathamadalli avidyeyentendade: ĉidrūpanembudam keḍisi, ānandavemba sukhavam marasi, eḍabiḍuhilladaruhe nānembudam biḍisi, nānu jīvanu, nānu samsāri, nānu pāśabaddhanu, nānu paśuvenisuva ajñānave avidye.

I ajñānadinda tōrida samsāraviṣayasukhava nānendū bidenendu ahambhāvada tōḍakina sukhave asmite.

Intī vişayasukhamam maĉĉi biḍalārade ĉintisuva buddiyanuḷḷade rāga.

Ida priyadinda hididu, bidade nova duḥkhavanuḷḷude dvēṣa.

Intī halavu prakārada viṣayasukhamam maĉĉi biḍalārade manada duḥkhavanuḷḷude abhinivēśa.

Intī panĉaklēśave sarvajīvarugaļalliyū beļedu pallavisi hudugikōndiruhudu.

Intī panĉaklēśangala vivara.

Things responsible for sadness (klēśa) are Avidye, Asmite, Rāga, Dvēsa and Abhinivēśa.

The old water shows up as current with green moss. Similarly, Māye or illusion shows up by making ancient ātma as current. There are three kinds of impurities associated with Māya. They are: aṇava, māya and kārmika. These impurities keep ātma in samsāra. They are: wealth, women,

earth, children, friends and culture. All of them took birth because of five types of sadness (panĉa klēśas).

Avidye or illiteracy is in the first place that leads to sadness. It destroys the idea that ātma is part of Paraśiva. Ātma has no idea of securing eternal happiness from the unity with Paraśiva. It erases the philosophy of Śiva and ātma. They are like fire and heat, gold and its color, flower and fragrance, sky and wind. Ātma cannot learn, there is no difference between them. Ātma thinks that 'I am the body'. Ātma created with the twenty-five philosophies. It thinks it is a samsāri or the one that loves the nature.

#### Ghṛuṇā lajjā bhayam śaṅkā jugupsāceti paṅcakam | Kulam chalam tathācāramastapāśāh prakīrtitāh ||

Ātma is caught by the five bonds. They are ghruṇā (aversion), lajjā (shyness), bhayaṁ (fear), śaṅkā (suspicion), jugupse (repulsion). These are called paṅĉapāśas. To these adding Kula (clan), ĉhala (persistence) and āĉāra (tradition) becomes aṣṭapāśas. With these eight ātma is caught in the web of saṁsāra. It becomes a paśu or animal. It is due to avidye.

Avidye leads to asmite. From avidye ātma is in samsāra. Ātma does not want to leave because of miniscule of happiness that comes from being in samsāra. Saying 'I and mine' it bonds with samsāra. The result is asmite.

Rāga is to think about the current situation. Without giving up the happiness ātma thinks how he got into the situation. It is Rāga.

Ātma holds the idea affectionately to enjoy miniscule of happiness. He does not let go. He suffers many types of sadness. It is dvēsa or hatred.

Ātma has trust in them. He is not able to let go the happiness. The sadness that occurs in his mind is called abhinivēśa.

These five are the cause for sadness in all jīvas. Avidye is like a bulb. It grows. Asmite is like the sprout. Rāga is the climber. Dvēṣa is like leaves and flowers. Abhinivēśavē is like seeds and fruits. This type of samsāra is

hidden in all jīvas. The sadness of  $\bar{\text{a}}\text{tma}$  are explained this way.

### Four things related to body (Aṅgaĉatuṣṭayaṅgaļu)

Anga, pratyanga, sāngānga, upānga. Intivu angaĉatuṣṭayangaļu.

Ivakke vivara:

Śirassu, ūrudvaya, bhujadvaya intivu anga.

Vadana, nāsika, karņa, adhara, kaṅgaļu. Aṅguligaļu iṅtivu pratyaṅga.

Mana, buddi, ĉitta, ahaṅkāra intivu sāṅgāṅga. Vastra, ābharana, anulēpanādipara chāye intivu upāṅga.

Intivu angaĉatustayangaļu.

There are four types of bodies associated with ātma. They are called Anga ĉatuṣṭayas. They are Anga, Pratyanga, Sāngānga and Upānga.

