



Re-Discovering India For Indians Volume - 1

**A Book Compiled By,
P. R. Chithambaran**



Re-Discovering India For Indians

Why This Book...???

I have always searched in my text books, about the great history of India, which I happen to encounter when I visited many temples , places and met many noble people, around India.



Sadly, What I see in text books today, is mostly the India, after 1500 AD. Its all about, Invasions, Freedom struggle and a part of Freedom fighters. For more than 70 years now, we have never learnt the real history of India, which exactly is from 1500 BC to 1500 AD. (3000 yrs.) Just the last 500 years of history which is told, seems to be ruined and tainted.

When I don't learn this , how will the next Gen Learn? If the Real history of Bharath are taught at schools, kids will be inspired and a lot more of inventions and discoveries will happen from Indian Kids.

Please spend time in going through the details. Research and Discuss on these details with your kids and Family. I have Presented mixed details, without any pattern, to avoid any boredom during the reading. And that is also the reason to keep it at 50 Facts per volume.

P. R. Chithambaran

BHARATH MAATHA KI ; JAI !!



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Disclaimer

All these details are compiled, based on the details available in the Internet and various textbooks from various times. However, I have taken enough time to ascertain the information's provided. Still this compilation assumes no responsibility or liability for any errors or omissions in the content of this book.

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The Book is for Private Circulation Only.

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Re-Discovering India For Indians

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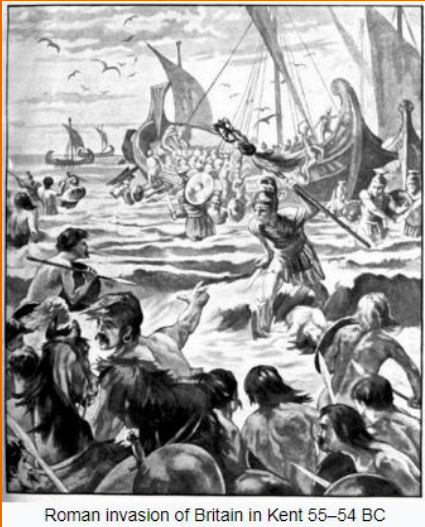
**Please Do not search for contents and
Page numbers...
Please go through each and every page
and kindly think on the topics, discuss
with your kids... 😊**



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History Books- The need for Changing them..

Caesar's invasion of Britain



Roman invasion of Britain in Kent 55–54 BC

Mongolians ruled China



**Today, the students in these countries, do not learn about,
who ruled them in their history book.**

**They Learn about the Rich History of their Country and
its greatness
Just explore what is taught to our kids, in the history book**

**Its Okay to teach the mistakes of History , But Not
Slavery...
Let the next generation of India do not grow up , with a
Slave Mindset..**

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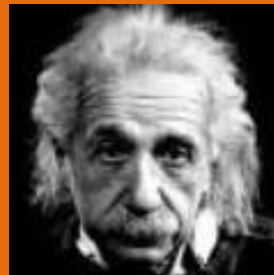


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What Foreigners have Said about India??

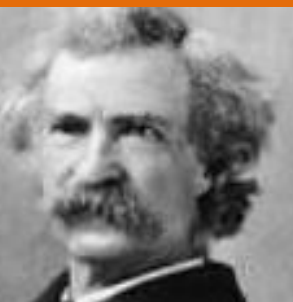
**We Owe a Lot to Indians, Who taught us , how to Count.
Without which, No Worthwhile, Scientific Discovery
could have been Made..**

- Albert Einstein - Theoretical physicist



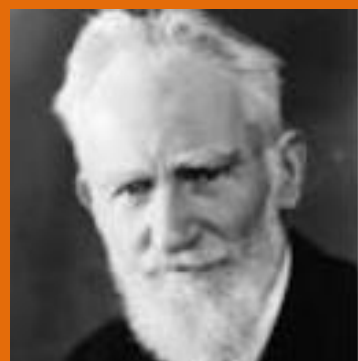
**India , is the cradle of Human Race, the Birthplace of
Human speech, the Mother of History, the grand mother
of the Legend, and the Great grand mother of Tradition.
Our Most valuable and most constructive materials in the
History of man are treasured up in India only.**

- Mark Twain – American Writer



**The Indian Way of life, Provide, the vision and Natural
way of Life. We Veil, ourselves with unnatural Masks.
On the Face of India, are the Tender, Expressions,
which carry the Mark of the Creators Hand.**

George Bernard Shaw- Irish Play Writer



**Many of the Advances in Sciences that we Consider today
to have been made in Europe, were in fact made in India
centauries ago...- Grand DUFF (British Historian)**



**After the Conversation about Indian Philosophy,
Some of the ideas of Quantum Physics, that had been
seemed crazy, suddenly made much more Sense**

– W. Heisenberg (German Physicist)



And what do our Children learn about India???

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Mt. Kailash The History Behind the Sacred Mountain



Nobody has climbed to its peak:

Mount Everest- 8,848 meters high – Summit Climbed

Mount Kailash - 6,638 meters High – Summit Not Climbed Yet. Reason Unknown

One Can Witness Time Travel

Nails and hair Growth of 2 weeks in normal conditions, takes place at Mt.Kailash in just 12 hours

Regular Change In Position

The mountain strangely changes its position for those who climb it. Afterwards, many people journey have failed to climb its peak.

Geographical location of Kailash Parvat

Accords to the science it is the axis of the earth and to keep all living being alive it maintains the atmosphere. Its location is in synchronization with all other ancient monuments in the universe and earth poles.

The Mysterious shapes of Manasarovar and other lakes

Manasarovar lake – Sun Like Shape- the color of water that changes blue from around the shores to emerald green at the center. Rakhas Tal is the devils lakes and its shape like the moon. And the other two lakes represent solar and lunar forces, bad and good energy respectively.

Though it is now in, Tibet; it is considered as a Holy Place according to Indian History...How many of us can understand the Myth behind...

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OM or AUM – What's the Science behind it ??

“IF YOU WANT TO FIND THE SECRETS OF UNIVERSE, THINK IN TERMS OF ENERGY, FREQUENCY AND VIBRATION” – NIKOLA TESLA

One of the most popular MISCONCEPTION about “OM” is that it is religious symbol. No.. it is NOT

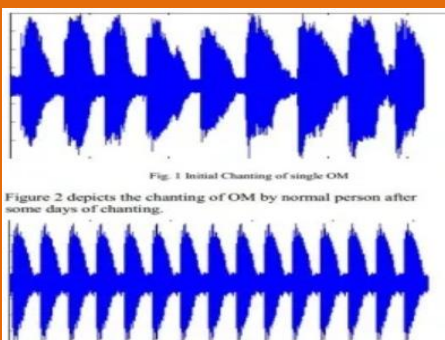
Its actually a Science of Sound and Vibration, that can help in Mental Stability of any person.



Chanting “aaaaaaa” one can feel the sensation and resonance in your nervous system, stomach and chest region.

Chanting “ooooo” creates sensations and resonance in your throat & chest region.

Chanting “mmmm” creates sensations and resonates with your nasal cavity as well as skull/brain region.



Time Frequency Analysis ,shows, after days of Chanting Om, focus, concentration & steadiness, peace, reduction in mental stress & Improved calmness were found in People who chanted

“Aum” was taught to World, by Indians. But Who teaches this to the Next Generation Indians?

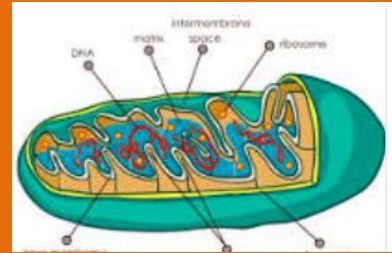
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MITOCHONDRIA – Where Energy Comes From?

**In India, Why woman is Called a
Form of Shakthi and Why Shakthi
is Worshipped as Mother?**



Biological energy which is produced in our body, in most of the cell by a metabolic process called oxidative phosphorylation. This process produces most of our energy, more that 99% that we utilize in our day to day living.

This comes from the metabolic process. This process takes place in subcellular compartment called
MITOCHONDRIA.

These mitochondria in a Child's Body comes from **Mother only!** Thus the site of Kinetic energy is MOTHER only!

That is the reason, Indian Philosophy, calls Mother or the Woman as Shakthi- the Kinetic Energy...

**“It is This Science, which is at the Back, of Calling Women as Shakthi and Worshipping Shakthi as Mother in India”.
Who Explains this to our Kids???**

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**25 Famous Temples are at 79° E Longitude in
India**

1. **KEDARNATH** - 30.735216° N, 79.066900° E
2. **Tungnath** - 30.488515° N, 79.216902° E
3. **Kalpeshwar** - 30.549642° N, 79.449108° E
4. **Rudranath** - 30.519122° N, 79.318445° E
5. **Madhya Maheshwar** - 30.635194° N, 79.221632° E
6. **Omkareshwar, Uttarakhand** 30.520735° N, 79.102818° E
7. **Jageshwar Temples, Uttarakhand** 29.637498° N, 79.853995° E
8. **Bajjnath Dham, Uttarakhand** 29.906864° N, 79.615734° E
9. **Kandariya Mahadev, Khajuraho** 24.852927° N, 79.920335° E
10. **Ramappa Temple, Telangana** 18.259805° N, 79.941247° E
11. **Kaleshwaram, Telangana** 18.811846° N, 79.904528° E
12. **Mallikarjun Jyotirling, AP** 16.073159° N, 78.868031° E (near 79° E)
13. **Kalahasti, Andhra Pradesh** 13.749976° N, 79.698279° E
14. **Kancheepuram, Tamil Nadu** 12.842670° N, 79.696243° E
15. **Thiruvannamalai, Tamil Nadu** 12.232047° N, 79.066688° E
16. **Chidambaram, Tamil Nadu** 11.399259° N, 79.693521° E
17. **Thiruvananthapuram, Tamil Nadu** 10.852928° N, 78.705673° E (near 79° E)
18. **RAMESHWARAM, Tamil Nadu** 09.288195° N, 79.317787° E
19. **Badri Vishal / BADRINATH** 30.744791° N, 79.491057° E
20. **Yogdhyan Badri** 30.632568° N, 79.546289° E
21. **Bhavishya Badri** 30.482458° N, 79.641716° E
22. **Vridha Badri** 30.550504° N, 79.564754° E
23. **Adi Badri** 30.156086° N, 79.225438° E
24. **Narsingh Mandir at Joshimath** 30.557085° N, 79.553738° E
25. **Tirupati Temple** - 13.683121° N, 79.347183° E



**Were Constructed
at different Period
by Different people**

**Shiv and Vishnu
Temples**

**Still this is not a Wonder in the World. No History, Geography or
Science book Teaches this??**

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The Science and Details inside Bhagavad Gita

Einstein Mass Energy Equivalence in

Bhagavad Gita

*bhūmir āpo 'nalo vāyuh , khañ mano buddhir eva ca ,
ahañkāra itīyañ mebhinnā prakṛtir aṣṭadhā ||*

Srimad Bhagavad Gita, Chapter 7, Verse 4

Translation : Earth, water, fire, air, ether, mind, intelligence and false ego—
all together these eight constitute My separated material energies.

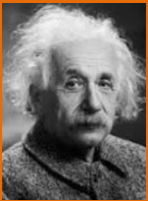


Law of Conservation of Energy explained in Bhagavad Gita

Krishna also stated in Gita that, Soul can neither be created nor destroyed. It just transfers from one body to another, that is from one form to another or one body to another. Many years later, science said, Energy can neither be created or nor be destroyed it can only be changed from one form to another. This proves that soul is nothing but energy.

*nainam chindanti sastrani nainam dahati pavakah na
cainam kledayanty apo na sosayati marutah*

Translation : The soul can never be cut into pieces by any weapon, nor can he be burned by fire, nor moistened by water, nor withered by the wind.
It just leaves old body and finds new body.



"When I read the Bhagavad-Gita and reflect about how God created this universe everything else seems so superfluous."

Albert Einstein

More than this, Stress Management Science , Science of Travelling Faster than light, Parallel Universe, Origin of Universe, Number of Species of Living Beings, Science of Sense Gratification, and many more are explained Detailly in Bhagavad Gita

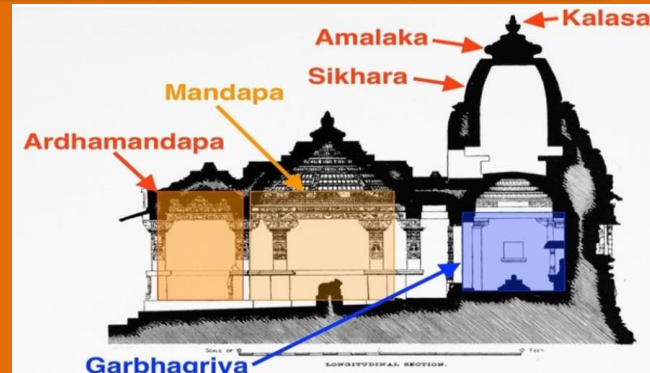
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The Science behind Temple Construction

Location: (Positive Energy Wave) Temples are Constructed deliberately at a place where the positive energy is available abundantly from the magnetic and electric wave conveyances of north/south post push, as per Agama.



Removing Footwear outside: (Vibrations) In olden days, temples were built in such a way that the floor at the centre of the temple were good conductors of these positive vibrations allowing them to pass through our feet to the body.

Ringling Bell: (Hearing Sense) These bells are made in such a way that when they produce a sound it creates a unity in the Left and Right parts of our brains. The duration of echo of the bell is good enough to activate all the seven healing centres in our body. This results in emptying our brain from all negative thoughts.

Lighting camphor: (Sight Sense) Usually main Gabhara is dark and This light seen inside the dark activates your sight sense.

Offering Flowers : (Smell Sense) The fragrance of the flower, camphor and instance sticks all together have the strong essence to keep your smell sense active and pleasant giving calmness to the mind.

Tilak / Kumkum : On the forehead, between the two eyebrows, is a spot that is considered as a major nerve point in human body since ancient times. While applying Kumkum the points on the mid-brow region and Adnya-chakra are automatically pressed. This also facilitates the blood supply to the face muscles.

Coconut & Banana: Coconut and Banana are the only two fruits in this world which are considered to be “Sacred fruits”. All other fruits are tainted fruits (partially eaten fruits). For example, the apple tree grows from the seed of another eaten fruit and that fruit is treated as tainted.

Temple is just a guiding place for people on a path. Lets understand our Science. Start Visiting Temples often

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The Ancient Indian Philosophies

1. Samkhya: 1 BC

It postulates that everything in reality stems from Purusha (Self or Soul or mind) and Prakriti (Matter, energy, creative agency)

2. Yoga: 2BC

Yoga sutras, accepts the Samkhya Philosophy and meta physics, but is, more theistic with the addition of a divine entity to Samkhya's 25 elements of reality, The relatively brief yoga sutras are divided in to 8 ashtangas(Limbs)

3. Nyaya 2 BC

Nyaya believe that obtaining valid knowledge (the four sources of which are perception, inference, Comparison & testimony) is the only way to gain release from suffering.

4. Vaisheshika: 6 BC

The basis of the schools philosophy is that all objects in the physical universe are reducible to finite number of atoms and Brahman is regarded as the fundamental force that cause consciousness in these atoms.

5. Purva Mimamsa:

The school began to teach the doctrines of Brahman and Freedom, allowing for the release or escape of the soul from its constraints through enlightened activity.

6. Vedanta:

This school concentrates on the philosophical teachings of the Upanishads. The Vedanta focus on Meditation, Self Discipline and Spiritual Connectivity.

**Indians had never read about these philosophies in their text books.
These are the Philosophies, which the world learnt from us.**

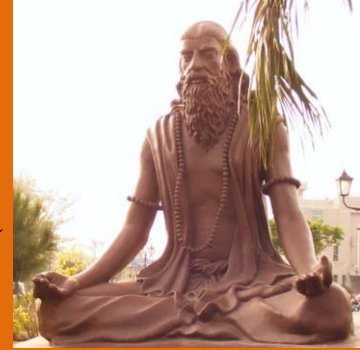


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The Yoga Sūtras of Patanjali 2 B.C Collection of 196 Yoga Sutras

Translated to 40 Indian Languages and 2 Non Indian Languages- Old Javanese and Arabic.

Yoga Sutras are a condensation of two different traditions, namely "Eight limb yoga" (ashtanga yoga) and Action Yoga (Kriya yoga)



Ashtanga, the eight components of yoga (Steps)

1. Yamas

Yamas are ethical rules and can be thought of as moral imperatives.

2. Niyama

This includes virtuous habits, behaviours and observances (the "dos")

3. Āsana

A posture that one can hold for a period of time, staying relaxed, steady, comfortable and motionless.

4. Prānāyāma

The practice of consciously regulating breath (inhalation and exhalation).

5. Pratyāhāra

A process of retracting the sensory experience from external objects

6. Dhāraṇā

Holding one's mind onto a particular inner state, subject or topic

7. Dhyāna

If the concentration was on one object, Dhyana is non-judgmental, non-presumptuous observation of that object

8. Samādhi

Putting together, joining, combining with, union, harmonious whole, trance. Samadhi is oneness with the subject of meditation.

Today , the World is Celebrating Yoga Day. The World Understands, benefits of Yoga. As Indians, how much are we appreciating it??

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Ancient Indians - The Eating Posture ???

1. Helps digestion

When you sit on the floor and eat, you sit in *sukhasana* or the cross-legged position. This one is a **yogic position** which is known to induce **better digestion**.

2. Promotes weight loss

Sitting on the floor while eating ensure better functioning of **Vagus nerve**, Preventing Overeating



3. Improved flexibility

It **stretches** your knees, hips, spine, chest, and ankles, thereby making them more flexible.

4. Increases life expectancy

According to a study published in **the European Journal of Preventive Cardiology**, people who sit in the cross-legged position and are able to get up without any support are more likely to live longer.

5. Keeps the knees and hip joint healthy

Sitting on the floor keeps your knees and hip **joint healthy**.