Aṅga includes parts of body. It includes head, legs, shoulders, arms and other parts. Pratyaṅga includes things beneficial to ātma. They are: face, ears, eyes, lips, legs and palms. Sāṅgāṅga includes mind, wisdom, ĉitta and pride. Upāṅga includes clothes, ornaments, perfume and other things that give miniscule of happiness.

Stroma is in Anga ĉatuṣṭayas. Head, thighs, shoulders are body parts. These are the stromas of ātma when he took birth. They are like an artist who draws pictures on a canvas, like the saying 'sarvēṣu gātrēṣu śiraḥ pradānam'. It means first the head is drawn, then the organs are drawn according to the shape and size of the head. Similarly, in the mother while being born, first head develops in the first month, shoulders develops in the second month, then the parts for the eyes, then other parts of body. This is the reason, at birth and while growing they become the organs of ātma. Also, they are responsible for

ātma to leave the body. For example, if the head is severed, or the shoulders were cut off ātma leaves the body. This is the reason why these organs are important during birth and while growing.

Ātma is helped by the organs in the body. They are: face, nose, ears, lips, eyes, hands, legs and twenty fingers. They are called pratyangas. Ātma does not leave the body for getting hurt on face, losing nose or ears, lips getting split, eyes going blind or losing fingers in hands or legs. He lives in the body making adjustments. This is the reason these organs are called pratyanga.

Sāṅgāṅga are mind, wisdom, ĉitta and pride. They assist ātma at birth while living in the body. When ātma leaves the body they leave with ātma like the rays of sun lose with the sun. This is the reason that these sāṅgāṅgas are with aṅga.

Upāṅga are cloths of all types and color, jewels and ornaments, perfumes and other fragrance materials. They are called upāṅga because they can be removed from the body.

### Problems with character (Guṇatrayaṅgaļu)

Satva, Raja, Tama Intivu gunatrayangalu. Ivakke vivara:

Satvakke; śvētavarṇa; rajakke rakta varṇa; tamakke kṛuṣṇa varna

Satyam jñānam tapō maunam tōṣakṣāntirvivēkitā Utsāhō niśĉayō dhairyam sātvikasya ĉa lakṣaṇam endudāgi,

Satya, jñāna, tapa, mauna, haruṣa, kṣame, vivēka, utsāha, niśĉaya, dairya ī hattu sātvika guṇaṅgaļu.

Garvaḥ krōdō(s)pyahaṅkārassatīsaṅgaḥ pralāpanam Apriyaṁ daṁbhamātsayav rājasasya ĉa lakṣaṇam eṅdudāgi,

Garva, krōda, ahaṅkāra, viṣayavāda, pralāpana, apriyavaĉana, daṁbha, matsara ī eṅṭu rājasa guṇaṅgaļu.

Ajñānamōhanidrāśĉa ĉāpalyam buddhihīnatā Pāpitvam parabādhatvam tāmasasya ĉa lakṣaṇam endudāgi,

Ajñāna, mōha, nidre, ĉāpalya, hīnavṛutti, pāpiṣṭhatva, parabāde (paraninde, parahimse) ī enṭu tāmasaguṇagaļu.

Intivu gunatrayangaļu.

Ātma associated with body has Satva, Raja and Tama characteristics. Satva characteristic is white. Truth, knowledge, penance, silence, happiness, clemency, wisdom,

energetic, determination and brave are the ten qualities of satva.

Truth (satya) - Truth is not to deviate from what is said. Performs the work without deviating. Shows respect to persons detached from the worldly things. Never tell lies. Even in the face of death does not lie. It is satya or the truth.

Knowledge (Jñāna) : The saying `uttamaṁ tattva ĉiṅtānāṁ'. Participate only in beneficial discussions is Jñāna or knowledge. It adds to the knowledge.

Tapa (Penanace): Performing penance in a secluded place consuming minimal food is tapa. Without desires for other women for a family man is tapa.

Silence (Mavna): The saying 'mavnēna kalahō vāsti'. It means silence puts an end to fighting and stops cursing and other things is mavna.