6. Improved circulation

Sitting on the floor improves **blood circulation in Stomach**. Sitting on a chair and eating makes blood circulation going in the opposite direction.

7. Keeps your mind and body at peace

Sitting on the floor, keeps **your mind and body at peace** as well. Not to forget, a peaceful mind is essential for better digestion.

And Ancient Indians where Intelligent to Know this. But Modern Indians Never studied this anywhere??? Who will teach this to Future Indians??

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Ancient Indians – Leaf Plates

1. Banana Leaves

Packed with plant-based compounds called **polyphenols**, which are the natural **antioxidants**. ,warm food served on the plantains stimulates the polyphenols which gets absorbed in the food. Also, **antibacterial properties and contain Vitamin A, Citric acid, Calcium and Carotene**.



2. JACKFRUIT LEAVES

This leaf has is the phytonutrient. Consuming a diet rich in phytonutrients seems to be an “effective strategy” for **lowering risks for cancer and heart disease**, says the research from the U.S. Department of Agriculture (USDA).

The leaves also help in detoxification, controlling diabetes and even improving your immune system, when food served on this.

3. THE DECIDUOUS TREES LEAVES

Rich in natural fibre, and astringent property, they are very good for the skin. Also Have natural form of glucose which gets absorbed in food.



4. THE LOTUS LEAVES

The alkaloids present in the leaves gets absorbed and are a natural cure for diarrhoea, while also helping **improve heart function and blood circulation**



These leaf plates are good for Recycling as well...But Where do our Children learn about this...No one taught us and we don't teach them...

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Ayurveda – What is it ???

The principles are basic yet extremely effective

Ayurveda is based on the principle that the body is made up of 5 elements – space, air, water, fire and earth. When all these elements work in congruence they make a healthy person.



**The 3 doshas make you who you are –
Kapha, Pitta, Vata**

**Doshas tell the practitioner what ailments you are most likely to suffer
'Astavidha rogi Pariksha' - Diagnosis methods.**

Eight methods to examine a patient.— Naadi (Pulse), Mutra (Urine), Mala (stool), Shabda (voice), Jivha (tongue), Sparsha (skin), Drik (Eyes) and Aakriti (body build).

**Ayurveda looks at your body as a whole including Environment
Ayurveda involves more than just herbs**

Apart from herbs, other substances like milk, ghee, butter, honey, molasses, gingelly oil, rock salts, minerals, ashes and self-fermented alcohol are also help in medicating.

Ayurveda cures the root of the problem not the symptoms alone.

Ayurveda has many specialties

Surgery (*Shalya chikitsa*), Diseases above the shoulder (*Shalakyas*), Internal medicine (*Kaayachikitsa*), Psychiatry (*Bhutavidya*), Pediatrics (*Kaumarabhrutyam*), Toxicology (*Agadatantram*), Rejuvenation (*Rasayanam*) and Aphrodisiacs (*Vajikaranam*).

Ayurveda is a lifestyle

Why , the importance of this Medicine , is not taught, way from School.. When foreigners come here for this, why not is this Famous among Indians. Who was behind this conspiracy???

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The Indian Classical Dances Compilation dated to 200 BC to 200 CE

The **Natya Shastra** is the foundational treatise for classical dances of India. and this text is attributed to the ancient scholar Bharata Muni.

The most studied version of the Natya Shastra text consists of about 6000 verses; describes the theory of Tāṇḍava dance (Shiva), the theory of rasa, of bhāva, expression, gestures, acting techniques, basic steps, standing postures

8 forms of The classical dance from India :

1. **Bharatanatyam** - Tamil Nadu , Karnataka
2. **Kathak** - North India
3. **Kathakali** - Kerala
4. **Kuchipudi** - Andhra & Telangana
5. **Odissi** - Odisha
6. **Sattriya**- Assam
7. **Manipuri** - Manipur
8. **Mohiniyattam**- Kerala



These Classical Dances of Indians originated in 200 BC, has a great connection between Science, Mathematics, and Art.

How Many Indians Know this???

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8 Ancient Universities of India

TAKSHASHILA
5 BC



Nalanda
427 TO 1197 CE



VALABHI
600 AD TO
1200 AD



VIKRAMASHILA
783 TO 820 CE

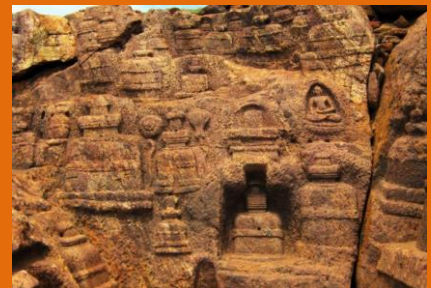
JAGADDALA
1077 TO
1120 AD



SOMAPURA
800 AD TO 1200 AD



ODANTAPURI
800 AD TO 1200 AD



PUSHPAGIRI
2 BC

The Photos are the remains..
How many of us had read about them in our History books?

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Great Queen Warriors of India

Rani Lakshmibai
1828 – 1858
Varanasi, Jhansi



Rani Padmini
13th -14th Century
Rajasthan



Rani Ahilyabhai
1725 – 1795
Maharashtra



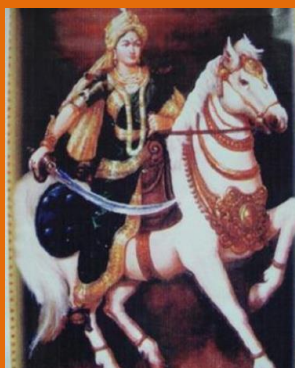
Rani Chennamma
1778 – 1829
Karnataka



Rani Avanti Bhai
1831 to 1858
Madhya Pradesh



Rani Velu Nachiar
1730 – 1796
Tamil Nadu



Rani Jijabai
1598-1674
Maharashtra
Mother and Mentor
of Shivaji Maharaj



How many of us have studied them in Detail in our History books..
They were all ,mothers, Wives and great Queens, but more than
that, Great Warriors... “Multi talented Brave hearts”

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Surya Namaskar



Strengthens the entire body.

Relieves constipation

Promotes **healthy digestion**.

Stimulates the **nervous system**

Maintain proper blood pressure

Strengthens heart muscles.

Cures irregular heart beat.

Improves the **capacity of the lungs**

Stimulates oxygen supply to vital organs

Provides beautiful **glow to the skin**.

Activates basal metabolic rate of a person's body.

Remedy for **managing menstrual cramps**

Reduces **strained joints problems**.

Lubricates sore muscles and joints

Improves **mental and physical balance** of the person's body.

Improves **flexibility of the body** and releases stiffness.

1: Pranamasana

2: Hastauttanasana

3: Hastapadasana

4: Ashwa Sanchalanasana

5: Dandasana

6: Ashtanga Namaskara

7: Bhujangasana

8: Adho Mukha Svanasana

9: Ashwa Sanchalanasana

10: Hastapadasana

11: Hastauttanasana

12: Tadasana

**Why, does Children do not study this in Curriculum.
Because, this technique was originated in India? Is that so??**

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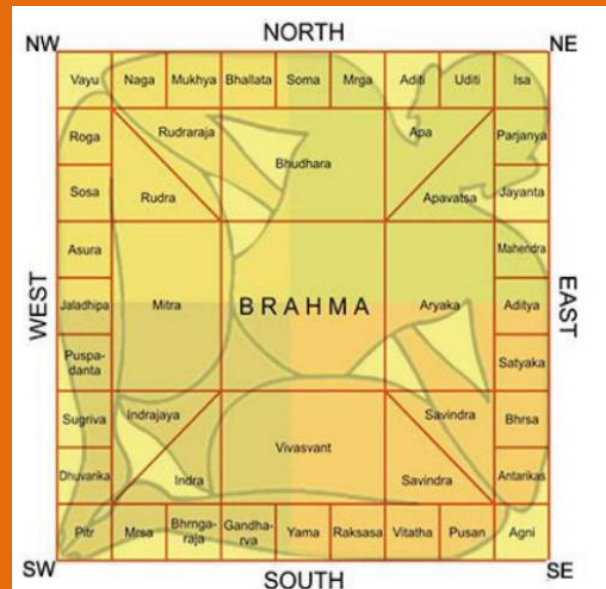
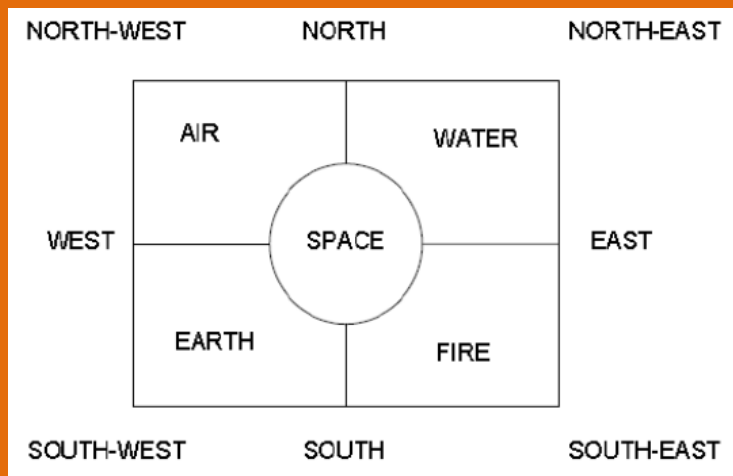
The Vaastu Sastra – A Myth or Science???

Entire universe including our body is composed of five basic elements - Air, Earth, Fire, Space and Water called “Panch Mahabhoot”.

Vaastu Focuses on maintain the balance between dwelling/structure and the elements of universe

There are five basic principles on which Vaastu science is built...

1. Examination and Selection of Site: - Bhu Pariksha.
2. Orientation:-Dik Nirnaya.
3. Planning of various component:-Padavinyasa (Vaastu Purusha Mandala)
4. Proportion and Measurement of building:-Manna and Ayadi.
5. The aesthetics of the building: - Bhulambamana or Chanada.



Though Vaastu as art and science has its concrete origin on the Indian subcontinent, the applied principles are universal. One can find the application of them in all cultures of the world

Vastu is the science of direction that combines all the five elements of nature and balances them with the man and the material. But Westernized Curriculum ignores a great Science and calls it as Myth... When can our Children learn about this in Schools???

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Guru Poornima – What is the Fact??



Jupiter

1. Guru Purnima occurs on the 1st full moon in the lunisolar month of Ashadha.

This falls after the summer solstice, when sun has already started southwards journey.

And earth is in its receptive phase. This is Ideal time for receiving knowledge or wisdom indeed.

2. In lunisolar ashadha month, sun is either in late degrees of Gemini or in sign of cancer. In both cases, it has strong influence of Jupiter.

And moon is in the sign of Sagittarius, which again is influenced by Jupiter. Thus, both sun and moon are inclined towards Jupiterian qualities. Thus its ideal time to focus on Jupiter or Guru, as a Source of Positive Energy.

3. Bringing Indian Astrology, the primary motivation of Ashadha nakshatra is Liberation - This is actually Given by a Guru or a Teacher.. The one who liberates us from Darkness to Light(Knowledge). That's why you Celebrate Guru on this day.

4. In the solar system, objects like probes, satellites sent to outer planets (Saturn, Uranus, Neptune, Pluto) so far, have used gravity assist of Jupiter. Without which it may not been possible for those objects to transcend the gravity of sun starting from earth!! Jupiter is also famous for protecting earth from the impact of long term comets. Thus a Guru or a Teacher helps us to go Beyond our Basic abilities and Protect us, with their teachings.

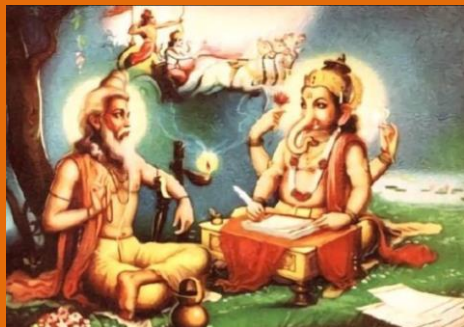
Guru is the Indian Mythical name of Jupiter. There is a Science, why we Celebrate Guru or the Teacher or the Jupiter in India on a particular Day. How many Indians Know this?? Which Curriculum Teaches this??

BHARATH MAATHA KI ; JAI !!



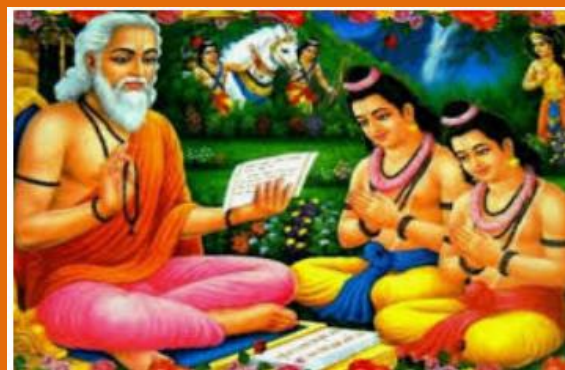
Re-Discovering India For Indians

Did India had Caste Based Discrimination?



**Maharshi Veda Vyas, who wrote the Mahabharata, which also contains the Bhagavad Gita, was the son of a fisherwoman;
He is respected equally to God...**

Maharishi Valmiki, once a highway robber, who composed the Ramayana, was also from a fisherman's community; He is also considered to be a Divine Guru...



The Two Great Epics of India, were written by People, who were Not kings or Queens or Rich... But People, Who transformed themselves, to attain Great Knowledge..

These two People are given at most Respect, in most of the Vedic Rituals in India...

It was East India Company, which created Caste and Religious Discrimination in the System, for them to make Profit...

So, Ancient Indians, never Considered or Discriminated people by Birth or Work... They gave respect to the efforts one made to gain Knowledge.. If this is taught, to the Young Generation, India will become a Great country with Harmony...

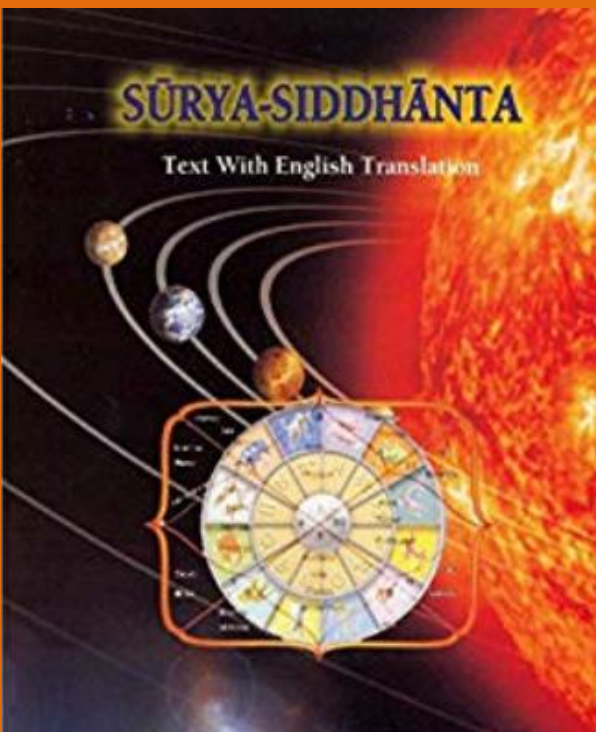
Who teaches this to young Generation????

BHARATH MAATHA KI ; JAI !!



Re-Discovering India For Indians

Surya Siddantha – First Astronomical Text



The author is unknown but it is believed to be written by Mayasura, who is the father-in-law of epic Ramayana's villain Ravana.,

But it is also believed that Mayasura got his knowledge directly from the Sun god/ Surya..

Written about 20 lakh years ago.

It was later shown by 'Varahamihira' who lived in the 4th or 5th century during the period of Gupta empire in India.

This text Details.....

The Mean Motions of the Planets

Direction, Place and Time

The Sun and Eclipses

Planetary Conjunctions Of the Stars

Risings and Settings

Certain Malignant Aspects of the Sun and Moon

Cosmogony, Geography, and Dimensions of the Creation

The Gnomon

The Movement of the Heavens and Human Activity

True Places of the Planets

The Moon and Eclipses

The Projection of Eclipses

Spherical Shape of Earth, Orbiting time of planets, everything was Explained 2 Million Years ago, Gravity, Trigonometry, everything is Described in this Text Detailly.

Newtons told about gravity only in late 17th Century AD.

Indian texts has told this in BC. Many Foreign Scientist refer this..

But what do our Children Read??

BHARATH MAATHA KI ; JAI !!



Re-Discovering India For Indians

What Little Krishna taught to the World???



Kaalinga Mardhan
“Save Rivers
Do not Pollute”

**Eating Home
made Cheese**
“Eat Home made
Nutritious foods.
No Junk Foods”



Govardhana Giri Pooja
“Save Mountains
and Trees
That saves you”

**Playing Flute
Music**
“Listen to music.
Good for your
mind”



Domesticate Cows
“Cow Products
are good For
your health”

**Reward to
Mango seller**
“Help others
and God
rewards you”



**Being a God, still
accepts Mom's
Punishment**
“Be humble and
Respect your Mother”

Krishna & Sudama
“Example of
Being a
Friend”



And do you teach your kids about this???

BHARATH MAATHA KI ; JAI !!



Re-Discovering India For Indians

Ganesha Chaturthi- The Scientific Reason behind

Ganesha idols should be made only of clay. Ganesha Chaturthi, comes right after south west monsoon and before the North east monsoon. Generally, water in rivers are polluted due to heavy rains and lot of Soil Erosion occurs due to floods.



Ganesha idols made out of natural clay are worshiped with 21 herbs and these herbs mix with water during immersion and cleans the water.

Clay can be dissolved easily in water, forms a layer below and does not sink into earth for a long time and thus helps to compensate erosion of previous monsoon and maintaining ground water levels , onset of next monsoon



Ganesha idols made of natural clay, when immersed in water; they get dissolved very easily in water and cleanse the water without causing pollution. This also develops immunity and resistance to fight with bacteria.