Happiness (Haruṣa): Happiness and sadness comes in many forms. Both happiness and sadness are considered equally is the sign of happiness or haruṣa.

Clemency (Kṣame): Offering clemency even in the face of grave mistakes or actions is kṣame.

Wisdom (Vivēka): Thinking of the consequences before acting is vivēka.

Energetic (Utsāha): Faces situations with enthusiasm and bravery is Utsāha.

Firm (Niśĉaya): Going ahead without the result is niśĉaya. Whatever happens is sure to happen.

Brave (Dairya): Not afraid of any situations is dairya.

These are the ten characteristics of satva. A person with these characteristics is a sātvīka

Rajas is red in color. It has eight qualities. They are: perkiness, anger, arrogance, arguing, talking, unfriendly talk, boasting and envy.

Garva is perkiness. As the saying 'garvam tungēna śirasā'. It is to neglect the good treatments of others with the impression that they are not worthy of treating him.

Krōda is anger. If some one advises about his garva, saying 'who are you to give advice to me' is anger.

Ahaṅkāra is arrogance. Thinking that I am superior to others is ahaṅkāra.

Viṣayavāda is arguing. Arguing with people about unimportant things.

Pralāpana is talking. It is talking over.

Apriya vaĉana is talking unfriendly. Your talk is not right for me, saying things that are not friendly to others is apriya vaĉana.

Dambha is boasting.

Matsara is envy. It is to keep hatred inside the body for an extended period.

These are the eight characteristics of rajas. A person with these characteristics is a rajasa.

Tama is black in color. Tama qualities are ignorance, affection, sleep, craving, bad deeds, with sin, giving trouble to others by abusing and cursing. These are the eight characteristics of tāmasa.

Ajñāna or ignorance is not knowing the truth about himself.

Mōha or affection is like a dog with a piece of meat in his mouth. He is more affectionate for his wife and children.

Nidre is to sleep like a log after having a feast. Ĉāpalya or craving to listen to good words. He plays game by acting and arguing is ĉāpalya.

Hīnavṛutti or bad deeds are illogical and indecent actions.

Pāpiṣṭhatva or with sin: with knowledge performs undesirable acts like killing makes the person to be a pāpi.

Parabāde is to give trouble to others, Paraninde is to abuse others and parahimse is to giving trouble to others. Without cause giving trouble to other persons is parabhāde. These are the characteristics of a tāmasa person.

### Problems with pride (Ahaṅkāratrayaṅgaļu)

Sātvikāhaṅkāra, rājasāhaṅkāra, tāmasāhaṅkāra, Iṅtivu ahaṅkāratrayaṅgaḷu.

Ivakke vivara:

Sātvikāhankāradinda sūryādi dēvategaļu puṭṭidavu. Rājasāhankāradinda śabdādi panĉaviṣayangalu puṭṭidavu. Tāmasāhankāradinda pṛuthvādi panĉabhūtangaļu puṭṭidavu.

Intivu ahankāratrayangaļa vivara.

There are three types of ahankāra or pride. They show in ātma associated with the body. They are Sātvīka, Rajasa and Tāmasa.

Śāntiśakti is from the formless Paraśiva. Parabrahma is from Śāntiśakti. Ĉittu is from Parabrahma. Kale is from Ĉittu. Prakruti is from Kale. Mahattu is from Prakruti and Ahankāra from Mahattu took birth. With the association of satva characteristics ahankāra becomes Sātvika ahankāra, with rajasa becomes rājasa ahankāra and with tāmasa, it is tāmasa ahankāra. These are the ahankāra trayangalu.

**Sātvika ahaṅkāra:** When ahaṅkāra associated with satva characters appears in jīva, sun and other divines took birth. Feeling of devotion is due to the association of satva characteristics. With increase of this devotional feeling, a person receives blessings of God including his presence.

**Rājasa ahaṅkāra:** When ahaṅkāra associated with rajasa characters appears in jīva, śabda and other five sense organs (viṣayas) were born. This type of ahaṅkāra occurs after eating a festive meal. It occurs while resting on a bed, viewing sports and in other similar situations.

**Tāmasa ahaṅkāra:** When ahaṅkāra associated with tāmasa characters appears in jīva, the five inanimate bhūtas were born.

These three types of ahaṅkāras are also common for the Paraśiva. When ahaṅkāra associated with satva

appeared in Paraśiva, surya, divines and ātma with the twenty-five philosophies took birth. When ahaṅkāra associated with rajasa appeared in Paraśiva, śabda and other five tanmātres began. When ahaṅkāra associated with tāmasa appeared in Paraśiva, the five inanimate bhūtas and all animals began.

### Problems in this world (Ihalōkada tāpatrayaṅgaļu)

Ādhyātmika, Ādhibhautika, Ādhidaivika Intivu ihalōkada tāpatrayangaļu.

Ivakke vivara:

Ādhyātmikadalli śārīra mānasa, endu eradu prakāra. Jvara, gulma, śūle, tridōṣa, navagraha, gōvu, pakṣirāja ivarindāda duḥkhavam śārīravembudu. Asūye, anasūye, mada, matsara, ĉintegaļindāda duḥkhavam mānasavembudu. Ī eraḍanu Ādhyātmikavembudu.

Śīta, uṣṇa, vāyu, siḍilu, miṅĉugaḷiṅdāda duḥkhavaṁ Ādhibhautikaveṁbudu.

Janana-maraṇa, nere-tere, hasivu-truṣe, ajñāna intivarindāda duḥkhavam Ādhidaivikavembudu.

Intī Ihalōkada tāpatrayangaļa vivara.

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Ātma born in this world after many births and deaths faces three types of sadness. They are: Ādhyātmika, Ādhibhavtika and Ādhidaivika tāpatrayas.

Ādhyātmika sadness is of two types. The sadness that affects the body (śarīra) and that affects the mind (mānasa). The sadness to the body are from twenty-eight types of fever (jvara), thirteen types related to spleen (gulma), eighteen types of diseases (śūle), from disturbances (tridōṣa) of vāta (air), bile (pitta) and phlegm (ślēṣma). One or more may cause problems to the body.

Ādityō maṅgaḷassōmō budhaścaiva bruhaspatīḥ Śukraśyanirati prōktaḥ rāhukēto tathaiva ĉa | Ityētē navagrahāśca brahmāṅḍaṁ dinamēva ĉa || The above verse says about nine celestial bodies called Navagraha. The first seven names are Āditya, Soma, Maṅgaḷa, Buda, Bruhaspati, Śukra and Śani. They corresponds to the seven days of the week beginning with Sunday. The other two celestial bodies are Rahu and Kētu. They are beneficial but they are not seen. Sadness that comes from both domestic and wild animals, birds and other winged animals are examples of grahas or celestial bodies.

Sadness results because of envy or not to envy about others happiness, fortune or misfortune. Shows off with pride, being jealous, not accepting others character and worry for things that happens affect the mind (mānasa). Both of these are called Ādhyātmika.

Sadness that comes from cold (śīta) and rain are due to the philosophy of water. Sadness that comes from hot (uṣṇa) sun, fire and others are due to fire. Sadness from tornados are due to air and thunder (siḍilu), lightening (mincu) are due sky. The sadness comes from these are called Ādhibhavtika.

Sadness from birth, death, old age, hunger, thirst and ignorance are from Paraśiva himself. The sadness from these are due to Ādhidaivika.

## Problems in heaven (Svargalōkada tāpatrayaṅgaļu)

Kṣaya, atiśaya, sahasā patana.

Intivu Svargalōkada tāpatrayangaļu.

Ivakke vivara:

Kṣayaveṅdaḍe – sukṛuta tīruvudu, Atiśaya veṅdaḍe - tanniṅda ballidaruṅṭe eṁbudu. Sahasā Patana veṅdaḍe - keḷayiṅke nōṅkuvudu.

Intivu Svargalōkada tāpatrayangaļu.

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Jīva may end in heaven performing all kinds of penance, yāgas and other good deeds. Even in heaven ātma cannot escape from the three types of sadness. They are: Kṣaya, Atiśaya and Sahasā patana.

Kṣaya is the sadness that comes from the loss of pleasure. Atiśaya is due to others happiness. Sahasā patina is from fear. These are the three types of sadness ātma experiences in heaven.