For every Reason of Celebration in Ancient India, there is a Scientific Responsibility of Saving Natural Resources. Who conveys this to the Next Generation???

BHARATH MAATHA KI ; JAI !!



Re-Discovering India For Indians

Sushruta Samhita – Earlier to 1 Millennium BCE

The "*Sushruta Samhita*" is an ancient Sanskrit text that covers areas of both surgery and medicine.

It's widely regarded as one of the most important documents on these topics to have reached present day from the ancient past. This compendium is also considered to be one of the main foundations of Ayurveda, which is a traditional form of Indian medicine.



Sushruta, known by some as "the founding father of surgery," is credited as being the main author. It's believed that he was a physician who lived sometime in the period between 1200 B.C.E. and 600 B.C.E

America's Columbia University has given the credit of plastic surgery to ancient Indian physician named Sushruta – widely regarded as the 'father of surgery'.



COLUMBIA UNIVERSITY

Plastic surgery isn't the modern luxury and its roots date back more than 1 BCE in India. But Which Student learns about this and in Which text book???

BHARATH MAATHA KI ; JAI !!



Re-Discovering India For Indians

Electric battery & Many more- Who Found it First??

The ancient text of Agastya Samhita describes the method of making electric battery, and that water can be split into oxygen and hydrogen

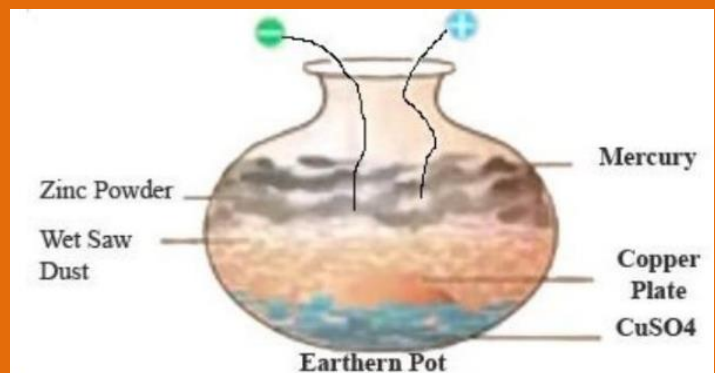
Modern battery cell resembles Agastya's method of generating electricity.



This Electricity was used by him to separate Hydrogen and Oxygen from water and use the gases for many different applications including flying. (like Hydrogen balloon)



David Hatcher Childress, refers to this, technology from Rishi Agastya , helps a lamp to be lit, for many years inside a well, in Travancore Temple ,in his book, *“Technology of the Gods: The Incredible Sciences of the Ancients”*



All we know, is Edison, tesla and other Foreign Scientists, who discovered Electricity and other such stuffs.. Is that Ok, for us to remain like this and make our Kids believe, what we studied ??

BHARATH MAATHA KI ; JAI !!



Re-Discovering India For Indians



The Seven Mothers of Vedic India

- 1) **ADAU MATA**: the first mother, to whom we are born.
- 2) **GURU-PATNI**: the wife of the spiritual master.
- 3) **BRAHMANI**: the wife of a qualified priest.
- 4) **RAJA-PATNIKA**: the wife of the raja ,a qualified king.
- 5) **DHENU**: the cow, she gives us milk.
- 6) **DHATRI**: the nurse.
- 7) **PRTHVI**: the earth.

In infancy the biological mother provides vital nourishment in the form of breast-milk, allowing her baby to develop a healthy body and fight off disease.

In childhood, the mother nurtures her son or daughter by providing care, protection, and essential life lessons. **Through her example, the mother instills such qualities as compassion, self-discipline, tolerance, dutifulness, cleanliness, religiosity, and practical wisdom into her children.** As children grown into adolescents and adults, these original roles of the biological mother are extended.

The wife of the teacher, elder women in the community, the wife of the local political leader, the cow, the nurse, and the earth provide the same affection, instruction, and variegated care that originally came from the mother of birth.

And more than that, The Supreme Goddess , is Considered as “**Sree Maatha**” means, Mother of all...

In India, a child's development was more a Societal responsibility, than an individual responsibility. Which culture other than ours explains this?

BHARATH MAATHA KI ; JAI !!



Re-Discovering India For Indians

Indian Martial Arts – What we Know??

Two Great Texts Explaining Indian Martial Arts:

Arthashastra - 4th Century BCE

Agni Purana – 8th to 11th century

The War concepts were divided into to
6 Main categories

Yuddhakalā - warfare art

Āyudhavidyā- knowledge of arms

Vīravidyā - science of being a warrior

Śastravidyā - science of weaponry

Dhanurveda - science of archery

Svarakshākālā- art of self-defence



Few Major styles were:

Swordsmanship (Khadgavidya)

Staff play (Lathikhela)

Spearplay

Archery (Dhanurvediya)

Mace-fighting (Gadayuddha)

Wrestling (Mallayuddha)

Wrestling (Pehlwani)

Boxing (Mushtiyuddha)

Kicking

Pugilism

Bal Vidya

Regional Versions and names

Andhra Pradesh- Talim

Bengal - Dao khela

Bihar -Pari-khanda

Karnataka -Kai varase, Katti varase

Kashmir - Sqay

Kerala - Kalari

Maharashtra - Mardani khel

Manipur -Huyen Lalong

Odisha -Pari khanda

Punjab & Rajasthan - Śastravidyā

Tamil Nadu - Silambam

**All these arts helped in focused and healthy way of living..
And still how many of us know about these Indian stuffs???**

BHARATH MAATHA KI ; JAI !!



Re-Discovering India For Indians

Āryabhata – What do we know?

Aryabhata (476–550 CE) was the first of the major mathematician-astronomers. His works include the Āryabhaṭīya and the Arya-siddhanta.



Aryabhatiya:

Gitikapada: (13 verses): large units of time—kalpa, manvantra, and yuga

Ganitapada (33 verses): covering mensuration (kṣetra vyāvahāra), arithmetic and geometric progressions, gnomon / shadows (shanku-chhAyA), simple, quadratic, simultaneous, and indeterminate equations (kuṭṭaka).

Kalakriyapada (25 verses): different units of time and a method for determining the positions of planets for a given day, calculations concerning the intercalary month (adhikamAsa), kShaya-tithis, and a seven-day week with names for the days of week.

Golapada (50 verses): Geometric/trigonometric aspects of the celestial sphere, features of the ecliptic, celestial equator, node, shape of the earth, cause of day and night, rising of zodiacal signs on horizon, etc.

Other than this, he also explains detailly on

Place value system and zero

Approximation of π

Trigonometry

Indeterminate equations

Algebra

Motions of the solar system

Eclipses

Sidereal periods

Heliocentrism

Global mathematicians, have used Aryabhata's works

ALL These verses, explained the application of Maths, and imagine, if our History book ,had lessons of Aryabhata, it could have helped the kids to understand applications of Mathematics rather than memorizing formulas. Who will do it??

BHARATH MAATHA KI ; JAI !!

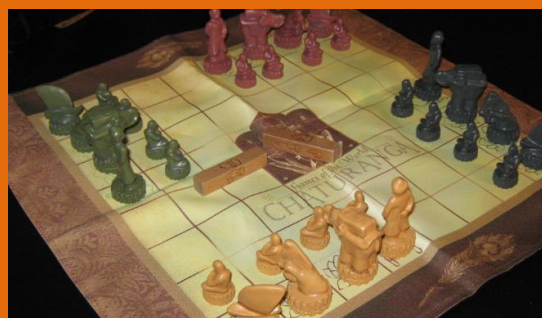


Re-Discovering India For Indians

The Game of "CHESS"

In Sanskrit, "chaturanga", literally means "having four limbs (or parts)" and in epic poetry often means "army" (the four parts are elephants, chariots, horsemen, foot soldiers). The name came from a battle formation mentioned in the Indian epic Mahabharata. The game chaturanga was a battle-simulation game which rendered Indian military strategy of the time.

Precursors to chess originated in India during the Gupta Empire, in the 6th century was known as Chaturanga, From India, the game spread to Persia. When the Arabs conquered Persia, chess was taken up by the Arab world and subsequently spread to Southern Europe. In Europe, chess evolved into roughly its current form in the 15th century.



Chess was designed for an *ashtāpada* (Sanskrit for "having eight feet", i.e. an 8×8 squared board), which may have been used earlier for a backgammon-type race game. Ashtāpada, the uncheckered 8×8 board served as the main board for playing chaturanga. Other Indian boards included the 10×10 *Dasapada* and the 9×9 *Navapadha*.

Most of us Play Chess and how many of us, know its roots to India. A detailed Study of these kind of Games, in Schools, can really bring out Great Strategic revelations to our kids

BHARATH MAATHA KI ; JAI !!



Re-Discovering India For Indians

Sanskrit- Science behind Brain Development

Dr James Hartzell, neuroscientist, in the journal Scientific American has coined the term “The Sanskrit effect.” He writes that memorising Vedic mantras increases the size of brain regions associated with cognitive function such as memory (both short-term and long term Sanskrit has also been proven to help in speech therapy. Research suggests that learning the language improves brain functioning and students improve academically.



James Junior School in London has made Sanskrit compulsory. Students of this school are among the toppers in various fields and worldwide exams year after year. Some schools in Ireland also have made Sanskrit compulsory.

A research with MRI Scan of Brains of Sample of people who learnt Sanskrit and Sample who did not, was done, with India-Trento Partnership(Italy) for Advanced Research (ITPAR), at India’s National Brain Research Center . A similar experiment, was done in Houston, TX, USA.

They found the grey matter in People who learnt Sanskrit to be denser and the cortex thicker than in ‘controls’, and the hippocampus regions, associated with long- and short-term memory was more pronounced.

Sanskrit, a Language, which is Misunderstood, that it belongs to certain community or Religion. Never...It is a Science... Learning this language, actually helps brain development in Kids. Its not a Hindrance to Mother tongue... Its complex, that why Indians do not understand the science...

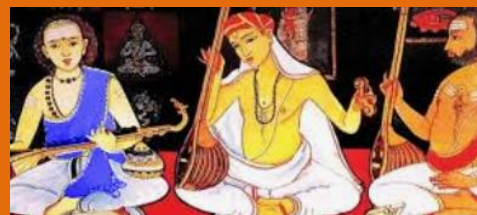
BHARATH MAATHA KI ; JAI !!



Re-Discovering India For Indians

Indian Music- What we need to Know

The **30,000 years** old cave at Bhimbetka rock shelters in Madhya Pradesh shows music instruments .Dancing Girl sculpture (**2500 BCE**) was found from the Indus Valley Civilization
Vedas (1500 – 800 BCE) document rituals with performing arts and play.



1. **Hindustani music** -Northern Part of India
2. **Carnatic music** – Southern Part of India
3. **Light classical music**(Semi Classical

Thumri, Dadra, Bhajan, Ghazal, Chaiti, Kajri, Tappa, Natya Sangeet and Qawwali.

4. **Folk music and Melodic**
Bhangra and Giddha- Punjab
Bihu and Borgeet – Assam
Dandiya – Gujarat
Jhumair and Domkach -Nagpuri
Lavani – Maharashtra



Langas, Sapera, Bhopa, Jogi and Manganiya- Rajasthan
Rabindra Sangeet – Bengal
Sufi folk rock Present Pakistan
Tamang Selo- Nepal
Pann- a Melodic from Tamilnadu
Were some popular forms across India.



Each state had its own songs and Musical instruments, that were very famous

But , Which text book, teaches detailly on all these?? Then how will the younger generation, understand, the cultural past of India? How will innovation happen, in such a great music literature, when no one learns about it at the school??

BHARATH MAATHA KI ; JAI !!



Re-Discovering India For Indians

Namaste

Namaste is usually spoken with a slight bow and hands pressed together, palms touching and fingers pointing upwards, thumbs close to the chest. This gesture is called **Anjali Mudra or Pranamasana**.

In Indian culture, people greet each other by joining their palms – termed as “**Namaskar.**”

The general reason behind this tradition is that greeting by joining both the palms means respect. Scientifically speaking, joining both hands ensures joining the tips of all the fingers together; which are denoted to the pressure points of eyes, ears, and mind.



Pressing them together is said to activate the pressure points which helps us remember that person for a long time.

And, no germs since we don't make any physical Touch

It is used both for salutation and valediction.

Practicing Anjali mudra

- Promotes flexibility in the wrists and arm joints.
- Improves focus during meditation
- Promotes mindfulness and inner awareness
- Calms the mind
- Relieves stress
- Connects the brain's right and left hemispheres



Today, when we have so much of New Viral Infections, The world is Practicing “Namaste” . Israeli Prime Minister Benjamin Netanyahu Acknowledges it. But we Indians ??? The Future Generation should understand this.....

BHARATH MAATHA KI ; JAI !!



Re-Discovering India For Indians

“Sadhus” of India

The Word “Sadhu” in India, originated well before the time of Rigveda – 1500 BCE

In the Rigveda (6.15.16) the word Sadhu is described as Savitr

Becoming a Sadhu is one of the highest goals in Many religions. Sadhu means a good person, an accomplished person or a person of excellence, purity, virtue, perfection, completeness, righteousness, honour, nobility, etc. One becomes a Sadhu through the practice (sadhana) of devotion, worship, Yoga, renunciation, or spiritual transformation, using the means (sadhan) of accomplishment and skilfulness.

Sadhutvam in itself is a highly Regarded quality. It is devoid of anger, deceit and violence and bestows peace and equanimity upon those who take refuge in it. Association with it is association with truth (sath) itself, and leads to the predominance of sattva (purity)



In India, there are So many Sects of Sadhus, according to Sampradayas, Parampara, and Akhara.

Whatever sect they are, A Sadhu focus is on Detachment, Helping others, Spirituality, Calmness, Non-violence, Truthfulness of life

India, is the only land, with so many Diversities, still united , because of the Various teachings and Philosophies of “Sadhus” we had ,even before 1500 BCE till Now. Which Text book, explains this Concept to the Next Generation in the Right Way?

BHARATH MAATHA KI ; JAI !!



Re-Discovering India For Indians

Why Feng Shui when we have Our Own..??



Ganesha- Bring positive energy and success



Ek Mukhi Rudraksha Locket - One can improve your health by wearing this Rudraksha locket.



Hanuman Chalisa Yantra Kavach -Pacify the negative effects of malefic planets



Shri Lakshmi Kuber Dhan Varsha Yantra
Experience increase in prosperity and happiness



Meru Shree Yantra - signifying unlimited abundance and positive powers



Black Horseshoe Ring- brings good luck, reduces the adverse effects of Sade Sati

Slowly , Over the time, we see, Chinese Feng shui is Present at every home
Its time to Rediscover our own Vastu Sastra, and Replace Feng Shui..
There are many such things in our Vastu than the Feng Shui..

BHARATH MAATHA KI ; JAI !!

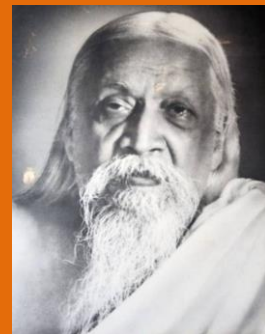


Re-Discovering India For Indians

United India..



K. S. Munshi, a politician, was granted an audience with Sri Aurobindo, ‘...At the end of the interview, Munshi asked if there was anything Sri Aurobindo wanted to say. Immediately he asked, “When will India be reunited?”’



Ancient India was composed of the modern-day countries of Afghanistan (some portions), Bangladesh, Bhutan, Myanmar, Srilanka, India, Tibet and Pakistan. They had the People, who were at the south of Himalayas and had almost same cultural believes...

As different countries today, with the same underlying culture, the Separation was an effect of British ruled India..

‘Ancient Bharath, has got in its Map, Afghanistan called “**Upganathan**”, Kabul “**Kubha Nagar**”, Peshawar “**Purushpur**”, Multan “**Moolsthan**”, Tibet “**Trivishtap**”, Sri Lanka “**Singhaldweep**” and Myanmar called “**Brahmadesh**”. Of course, Pakistan and Bangladesh were Just torn apart from India during the Independence Era, by the Britishers and their Partners..

With all of them, together, How strong, could have been India and the idea of United Bharath or “**Akhand Bharat**”

How many history books, even, taught us or our Kids, about this Idea..
What was the force behind hiding these realities to the younger
Generation???

BHARATH MAATHA KI ; JAI !!



Re-Discovering India For Indians

Ancient Indian Concept- Is it Right ??

The Concept of Ancient India, **Never** differentiates you as a Black or White..

The Concept of Ancient India **Never Says**, My belief is Supreme or Your Belief is Inferior

The Concept of Ancient India, **Never** Forces you, either by threats or By Wealth, to Believe its Concept..



Then What is the Concept of India and is it Right to get Aligned with it , even Now... **About 1500 BCE, in Rig Veda**, also in Maha Upanishad, a Verse Reads..

*ayam nijah paro veti ganana laghucetasam /
udāracaritānām tu vasudhaiva kuṭumbakam //*

*“This is mine, that is his, say the small minded,
The wise believe that the entire world is a family”*

Approx , between **1st BCE and 5th BCE**, a Tamil Literature, “Purananuru” reads,

“Yaadhum Oore, Yaavarum Kelir”

“Every Place is my Place and Every Person is My Relative”

So, its never Wrong to Align to the Concept of Ancient India, which teaches **Universal Brother Hood. Its Right to Be RIGHT**

How Many Curriculum, have detailed discussions on this thoughts and Verses which were , as Old as 1500 BCE, and Originated in Our Country.

BHARATH MAATHA KI ; JAI !!



Re-Discovering India For Indians

Lord Ram- What is Not taught ???