Kṣaya is like the lamp that burns till there is oil and then it burns out. Similarly ātma learning the pleasures from good deeds on earth are exhausted in heaven.

Atiśaya is to say there exist people better than me. It is Atiśaya.

Sahasā Patana is the fear of returning to earth after exhausting the benefits of good deeds.

Ātma experiences these sadness in heaven.

### Problems for body (Tanutrayaṅgaļu)

Stūlatanu, Sūksmatanu, Kāraṇatanu.

Ivakke vivara:

Pāṅĉabautikavādudē Stūlatanu;

Vāyupancaka, indriyadasaka, manabuddhigaļeradu; intī hadinēļu kūdida lingabautikavē Sūksmatanu.

Aharikāra, ĉitta, ātmasamyōgadindādude kāraṇatanu.

Intivu Tanutrayangaļu.

Innondu prakāradinda pēļalpadugum-

Pruthvi appugaļeraņu Stūlatanu; Agni Vāyugaļeraņu Sūkṣmatanu; Ākāśa- ahammugaleranu Kāranatanu.

Intivu Tanutrayangala vivara.

There are three types of body (Tanutrayangalu). associated with ātma. Stūla, Sūkṣma and Kāraṇa are the three.

Stūla body formed from the five philosophy of the earth. Sūkṣma body formed from the union of eighteen called Liṅgabavthika. They are five each vayupaṅĉakas, jñānēṅdriyas and karmēṅdriyas, mind and buddhi. The union of these seventeen makes eighteen. Kāraṇa body formed with the union ahaṅkāra, ĉitta and ātma.

Alternatively, stūla body is from the philosophies of earth and water. Sūkṣma body is from the philosophies of fire and air. Sūkṣma body is also called formless body with feelings of happiness and sadness. It is the body of Linga. Kārana body is from the philosophies of sky and ahaṅkāra.

The formless kāraṇa body is explained in another way by a different philosophy. The philosophy of earth responsible for carrying everything and of water that is in every liquid joining together forms stūla body. Dananjaya philosophy burns everything. The Samīra philosophy of air wanders everywhere. The ambara philosophy of sky shines in every place. These three together becomes jīva. Before it is said that body is from the philosophies of the five bhūtas namely panĉabhūtas. Secondly, it is said from the two philosophies each formed a body. Now there are only two types of forms and three types of jīvas.

As long as the soul lives in the body, it looks there is only one body from pańĉabhūta. After ātma leaves the body, the philosophy associated with earth and water remains in earth, but the philosophies associated with fire, air and sky leaves the body with ātma just like the sunrays goes with the sun. So there are only two forms of body and three forms of jīva.

### Problems for jīva (Jīvatrayangaļu)

Pṛuthvi, appugaļeraḍu sthūladēha; agni, vāyu, ākāśa ī mūru jīvanu.

Viśva, taijasa, prājña.

Intivu jīvatrayangaļu.

Ivakke vivara:

Alli jīvanu viśva vyāptiyanaidalu viśvanu. Alli jīvanu taijasa sambandhadim pariye taijasanu. Alli jīvanu lēsāgi kattaleyōļagirdanāgi prājñanu.

Intivu jīva trayangaļa vivara.

There are three types of jīvas namely Viśvajīva, Taijasajīva and Prājñajīva.

Ātma has desire. Affliction, affection, birth and death are the four ropes. They bound ātma to this world. The saying 'viśvasya māyā prapanĉa raĉanā' means jīva associates the worldly things seeking fame. Jīva with desire is caught in the web of samsāra. He is a viśvajīva. Jīva caught in the web of māya by the four ropes continues with the assistance of organs. He is a taijasajīva. Jīva staying in the web of māya performs in the shadow of kāraṇa body. He is a prājñajīva. This is the descriptions of jīvatrayaṅgaļu.

## Problems for soul (Ātmatrayaṅgaļu)

Jīvātma, Antarātma, Paramātma. Ivakke vivara:

Ātmanu samsāravyāpiyantha jīvana berasalāgi jīvātmanu. Ātmanu samsārava hōddiyū hoddanāgi antarātmanu. Ātmanu samsārava bittu nihkalanāqippanāgi paramātmanu.