Role	Situation	Duty
Prince	Fights for Saving Good	Kills Demons, who was troubling good People.
Son	Father gives a word	Goes to the Forest, for keeping Fathers words
Husband	Wife was Kidnapped	Goes a long route, crosses the Ocean and Kills the enemy and takes backs the wife. Remains Loyal to one wife
Brother	Different situations in his life	Ram loved all his brothers and Never got offended, even in a situation to give his kingdom to his brother
Friend	Helps Sukriva and Hanuman	Knowing Valli can help him to save sita, very easily, still does not leave Sukriva, to save Dharma & Friendship and Kills Vaali
King	A Citizen has a concern	Goes to extreme step to create confidence among the citizens
Human	Loved all creatures	Be it Jadayu- a Bird, Hanuman - a Monkey, Jambavan- A Bear, and even a Squirrel was a Part of his life. He never thought someone low or Someone High
Winner	Respects Ravan	Though he killed Raavan, for his Misdeeds, he ensured that, his Last rights, were performed with due respect and Made Vibishan- Raavans Brother, as a good king for his kingdom.
Master	Eats the balance of fruits, half eaten by Sabari – a poor woman	Sabari, gives him half eaten fruits, and still, though a King, never says No to it, as he sees, the affection , rather than, the Pride of Being a King

There are many more. So in **Every Role he Played**, He Performed the Duties of the Role, Perfectly, Irrespective of Situation, he had.

If Everyone in this World, start delivering their Duties, like Lord Ram, How great this world would be..



Following Lord Ram, helps us to transform as better Human Beings. He is for whole Humanity...If this is Taught to Kids at early age.. Then how good would be the world...

BHARATH MAATHA KI ; JAI !!



Re-Discovering India For Indians

Indian Independence – What is Not Taught

We all study, that we got Independence in the Year 1947.

But then, there was No idea of Pakistan, till 1946 or little earlier than that...

Indian Independence ,
started, in the Mid 1800 or
Even before that..



But Just few years or even less , before the official Independence, of India, **from where did the idea of Partition came in???...**

So, it **was Britishers**, who wanted to gain something out of Partition...

Until then, the whole of today's India, Pakistan, Bangladesh, was Only India and we fought the British for Independence together..

Just before the Golden Moment, India was torn in to Pieces, and the Brothers were divided..

Who was responsible for this..

Who was Behind this...

Why No great men we had, did not stop this Partition...

And is this the reason, till today, we are facing aggression internally and externally???

What is Not taught in our Books, are the Major reasons, that had Divided a great Culture... United we stand, Divided we fall... How many of us Know the real reason???

BHARATH MAATHA KI ; JAI !!



Re-Discovering India For Indians

The “Mother of All Martial arts”



We all know, about, Kungfu, Karate, Shaolin , Taekwondo, Judo etc..
But how many of us know, about the “Mother of all these Martial arts”

Historical literature first mentioned Kalari as an accepted style back in the 14th century in Kerala, but its origins can be traced as far back as **15,000 BCE. Sage Parasuram** is considered to be the creator of Kalarippayattu. **But it was Bodhidharma** whose travels spread the art form across east Asia and which is today's, Kungfu and Karate.

It boosts **flexibility** , improves the **strength**, ensures to **make you fast**, cuts down the ‘**laziness**’, improves **concentration** power , **patience** is improved, very good **de-stress**, improves **presence of mind** ,helps in **surviving a real attack**

Chuvadu (Salutation Forms) ,Adithada (Unarmed Combat), Pootu (Locks) ,Valivu (Throws), Maypayattu (Flexibility Forms), Rad Veesh (Long Session Staff), Neduvadi (Long Stick),Kuravadi (Short Stick), Cheruvadi (Medium Stick),Kathi

(Dagger).Kadara,Vettukathi,Valum (Long Sword),Churika (Medium Sword),Valum Parichayum (Sword & Shield),Spear ,Maru (Axe),Urumi (Spring Sword),Marma Adi are different levels in learning Kalari



Why, no curriculum teaches this great art at school ?

BHARATH MAATHA KI ; JAI !!



Re-Discovering India For Indians

Aryan Invasion – Is that true???

All of us has read, Aryan, and Dravidian...

But, was it true or was it Mere Politics...Britishers, emphasized on this theory more, only to boast that, the superior culture of India, was derived from Aryan existence and Aryans had the central European genes.

So, this helped the Britishers to take control of ruling India, and obviously, later, Hitler's Germany used it for a Political use.. And later on, other Political organizations, took it forward, only and only for Political gains...In the Vedic doctrine, the astral life span of a pitra, or ancestor, is 3,000 years. A nameless woman who died in Rakhigarhi, a settlement in Haryana of antiquity, and an ancestor of the Harappan civilisation, would never have guessed that she would be the centre of a debate 4,500 years later.

DNA tests showed that the deceased, whose long-forgotten name has been replaced by the number '14411', did not possess the R1a1 gene—the 'Aryan gene' of the Bronze Age people who lived 4,000 years ago in the Central Asian 'Pontic steppe' situated between the Black Sea and the Caspian.

The ultimate, truth is, people of India, from the North till the south and from East to West, had similar genes, mostly, ANI, ASI and a mixture of both of these, which were not a part of any central Asia, or Europe or China.

Till today, there is no real evidence of Aryan identity except for books written sometime , by somebody. But there is a Proof, for such a Fake theory existed only politically and the worst part is , this has been in the curriculum, for ages now..

BHARATH MAATHA KI ; JAI !!





Re-Discovering India For Indians

Family Goals & Couple Goals – From Ancient India

In a family, every person is given equal importance, allowed to have their Personal space and work on what they like, within the limits of the Family and Social environment.

The parents, equally play their part to strengthen the Kids, but Shakti or the Mother, takes a Higher role in empowering the Kids.

There is nobody superior. The Husband and wife are equal halves. (Arthanariswara). There can be arguments and differences, but sort it out ;be committed and get back.

When a Kid or a family member, gets angry and goes out of mood the Parents or rest in family should do their best to bring them again to normalcy

Sometimes, Kids, teach a great lesson. If so, accept and agree and learn from them. Though you know, Listen to your kids...



Teach great values to Kids.
Sometimes its hard, but still the value matters.

Water is as important as your life. Conserve water, for the future Generation.

Though there are many, here are a few learnings from “Shiva Kutumbam” . The Back bone for India, compared to the world, is our “Family Structure”. And remember, the Gods, were leading as Examples... How do we teach to the Next Gen X???

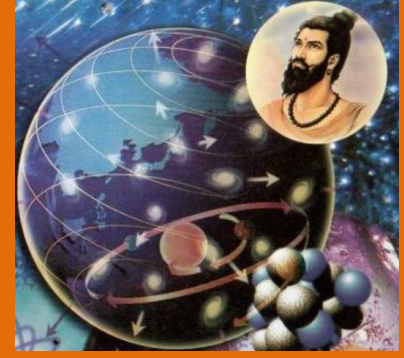




Re-Discovering India For Indians

Newton's Laws of Motion or Kannad's laws of Motion

Newton was Born in 1643 AD and Acharya Kaṇāda (Sanskrit: कणाद) was a Sage and philosopher who was born in Prabhas Kshetra (near Dwaraka) in Gujarat, India. He composed few Sutras around 600 BCE.



3 Vaishesika Sutras proposed 1800 years before Newton's Three Laws of Motion

•वेगः निमित्तविशेषात् कर्मणो जायते ।

Translation : Change of motion is due to impressed force.

(The law stated that an object at rest tends to stay at rest and an object in motion tends to stay in motion with the same speed and in the same direction unless acted upon by an unbalanced force.)

•वेगः निमित्तापेक्षात् कर्मणो जायते नियतदिक क्रियाप्रबन्धहेतु ।

Translation : Change of motion is proportional to the impressed force and is in the direction of the force.

•वेगः संयोगविशेषविरोधी ।

Translation : Action and reaction are equal and opposite.

The Categories or Padārtha

Now all of us learnt that 3 Laws of motion was proposed by Newton. How bad was the British System of Education, which literally killed all the Knowledge existed in Bharath and started the Indian History after 1500s. Who will teach today's kids??

BHARATH MAATHA KI ; JAI !!



Re-Discovering India For Indians

Theory of Evolution

According to Darwin's theory, life began in the ocean; the species then began coming out of the water ; soon, there was the need to traverse long distances, so creatures developed legs. Then animals slowly changed as Humans , short apes, early humans with Weapons and then slowly evolved as cultured humans with intellectuals.



Now lets get to Dasavathar; Fish in the water, then the Turtle an Amphibian, then the Boar in the land, the Narasimha, half human and the Vamana, Short ape like man , Parasuraman, the Early man with weapons and Ram, Krishna, Balram or Buddha and Kalki...the evaluation of intellectual Human beings



Darwin was Born in 1809 AD and the references of Dasa avatar was done in Garuda Purana, an approximate time was 800 CE. Which means, even before that, this information was available. So Who told the theory of Evolution to the World???

BHARATH MAATHA KI ; JAI !!



Re-Discovering India For Indians

Rock Architecture or Rock Moulding technology

Indian rock-cut architecture is more various and found in greater abundance in that country than any other form of rock-cut architecture around the world. Starting from ,6000 BC, till 15th Century AD, there are Great rock structures, for which even till date, there is no clarity on how they were Built. More than 1500 Architectures are in India. Few are listed here..