Intivu Ātmatrayangaļu.

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There are three types of ātmas namely Jīvātma, Antarātma and Paramātma.

Jīvātma is ātma with desires. He associates with body. Antarātma is with knowledge. Even though he is in samsāra, he thinks of salvation. Paramātma is ātma that frees from the bonds of samsāra to unite with Paraśiva. He becomes Paraśiva himself,

# Problems of status (Avasthātrayaṅgaļu)

Jāgra, svapna, suṣupti.

Intivu Avasthātrayangaļu. Ivakke vivara:

Alli eĉĉattihude jāgra. Alli kansu kāṁbude svapna. Alli maimaredihude suṣupti.

There are three states of ātma. The three states are awake (*Jāgra*), dream (*svapna*) and sleep (*susupti*).

Ātma is in the awake state with the eyes opened. With the twenty-five philosophies is awake in the absent minded shadow of sthūla body. Ātma conducts business from the five sense organs. This state is called jāgra state.

In dream and sleep states, nature and ĉitta, prāṇa, vāyu stop their activities in stūla and sūkṣma bodies. It ceases all outside and inside activities. But it enjoys the world of māya or illusion. It is called suṣumnya state.

# Three types of taints (Tridōṣaṅgaļu)

Vāta, pitta, ślēşma.

Intivu tridōṣṅgaļu

Rody experiences problems due to the influence of

Body experiences problems due to the influence of shortcomings Vāta, Pitta and Ślēṣma.

There are eighty-one types of diseases due to Vāta. This is due to the imbalance in the philosophy of air. There are sixty-four types of diseases due to Pitta. They are due to the imbalance of fire. There are two hundred fifteen types of diseases due to Ślēṣma or phlegm. They are due to the imbalance of water.

It is said 'pādādi nābhi paryantam' vātarōga mihōĉyate'. It means, diseases affect the body from leg to navel due to imbalance of vāta. From navel to neck due to imbalance of pitta. In the head due to imbalance of ślēṣma. These three trouble the body from the beginning to the end of life. Diseases during childhood are common due to vāta, during adulthood due to pitta and during old ages due to ślēṣma. These three are also responsible for ātma to act stupid, angry and calm respectively.

Persons with vāta related diseases can get relief from hot-spicy food and hot environment. He keeps his body covered all the time. Persons with pitta related diseases, get relief from cold things and medicine. He keeps his body exposed all the time. Persons with ślēṣma related diseases get relief from sweet and salty foods and medicine. He keeps his body exposed as well as covered all the time. These are the three dōsaṅgalu.

### Differences in Good Feeling (Sadbāvatrayaṅgaļu)

Prakāśana, pravartana, mōhana.

Imtivu Sadbāvatrayangaļu.

Ātma has three types of feelings. They are considered good. They are: Prakāśana bhāva, Pravartana bhāva and Mōhana bhāva.

Prakāśana bhāva is to learn or to forget good knowledge. Pravartana bhāva is to follow the truth, good ways and good behavior. Mōhana bhāva is the affection towards Guru and God.

The above is also explained in the following way. Disturbance (vikruti) of good feelings leads to ignorance. It is Prakāśana vikruti bhāva. Following bad habits with bad behavior is Pravartana vikruti bhāva. This is due to disturbances of good feelings. Also, disrespect to Guru and God are due to disturbances called Mōhana vikruti bhāva. This is the explanations for Sadbāva trayangaļu.

#### Bad Feelings (Durbhāvatrayaṅgaḷu)

Jñānavikrutibhāva, Vartanavikrutibhāva, Manōvikrutibhāva.

Intivu Durbhāvatrayangaļu.

Ivakke vivara:

Aruhinda 'aham' emba jaḍabhāvadim brāhmaṇādyanēka ahankāravanaidihanāgi Jñānavikrutibhāvavu. Jaḍājaḍamiśradim dēhādi nānāprakāradindanḍaledu durvyavaharisutihanāgi vartanavikrutibhāvavu. Nijava maredu, jaḍabhāvadinda ahambhāvavanōmmeyū biḍadippa kāraṇadim manōvikrutibhāvavu.

Intidu durbhāvatrayangala vivara.

Ātma experiences problems due to three types of changes in feelings. The changes in the feelings are from Jñāna, Vartana and Manō bhāvas. Vikruti is change. Bhāva is feeling. Jñāna is knowledge. Vartana is behavior and Mana is association.

Vikṛuti bhāva is the distortion of Jñāna leading to pride 'I and mine'. It is from the knowledge of caste (race) and others. Persons of all castes and races think and say their group is the best. This is due to pride 'I and mine'.

Vartana vikṛuti bhāva is the change of behavior due to the association of ātma in the body. Ātma thinks that he is the body. He forgets the truth about himself and Paraśiva.

Manō vikṛuti bhāva is to cling to feelings due to affection. All these three feelings are due to disturbances of knowledge.

# Ways of Thinking (Manatrayangalu)

Mana, Manana, Mananiya.

Intivu Manatrayangalu. Ivakke vivara:

Manavemballi tanna hēļuvudu. Mananavemballi tannindariva jñānava hēļuvudu. Mananīyavemballi jñānadindaruhisikōmba vastuva hēļuvudu.

Intivu Manatrayangaļa vivara.

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Ātma thinks three ways called manatrayas. The three ways of thinking are Mana, Manana and Mananīya. Mana means mind follows Ātma. Manana means mind follows and says things that is learnt from ātma. Mananīya means mind learns that needs to be learnt.

The thing to learn is 'Tatvamasi'. It is made of three words 'tat', 'tvam' and 'asi'. It stands for mine, my learning and Śiva philosophy. Also it stands for 'Ātma', 'Vidya' and 'Śiva' and for jñāna, jñātru and jñēya. Jñāna is the knowledge. Jñātru is the one who learns. It is Ātma. Jñēya is the thing to be learnt. There is no difference between Ātma and Śiva. This is what Ātma needs to learn.

## Ways of Expressing (Trikarṇaṅgaļu)

Mānasa, Vāĉaka, Kāyika. Ivakke vivara:

Mānasavendaḍe manadalli nenahudu. Vāĉakavendaḍe nuḍivudu. Kāyikavendade tanumutti māduvudu.

Intivu Trikarnangaļa vivara.

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There are three ways of expressing called Trikaraṇas. They are Mānasa, Vāĉaka and Kāyika.

Mānasa is to think oneself without expressing. Vācaka is to express thoughts with others. Kāyika is to put into action to share with others. These three types of thinking is due to the three forces of power. They took birth from Icca, Jñana and Kriya śaktis of Paraśiva. Every person has these śaktis in the form of Mānasa, Vācaka and Kāyika.

Thinking, sharing and performing by individuals happens in all types and class of people. For example, a designer thinks about his design. It is Mānasika. He describes his design to others to get their opinion. It is Vāĉaka. Finally, he constructs his design or put his design to work. It is kāyaka. So, the person has trikarṇas.

# Emanation of Five fires (Pańĉa agnigaļa utpatti)

Udarāgni, Mandāgni, Kāmāgni, Śōkāgni, Vaḍabāgni. Intivu Pancāgnigaļu.

Jīva experiences five types of fires. They are: Udarāgni, Mandāgni, Kāmāgni, Śōkāgni and Vaḍabāgni. All these names are made of two words. Agni in the name refers to fire. Udara is stomach. Manda refers to indigestion. Kāma refers to love. Śōka is sadness and Vaḍaba refers to ocean or God. Udarāgni is the fire in stomach. It is responsible for the digestion of food in stomach. The fire Mandāgni distributes food throughout the body and stops hunger and thirst when stomach gets filled. Kāmāgni disturbs the sexual organs. It creates problems when separated from loved ones. Śōkāgni creates sadness when things are lost. Vaḍabāgni is the fever for Mahēśvara.

Udarāgni is suppressed by feeding food and water to stomach. Mandāgni is suppressed with different types of medicine or other means. Kāmāgni is suppressed by being close to the loved ones. Śōkāgni is suppressed when the lost things are found again. Vaḍabāgni does not occur. In case this agni shows up ātma repents and there is no repent.