Saptaparni Cave

Ajanta and Ellora

Barabar Caves- Bihar

Udayagiri and Khandagiri Caves

Ezhadippattam, Sittanavasal Cave

Gautamiputra vihara

Manmodi Caves

Tulja Caves

Pandavleni Cave

Samanar Malai

Tirumalai

Kalugumalai

Pallava Rock Architecture

Chand Baori

Badami cave

Kanheri Caves

Guntupalle

Bojjannakonda

Lingalakonda

Thanjore temple



How many of these details, we have learnt as kids? And how much will our Kids Learn from their books??

BHARATH MAATHA KI ; JAI !!



Re-Discovering India For Indians

Who invented Flights?

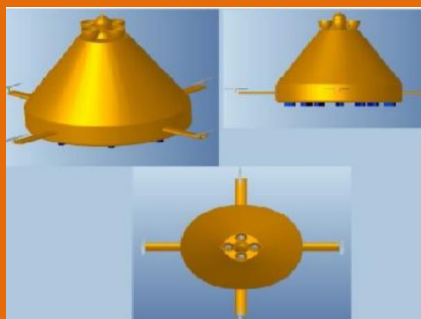
Valmiki has mentioned the word '*Vimana*' at least 19 times in his epic poem Ramayana which happened in 7th Centaury BCE. At many other instances Valmiki has also mentions different layers of atmosphere in which different sizes Vimanas could fly.

Vimanas are mentioned even in Mahabharata and many other ancient Indian scriptures like Puranas.

The Rigveda mentions aerial cars in 1500 BCE

Vaimaanika Shastra which came at later part of 19th centuary used texts from Puranas and Vedas to explain in detail , the metals and alloys and other required material, which can make an aircraft imperishable in any condition There are diagrams of three types of aeroplanes – “Sundara”, “Shukana” and “Rukma”.

And we all learn that, Wright Brothers
Invented Planes in early 1900's.
Good to be Indians...



If efforts would have been done to imbibe these Knowledge to Indian kids, we could have great inventions in aviation. Who will do it?

BHARATH MAATHA KI ; JAI !!



Re-Discovering India For Indians

USD 45 Trillion

“Britain Between 1765 and 1938, the drain amounted to 9.2 trillion pounds (\$45 trillion), taking India's export surplus earnings as the measure, and compounding it at a 5 per cent rate of interest,”



Indians were never given due credit for their precious resources like gold and forex earnings, which all went to feed the people of the British country. As per Utsa's research, the per capita income was almost steady during the period from 1900 to 1945-46. In 1900-02, India's per capita income was Rs 196.1, while it was just Rs 201.9 in 1945-46, a year before India got its independence. During this period, the per capita income rose to maximum Rs 223.8 in 1930-32. All this happened when "India registered the second largest export surplus earnings in the world for three decades before 1929.

while people of India died due to malnutrition and several other diseases just like "flies", the Britishers kept taking away hard-earned money of poor Indians.

Britain exported food grains and imposed high taxes, which spread famine in India and reduced its purchasing power.

If only Britain has taken so much of wealth, What about, the Mughals, Portuguese, French, Dutch who invaded and looted billions of wealth from India. And we hail them for our current education system which was done to encourage Slavery mindset. And you never learn about the looted Net worth...

BHARATH MAATHA KI ; JAI !!



Re-Discovering India For Indians

Ashta Siddhi

Classic yoga texts, such as Patanjali's Yoga Sutras, written about 2000 years ago, tell us that if you sit quietly, pay close attention to your mind, and practice this diligently, then you will gain supernormal powers. These advanced capacities, known as siddhis, are not regarded as magical; they're ordinary capacities that everyone possesses. We're just too distracted most of the time to be able to access them reliably.



The sage Patanjali also tells us that these siddhis can be attained by ingesting certain drugs, through contemplation of sacred symbols, repetition of mantras, ascetic practices, or through a fortuitous birth. Though there are 24 Siddhis, the below 8 Yogic Powers are considered to be Greatest among the Great

1. **Aṇimā**: Ability to reduce one's size
2. **Mahima**: Ability to increase one's size
3. **Garima**: Ability to increase one's weight infinitely
4. **Laghima**: Ability to become lighter than the lightest
5. **Prāpti**: Ability to Obtain anything
6. **Prākāmya**: Ability to acquire anything desired
7. **Iṣṭva**: Lordship over creation
8. **Vaśitva**: Having control over things

There are many things, which are never Proved by Science. Extensive Research should be done in these Yoga Sutras; if done, India would become a Super Power in Technology; where, Today we see so many tales, becoming reality

BHARATH MAATHA KI ; JAI !!



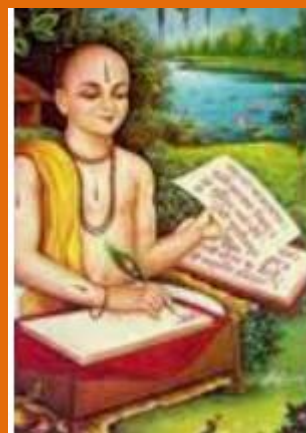
Re-Discovering India For Indians

Hanuman Chalisa- What is Not Known

Hanuman Chalisa was composed by Tulsidas, a 15th-century poet-saint who was also philosopher and reformer. Tulsidas composed Hanuman Chalisa in 40 days in Jail of Third Mughal Emperor Jalaluddin Muhammad Akbar. Tulsidas has written this to inspire spiritual aspirants to become devotees of Lord Rama so that they are blessed and protected by Hanuman, and are spiritually progressing.



He chanted this for forty days and on the 40th day, suddenly an army of giant monkeys descended upon Fatehpur Sikri, unleashing havoc in all corners of the town, entering each home as well as Akbar's harem, scratching people and throwing bricks. An old Hafiz told Akbar that this was the miracle of the Hindu fakir. Akbar immediately fell at the feet of Tulsi Das, apologized and freed him.



The Distance Between The Sun and Earth mentioned in Hanuman Chalisa is almost accurate which even Western scientist failed(to be close to the value)

Practically, Hanuman Chalisa has a calming effect. It is known to cure diseases, Insanity, etc. If chanted by someone in trouble or for someone in trouble, it said the problem goes away.

**How many of us Know, the History behind “Hanuman Chalisa”.
How many of us recite and Teach to our Kids???**

BHARATH MAATHA KI ; JAI !!



Re-Discovering India For Indians

Subash Chandra Bose- Netaji

The British premier who oversaw the transfer of power in India, Clement Attlee, admitted in 1956 that the British had to leave the country in haste due to the patriotic fervour ignited by Subhas Chandra Bose and his INA.

Dr. B. R. Ambedkar in his interview with the BBC in 1955 had clearly stated the reason behind Britain's hasty departure from India— "because of the national army raised by Subhas Chandra Bose".



Bose became fascinated by teachings of Swami Vivekananda

Subhash Chandra Bose was expelled from college when he assaulted Professor Oaten, who allegedly made anti-India comments and manhandled Indian students

In 1923, Bose became the President of the All India Youth Congress and then eventually became the Congress President in 1938. He had a falling out with Congress in 1939 and was expelled from his leadership position as Mohandas Karamchand and he had differences in their approaches to fighting the British.

Bose was jailed 11 times during his fight for freedom

Bose started the newspaper 'Swaraj'

Netaji had women troops in INA even before Independence

Just recollect, how much had we known about Netaji, from the text books from our Schools. A great history was hidden to Indian kids. If this would have been detailed, How great each kid, who studied it, would become.

BHARATH MAATHA KI ; JAI !!



Re-Discovering India For Indians

1500 BC to 1500 AD – Where is that Indian History??

Everyone of us, have read History and Social Books. At least reading, those books now for our Children...Vedas Originated about, **1500 BC**, means, **Languages and culture, were born Years before that...**

Now, 1500 BC, was the Period, where we had our Own Culture and Heritage...Giving equal rights to women, men and great Philosophies.. ..

And Most of our History book portions, except, 2 or 3 Paragraphs or lines, contain what???

Invasion, Culture, Architecture, Governance of...

- Portuguese (AD 1498)
- Babur (AD 1526-1530)
- Humayun (AD 1530-1556)
- Akbar (AD 1556-1605)
- British East India Company (1600)
- Dutch East India Company (1602)
- Jahangir (AD 1605-1627)
- Danish East India Company (1616)
- Shah Jahan (AD 1628-1658)
- Aurangzeb (Alamgir) (AD 1658-1707)
- French East India Company (1664)
- Indian Freedom Movement (till 1947)

INDIAN
HISTORY

What has to be a Paragraph, is a Lesson and what has to be a lesson is a Paragraph.. Great Scientific discoveries and historical facts in India, happened, between 1500 BC to 1500 AD. .. How much did we miss..??

BHARATH MAATHA KI ; JAI !!



Re-Discovering India For Indians

Be proud to Be an Indian

**Thanks for Spending Few Minutes of your time.
Spread the Message
Research on the topics
Understand the Idea of Bharath
Its time to “Rediscover India for Indians”**



**What is needed from the reader is just a small
"transformation" and a small “Action” to take the
Greatness of Bharath to the next generation.
However small it may be... Not just a Forward...**

BHARATH MAATHA KI ; JAI !!